



THE CAMPERS



Year VI
Number 16

S. Antony
from Padova

lamasseria.net

cantinacoppola.it

Campsite Director: Lucio Coppola

Wine cellar Director: Giuseppe Coppola

Reception: Paola La Cagnina

Sea: Almost calm
Wind: W 18 km/h



Dawn: 5:18
Sunrise: 20:17



Sky: clear
Temperatures: 21°-27°

Nanni, Giuseppe, Annarita, Lucio, Paola, Niccolò, Lucia, Martina e Chiara offer a warm welcome and wish everyone a pleasant holiday.

THE BLUEFISH



Last week we talked about the importance of healthy eating during the summer, to be better prepared for the heat. In addition to fruits and vegetables, you can not miss the tables of good fish, better if azure. A light and nutritious dish, it is ideal to avoid weighing down and eating in a healthy way! The term blue fish does not identify fish of a particular scientific species, but there are common characteristics that distinguish those belonging to this group. Thanks to its meat, rich in unsaturated fats (omega3 in particular), and oils is also rich in calcium, a useful element for bone health.

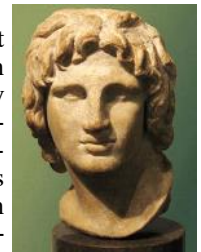


TODAY, IN HISTORY

Horoscope, what the stars say

Today's sign for Paolo Fox is the **CANCER**. You can expect 2-3 positive days, which will give you the energy you need to make important decisions, depending on the activity you are doing. Positive phase also in love.

2341 years ago, one of the greatest conquerors of history died in a high fever: Alexander the Great. Very young, in fact, he managed to conquer the entire Persian Empire. After his death, the conquered lands became the object of contention between his generals, called diadochi, which means "descendants".



Stay up to date on the events and promotions of the campsite and cellar!
Go to www.cantinacoppola.it or www.lamasseria.net and subscribe to our **newsletter!**

La Masseria is also on



...follow us!

Distribution
Free



**Patitari,
The sweet taste
Ionian**

Salento IGT, takes its name from the noble and ancient descendants of Patitari. Family with illustrious men of letters and weapons among its family members. Primitive in purity aged in oak barrels. Intense ruby red, warm and aromatic scent, full flavor. It encloses the whole Mediterranean area; it is cultivated in the homonymous Patitari estate inside the Camping La Masseria. A lovely red but with a character that suffers from the beneficial influence of the Ionian Sea.



NOSTRESS ANIMAZIONE

MORNING-BEACH

**9:30 Good morning
Masseria!**

9:45 Stretching

**10:00/12:00 Mini club
(4-10)**

10:10 Bocce

11:00 Aquagym

11:45 Baby Dance

11:45 Aperitif game

**AFTERNOON
SWIMMING POOL**

**16:00 Good afternoon
Masseria**

**Ore 16:00-18:30
Mini club (colours pastes
and after all in swimming
pool, 4-10)**

17:00 All Fitness

Ore 17:15 Football

**EVENING-THEATRE
21:00 Meeting**

21:15 Baby dance

**22:00 Cabaret/variety and
after all on the beach**

OFFERTA SPECIALE

**Market
Daily Offers**

Local potatoes €1,00/kg

**Mini croissant,
sachet €1,20**

Octopus balls €13,90/Kg

RECIPE OF TODAY

Swordfish baked in foil with vegetables

(da ricettedellanonna.net)

Ingredients: 4 slices of swordfish, 1 carrot, half yellow pepper, half red pepper, 1 small leek, extra virgin olive oil, salt and pepper.

Wash and clean the vegetables. Cut them into strips. In a frying pan heat up 1 tablespoon of oil then add the vegetables and cook over high heat for 5 minutes keeping everything crisp. Salted and peppery.



Place the slices of swordfish on sheets of baking paper, season with salt and add a little oil. Then cover the fish with the vegetables. Fold up the edges of the baked paper sheets to form a wrapper around the swordfish. Cook in a hot oven at 180 °C for 15 minutes. Before serving, dress with a round of raw oil. The same recipe is excellent when using salmon.

THE PUBLIC LIBRARY, A FORMER ORATORY

The structure that today houses the municipal library and the historical archive of the town of Gallipoli is a former confraternity oratory, home of the confraternity dedicated to the Immaculate and St. Vincent martyr, abandoned in the early 900s. This oratory, built at the behest of the nobles of the time (we are in 1613) on the vaults of the church of St. Angelo. The superior position of the oratory is not casual: the nobles wanted to reaffirm their superiority also from the urban point of view. For further information on the structure, today part of the Gallipoli museum system, please consult the website:

www.sistemamusealegallipoli.it



EVENTS

> Thursday, **June 14** at **Cutrofiano**, on the occasion of the patron saint's feast is St. Anthony the singer **Alexia**, the protagonist of the dance '90s, will perform in Piazza Cavallotti.

Starting from 21:30

> At **Capilungo, Marina di Alliste**, music evening with **Champagne protocols**. At the **Sunset Café**, the Salento quartet will perform the best of Italian music. On the ladder are Paolo Conte and Califano, passing through Nada and Rino Gaetano.

from 22:30

Info: 347/4466314

USEFUL INFORMATION AND NUMBERS

SERVICES

TIME:

Reception:

08:00 - 12:00

16:00 - 20:00

Beach Bar:

8:00-20:00

Market:

7:30 - 13:00

16:30 - 20:00

Swimming pool

Bar

10:00 - 19:00

Bar Campeggio:

07:00 - 24:00

1489 Food Pop

12:30 - 14:30

20:00 - 23:30

Salento In Bus

Active every day.

Info line

3929242100

Bike rent

Daily at the sports

ground

Weekly market

GALLIPOLI

Via Alfieri

Info:

Municipal Police

0833.275545

Shuttle bus:

8:00 - 9:00

10:00 - 11:00

INCLUDED IN BRACELET SERVICE

- | | | |
|--|--|---|
| > Swimming pool:
10:00 - 19:00 | > Shuttle service a/r Gallipoli:
8:00-9:00-10:00
19:00-20:00-21:00-22:00-
23:00-24:00 | Civic Museum;
Sea Museum.
Open everyday
10:00-13:00/17:00-21:00
Cruschers 10:00-23:00 |
| > Wine testing (Market)
17:30 - 18:30 | > Free entry:
Coppola Collection Hall; | |
| > Animazione | | |



MEDICAL GUARD: from Monday to Friday from 20:00 to 8:00

Saturday and Sunday h24 TEL. 0833 266250

**Near Lungomare Marconi, monumental entrance of the old hospital
and h24 in the historical centre, via S. Angelo (05/06-15/09)**



REMEMBER:

1. Cars can circulate inside the camping area only at the moment of arrival and departure from 8 a.m. to 1 p.m. and from 4 p.m. to midnight.
2. During the hours of rest, from 14 to 16 and from 24 to 7:30 is strictly forbidden any annoying noise.
3. The price of the stay is calculated from the moment of arrival until 10 a.m. of the following day; the stay, even partial after 10 a.m., implies the payment of the entire price of the stay.
4. Guests or visits are not allowed from 12/08 to 15/08.

Emergency **118**

Carabinieri **112**

Police **113**

Finance Guard **117**

Firemen **115**

Coast Guard **1530**

Veterinarian **340 1390835**

Municipal Police **0833 275545**

LPG Distributor **0833 262073**

Station of Gallipoli FSE **0833 266214**

Station of Lecce **0832 303403**

Pro Loco **0833 263007**