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A close-up, profile view of a cyclist wearing a white and blue helmet with 'KAK' and 'Freud' logos, and orange-tinted sunglasses. The cyclist is drinking from a black and orange water bottle that has the text 'MAKE YOUR BEST PERFORMANCE' on it. The cyclist is wearing a blue jersey with 'SPORT' visible. The background is blurred.

EthicSport

MAKE YOUR BEST PERFORMANCE

PRODUCT CATALOGUE



CUTTING-EDGE SPORTS SUPPLEMENTS

Ever since its inception, the EthicSport brand has stood out for its excellent research and for having always created cutting-edge products fully in line with the physiology of athletes.

All our choices stem from a meticulous and scientific way of working that always aims to support athletes and the sporting world. EthicSport has grown thanks to the extensive experience of its professionals in the dietary supplement sector, with the commitment to promote a culture of sports nutrition that is a far cry from illegal practices and those harmful to the body.

EthicSport branded products strive to optimise performance or improve well-being.

All EthicSport products come with the appropriate indications, info on how to take them, and a detailed explanation of their features. We know that sport means passion, dedication, commitment and tenacity, therefore the best results take time and require hard work.

“Quality and safety without any compromise” is the priority we have always set ourselves, as the awareness that good nutrition and appropriate supplements form the basis of athletic condition and health is growing day by day.

This catalog is dedicated to those who wish to deepen. Inside there are technical sheets of all products of the line. In case of need for further information you can contact our experts by writing to: espertorisponde@ethicsport.com



MAKE YOUR BEST PERFORMANCE

ETHICSPORT PRODUCTS

THE SCIENTIFIC AND SPECIFIC ANSWER TO THE ATHLETES' NEEDS.



Each batch of EthicSport products has been previously *tested by an accredited laboratory specialized in anti-doping tests and is certified free from nandrolone and testosterone with their precursors and free of amphetamines and ephedrine, prohibited by the anti-doping legislation.

Different products of the EthicSport line are certified GLUTEN FREE, the sticker on the package attests the absence of gluten. In addition, each product shows stamps relating to the features of the product.

SUPPLEMENT CONSUMPTION TIMING



LEGENDA



BEFORE



POWERFLUX®

FOOD SUPPLEMENT WITH ARGININE, CITRULLINE, VIT. B3, VIT. E AND VIT.C, TRUBEETM, CLUSTER DEXTRIN®, ISOMALTULOSE AND CAFFEINE (150 MG/85 ML)

With sugar and sweetener.



PRE-RACE EXTRA CHARGE



PACKAGING:
12 BOTTLES, 85ML/EACH

★★★★★
PATENT
INTELLECTUAL PROPERTY

INNOVATIVE PRE-RACE FOOD SUPPLEMENT

POWERFLUX® PREPARES THE BODY TO INTENSE PHYSICAL ACTIVITY GIVING LONG LASTING ENERGY IN A FEW MINUTES DOPING FREE TESTED* GLUTEN FREE

GENERAL INFORMATION:

Arginine and citrulline are amino acids involved in important metabolic processes. The physiological synthesis of nitric oxide (NO) requires the presence of arginine and citrulline (endogenous synthesis).

The human body is also able to physiologically synthesise nitric oxide by using the nitrates acquired through food (exogenous synthesis - see figure 2). The physiological vasodilation of smooth muscle blood vessels is closely related to the presence of nitric oxide, physiologically produced by the body.

FEATURES:

PowerFlux® is a specific supplement for the PRE-Race or PRE-Workout phase. It provides arginine, citrulline, vitamin B3 and vitamin C, it also combines Trubeet™, Cluster Dextrin®, Isomaltulose and Caffeine, very useful ingredients during sports performance.

Trubeet™ is an innovative concentrated beetroot extract. Trubeet™ is about 4 times richer in nitrates than traditional beetroot extracts. Vitamin B3 and vitamin C contribute to normal energy metabolism, to the reduction of tiredness and fatigue, and to the normal functioning of the nervous system. Vitamin C and Vitamin E help protect cells from oxidative stress. Isomaltulose is a carbohydrate with a low glycemic index, which is metabolised gradually by the body. Cluster Dextrin® is an innovative ingredient, consisting of highly branched cyclic dextrans (HBCD), able to gradually and continuously release glucose.

