



GRAND HOTEL SAN PIETRO

Taormina

SPA TREATMENTS

Sensory experience

Shower with chromotherapy/Hammam ritual/Finnish sauna / Jacuzzi / Kit SPA/ Relaxation area and herbal teas

Water path St. Barth

Jacuzzi / Kit SPA/ Relaxation area and herbal teas

Massage for couples

Massage for couples derives from Chinese medicine and draws on the concept of harmony between opposites. Male and female are seen as the two faces of the same coin. This is important to strengthen the physical and mental unity and harmony of the couple, with harmonious and relaxing massages.

Relaxing

Expert relaxation techniques to lead the body to a state of complete well- being. An ideal solution to relieve muscular and joint pain and improve the psychological wellbeing and relieve emotional strains.

Lymphatic drainage

The drainage acts upon lymphatic flow by increasing lymph velocity and absorption capacity. This massage is characterised by slow, light movements. Lymphatic drainage is considered to be an excellent relaxation technique with anti-cellulite effect.

Candle massage

Let yourself be pampered by a light and unique flow of vegetable butters slowly melting, warmed by the flame, touching the skin with their gentle warmth, lessening muscle tension and giving tone and vigour to the body, freeing it from stress and strain allowing a feeling of wellness to take over. .

€ 70,00

 $(120 \, \text{min.})$

€ **45,00** (60 min.)

€ 200,00/couple €100,00 per person (50 min.)

€ 65,00 (30 min.)

€ 90,00 (50 min.)

€ 70,00 (50 min.)

€ 120,00 (50 min.)







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Stretching articular massage

A very incisive method which puts the joints into slight traction to improve flexibility; muscles and tendons are strengthened while becoming more flexible, relieving stress and daily fatigue.

Ayurvedic massage

Purifying massage with scented warm oils, in accordance with Indian traditions where man must be treated in his entirety, to regain harmony of mind, body and spirit.

St. Barth Chill out massage

Purifying massage Exclusive deeply relaxing body massage, performed with hot shells and avocado oil. Gently release tension and eliminate stress, deeply moisturizes and nourishes the skin with precious minerals and vitamins. Executed with fragrance of your choice between a body lotion with the scent of vanilla Bourbon, to tiarè flowers or to the refined flower of the lily.

Hot stone massage

Warm lava stones are placed on the energy areas of the body, this alleviates muscle tension, stimulates blood circulation and helps to re-balance the whole organism.

Prenatal massage

A specific massage that can be done after the 1st trimester, it offers many physical and mental benefits: reduction of hormonal stress, relief of muscle strain, reduction of swelling in the limbs acting directly on the lymph system and preventing stretch marks.

€ 90,00 (50 min.)

€ 120,00 (50 min.)

€ 130,00 (50 min.)

€ 120,00 (60 min.)

€ 90,00

(50 min.)



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FACE TREATMENTS

St. Barth Pureness

Facial and décolletage treatments and hand massage. Natural fragrances and Caribbean elixirs will offer profound relaxation. Your face will appear pure and fresh, thanks to the totally natural formulation of vitamin and mineral-rich products, that will stimulate your skin's cell function.

€ 90,00 (60 min.)

St.Barth Freshness

Facial and décolletage treatments and hand massage. Enjoy this extremely relaxing and refreshing treatment. The excellent quality of the products is enhanced by the properties of fresh fruit. Your skin will be visibly smoother and firmer.

€ 90,00 (60 min.)





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BODY TREATMENTS

St. Barth Softness

Peeling massage with coconut oil, fresh papaya and special Caribbean sands enriched with minerals to remove dead cells from the skin. For those wishing to have a smooth, velvety skin.

St. Barth Elasticity

Clay body mask with pineapple and cucumber mousse. Intensive treatment to tone and stregthen the tissues.

St. Barth Sensation

Lavish mask that will feed the skin tissues and make the skin visibly more luminous and smooth. The regenerating effects of this treatment are enhanced by a relaxing massage with anti-aging effect.

St. Barth Harmony

Regenerating and relaxing mask using products mixed exclusively in reply to your specific needs; it stimulates the lymphatic system and improves the elasticity of tissues.

St. Barth Slimness

Leg wrap and massage with a relaxing and decongesting effect. It has a strong draining effect by stimulating the blood and lymphatic circulatory systems.

€ 120,00

(50 min.)

€ 120,00 (50 min.)

€ 120,00

(50 min.)

€ 120,00 (50 min.)

€ 120,00 (50 min.)







Taormina

BEAUTY SPA

St. Barth	pumpering	hand	beauty

€ 40,00 (50 min.)

This gentle hand treatment begins with an exotically fragrant hand bath. Exfoliation with fresh papaya mousse and fine sand then helps to remove superficial dry skin. A hand massage ensures a moment of profound relaxation. Cuticles and fingernails are then pampered and treated.

St. Barth pumpering feet beauty

€ 40,00 (60 min.)

Foot care for enjoyment and well-being – starting with an exotically fragrant footbath. Exfoliation with fresh papaya mousse and fine sand helps to remove superficial dry skin. A foot massage with gentle pressure provides relaxation and stimulation. Finally, cuticles and nails are pampered and tre-

Semi-permanent nail polish hands € 40,00 (50 min.)

Semi-permanent nail polish feet € 40,00 (50 min.)

Waxing epilation

Eyebrow	€ 10,00
Upper Lip	€ 5,00
Under arm epilation	€ 15,00
Complete leg	€ 40,00
Half leg	€ 25,00
Bikini	€ 20,00
Arm	€ 20,00
Chest or Back	€ 35,00
Man Leg	€ 50,00
Complete man epilation	€ 55,00

