

SUPERHYDRO®

HYDOSALINE ENERGY NUTRITIONAL SUPPLEMENT WITH
NEW GENERATION CARBOHYDRATES AND VITAMINS B AND C



IT MAINTAINS HYDRATION

SUPER HYDRATION FORMULA SODIUM, POTASSIUM, MAGNESIUM, CALCIUM, VIT B1, VIT B5, VIT B6, VIT C

WITH HIGHLY BRANCHED CYCLIC DEXTRINS AND MALTODEXTRIN DE1 **NEW GENERATION CARBOHYDRATES**

MAINTAINS ENDURANCE PERFORMANCE DURING PROLONGED PHYSICAL EXERCISE*

OPTIMISES WATER ABSORPTION DURING INTENSE ACTIVITY*

ALLOWS OPTIMAL HYDRATION

- BALANCED ELECTROLYTES FOR OPTIMAL HYDRATION

- HYPOTONIC - LOW OSMOTIC PRESSURE

- NEW GENERATION SLOW-RELEASE AND HIGH EFFICIENCY CARBOHYDRATES

- WITH HBCD (HIGHLY BRANCHED CYCLIC DEXTRINS) AND MALTODEXTRIN DE1

RECOMMENDED FOR:

- For those who need to hydrate effectively and manage their energy
- For those who have to face dehydrating and long workouts
- For those looking for high performance during endurance activities



WHEN TO USE SUPERHYDRO®



JAR 500 G - 20 DOSIS
WITH MEASURING SCOOP

SUPERHYDRO® IS A SPECIAL FORMULATION THAT MAINTAINS ENDURANCE PERFORMANCE DURING PROLONGED PHYSICAL EXERCISE (*), OPTIMISES WATER ABSORPTION DURING INTENSE ACTIVITY (*) AND ALLOWS OPTIMAL HYDRATION.

(* the effect is related to the solution prepared according to the indicated conditions of use

FEATURES

SUPERHYDRO® is a hydrosaline-energy supplement developed to obtain a hypotonic mix, with carbohydrates and electrolytes. The solution maintains endurance performance during prolonged exercise and increases water absorption during physical activity, for optimal hydration. The SH complex, characterised by new generation carbohydrates (highly branched cyclic dextrins and maltodextrin DE1), allows a targeted, rapid and gradual release of energy. The presence of B vitamins and vitamin C contributes to normal energy metabolism, to the reduction of tiredness and fatigue (vit. B6, Pantothenic acid, vit. C), normal heart function (thiamine), normal red blood cell formation (vit. B6) and the protection of cells from oxidative stress (vit. C). Sodium, potassium, magnesium and calcium are balanced for optimal electrolyte restoration.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 dose (1 heaped scoop = 25 g) in about 500 ml of water. Take at regular intervals of 15-20 minutes. Maximum quantity: 3 doses per day (1500 ml of solution).

INDICATIONS

The product is particularly suitable for those who carry out intense and/or prolonged physical activity. It is useful for replenishing liquids and electrolytes lost during physical activity.

INGREDIENTS

SH carbohydrate complex (maltodextrin DE 19, glucose, highly branched cyclic dextrin (Cluster Dextrin®), maltodextrin DE 1, isomaltulose ° (Palatinose®), fructose) (80%), Acidifier: citric acid; Sodium chloride, Natural lemon flavour with other natural flavours, Trisodium citrate, Tripotassium citrate, Potassium gluconate, Calcium carbonate, Anti-caking agent: silicon dioxide; Magnesium carbonate, Sweetener: sucralose; Aroma, L-ascorbic acid (vitamin C), Pantothenic acid (calcium D-pantothenate), Colorants: riboflavins; Pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1). *Isomaltulose is a source of glucose and fructose.

Nutritional supplements are not intended as a substitute for a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of the reach of children under 3 years of age. The date of minimum durability (expiry date) refers to the product in its intact original packaging when stored as directed. Store in a cool dry place, away from heat sources. *The product has been tested free of Nandrolone and Testosterone with their precursors, free of amphetamines and ephedrines. **ALLERGEN FREE according to annex II of EU Regulation 1169/2011

NUTRITIONAL INFORMATION

	Per 100 ml	Per 1 dose	Per 3 dosis
Valore energetico			
kcal	341	85	256
kJ	1450	362	1087
Valori medi			
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	81 g	20 g	61 g
of which sugars	20 g	5 g	15 g
Fiber	0 g	0 g	0 g
Protein	0 g	0 g	0 g
Salt (Nax2.5)	4,03 g	1,01 g	3,02 g
Vitamin C	122 mg (152%)*	30 mg (38%)*	91 mg (114%)*
Thiamine (Vit. B1)	1,7 mg (152%)*	0,42 mg (38%)*	1,3 mg (114%)*
Vitamin B6	1,9 mg (136%)*	0,48 mg (34%)*	1,4 mg (102%)*
Pantothenic acid	7,2 mg (120%)*	1,8 mg (30%)*	5,4 mg (90%)*
Sodium	1600 mg	400 mg	1200 mg
Potassium	548 mg (27%)*	137 mg (7%)*	411 mg (21%)*
Calcium	242 mg (30%)*	60,4 mg (8%)*	181 mg (23%)*
Magnesium	113 mg (30%)*	28,1 mg (8%)*	84,4 mg (23%)*

*= NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

1 Dose = 25 g (1 scoop)

3 Dosis = 75 g (3 scoops, dose max/die)

OSMOLARITY: 200 mOsm/l (25 g / 500 ml of water)