Caffeine (150 mg / 85 ml) helps increase mental alertness and helps improve concentration. The product is gluten free thereby making it suitable for coeliac sufferers too.

HOW TO USE:

1 bottle per day, about 10-20 minutes before starting an intense workout or before a race. Push the red piston until the powder drops into the bottle, shake well for about 20-30 sec, or until the powder is completely dissolved. Lift up the white cap and drink.

Advice for better assimilation and effectiveness: to make the product more active it is recommended to take 2-3 sips one after the other. At each sip we strongly recommend keeping the product in the mouth for a few seconds, mixing it with saliva, then swallow. If necessary, drink a little water after.

INGREDIENTS:

Top contents: Trubeet™ (beetroot extract, Beta vulgaris, L. root E.S); Maltodextrins; L-arginine; L-citrulline; flavour; L-ascorbic acid (Vit C); Caffeine; natural colouring; Niacin (Vit B3); Anti-caking agent: silicon dioxide; DL Alpha Tocopheryl Acetate (Vit. E)

Bottle contents: APurified water; Highly Branched Chain Dextrin (Cluster Dextrin®); Iso-maltulose* (Palatinose™); Fructose; Preservatives: Sodium Benzoate, Potassium Sorbate; acidifier: citric acid; Sweetener: Sucralose. *Isomaltulose is a glucose and fructose source.

RECOMMENDED FOR

- Pre-race extra charge
- Useful for endurance sport
- Useful for power sport

WHEN TO USE POWERFLUX®



Food supplements are not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It contains caffeine (150 mg/85 ml). It is not recommended for children and during pregnancy and breast feeding. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed.

*The product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrines.

NUTRITIONAL INFORMATIONS

	Per dose 85 ml	Per 100 ml	NRV per dose
Energy			
kcal	85	100	
kJ	359	422	
Analisi media			
Fat	0 g	0 g	
of which saturates	0 g	0 g	
Carbohydrate	20,5 g	24,1 g	
of which sugars	11,6 g	13,6 g	
Protein	1,1 g	1,3 g	
Salt	0,05 g	0,06 g	
Vitamin E	1,8 mg	2,1 mg	15%
Vitamin C	300 mg	352,9 mg	375%
Niacin (Vit B3)	32 mg	37,6 mg	200%
Beetroot E.S. (Trubeet™)	950 mg	1.118 mg	
Caffeine	150 mg	177 mg	
L-Arginine	500 mg	588 mg	
L-Citrulline	500 mg	588 mg	

NRV: Nutrient Reference Values (adults)

IMPORTANT:

People's rate of digestion differs and not all sports require the same effort. It is, therefore, advisable to take the product in advance depending on the intensity of exercise to be done. It is a good idea to carry out a few tests to find the best time to take it, which should be between 10 and 20 minutes before the start. Endurance sports, with slow initial intensity, require a minimum ingestion time before the start. Explosive sports, with a high initial intensity, require a little longer ingestion time before the start.

HOW THE INGREDIENTS WORK



1 NITRIC OXIDE AND PERFORMANCE
 POWERFLUX® is a pre-race energy formula based on amino acids and concentrated beetroot extract (Trubeet™), substances capable of supporting nitric oxide metabolism and performance, advantageous for athletes who carry out very intense sports activities. (See figure 1).

2 AN INNOVATIVE MIXTURE
 The mixture combines for the first time beetroot with a high nitrate content, with arginine and citrulline, powerful antioxidants (Vit C and Vit E), caffeine and highly branched cyclic dextrins (HBCD), in the presence of Palatinose™, fructose and vitamin B3.

3 A PATENTED MIXTURE
 In an observational study conducted on medium to high level athletes it was shown that this innovative association is far more efficient than similar mixtures of similar nutrients.

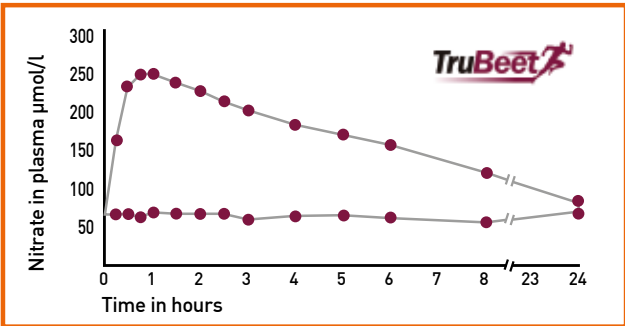
4 NITRIC OXIDE AND VASODILATION
 The mixture is useful in the pre-race phase for athletes who carry out intense activities, because it supplies nutrients which the body can convert into nitric oxide, the "tool" used by our body to induce vasodilation. (See figure 1).

5 SEQUENTIAL LOW GI CARBOHYDRATES
 The mixture simultaneously provides HBCD, isomaltulose and fructose, three carbohydrates with different chemical-physical characteristics, which therefore follow slightly different metabolic pathways and allow a continuous and gradual glucose release. The presence of HBCD lowers the osmotic pressure of the mixture and makes gastric transit faster.

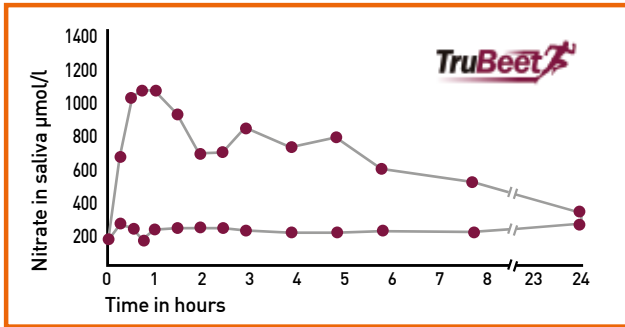
6 GLYCEMIC PEAKS, INSULIN AND ACCESS TO FAT
 The presence of HBCD, Isomaltulose and fructose, molecules that do not generate high glycemic peaks, allows a faster and more effective access to stored fat, because it is not inhibited by excess insulin.

7 POWERFUL ANTIOXIDANTS AND PROTECTION FROM OXIDATION
 The parallel presence of citrulline, arginine and nitrates from beetroot (Trubeet™), in the presence of powerful antioxidants (Vit C and Vit E) and niacin, allows to obtain a surprising effect on the release of nitric oxide, allowing athletes to be reactive in just a few minutes.

8 CAFFEINE, ALERTNESS AND REACTIVITY
 The presence of caffeine, combined with slow release carbohydrates, which create modest glycemic peaks, generates a surprising effect on the athletes' sense of energy levels. Caffeine also helps improve mental alertness and stimulate the body.



Trubeet™ vs Placebo
 Nitrate level in plasma (NO₃⁻) after Trubeet™ extract intake, compared with placebo.

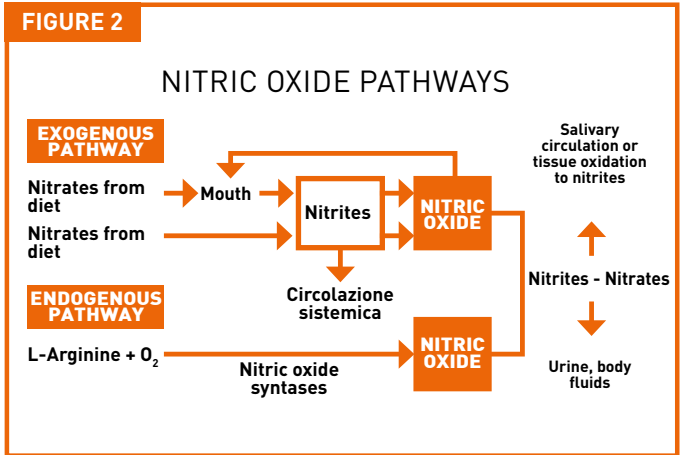
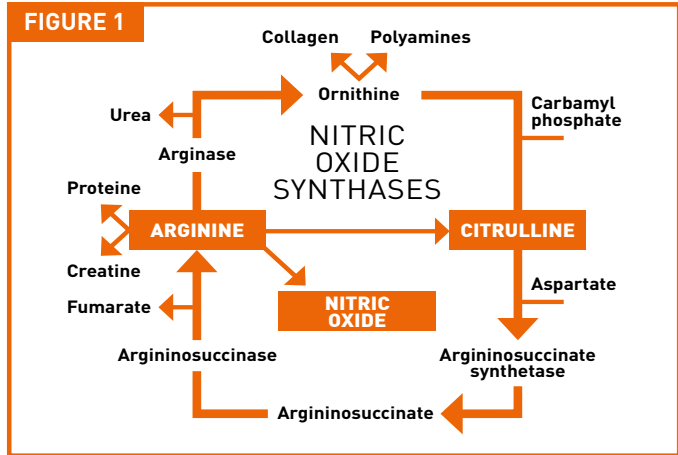


Trubeet™ vs Placebo
 Nitrate level in saliva (NO₂⁻) after Trubeet™ extract intake, compared with placebo.

LITERATURE REFERENCES

- Beetroot juice Supplementation improves High-Intensity Type Exercise Performance in Trained Soccer Players. NUTRIENTS - 2017, Volume 9, Number 3, pag 314
- Effect of Beetroot juice Supplementation on Aerobic Response during Swimming. NUTRIENTS - 2014, Volume 6, Number 2, pag 605-615
- The Influence of Caffeine Supplementation on Resistance Exercise. A Review - Sports Medicine - January 2019, Volume 49, Issue 1, pp 17-30
- L-Citrulline supplementation improves O₂ uptake kinetics and high-intensity exercise performance in humans. J Appl Physiol (1985) - Epub 2015 May 28

IMPORTANT
 By adopting a special method of intake, that is by keeping the liquid product in the mouth for a few seconds, it is possible to fix the natural nitrates in the salivary glands, thus obtaining a release of nitrates that covers the body for several hours.



PRE GARA DYNAMIC®

AMINO ACID AND VITAMINE FOOD SUPPLEMENT WITH MINERALS AND SEQUENTIAL CARBOHYDRATES



PACKAGING: 20 SACHETS, 15.3 g EACH

IT OPTIMIZES PERFORMANCE IN SPORTS WITH AEROBIC AND ANAEROBIC COMPONENTS

FEATURES

This product can be used to obtain a complex carbohydrates and electrolytes solution, which contributes to the maintenance of endurance performance during endurance exercise. Pre Gara Dynamic provides medium-chain maltodextrins, glucogenic amino acids and branched chain amino acids that, being absorbed at different times, provide energy distributed over time. It provides creatine together with α-ketoglutaric acid, alanine and taurine. This product also contains a phytocomplex of titrated Guarana and Ginseng, useful to combat physical and mental fatigue. Vitamins (B2, B5, B6, C and Folate) help to reduce tiredness and fatigue, and the electrolytes contained (Ca, Mg, K) contribute to normal muscle function. Vitamins (B1, B2, B6, C, Biotin) enable a physiological energy metabolism and Vit. B6 supports normal protein and glycogen metabolism. This product does not contain gluten (Gluten Free), therefore it is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take the product about 30 min. before the performance. Mix 1 sachet with about 200 ml of water for medium-duration performances, 2 sachets (with 4-500 ml of water) for very intense and prolonged performances.

INDICATIONS

This product is suggested for medium-duration sports (e.g.: Soccer, Basketball, Tennis, Volleyball, MTB xco, Cross-country skiing, Martial Arts, Body building, or sports with very intense phases). It is recommended to take the product before training or competition.

INGREDIENTS

Maltodextrin, fructose, acidity regulator: citric acid; dextrose, potassium citrate, creatine monohydrate, L-alanine, sodium citrate, flavourings, sodium chloride, L-glutamine, calcium carbonate, taurine, magnesium carbonate, alpha-ketoglutaric acid, L-ascorbic acid (Vitamin C), guarana (Paullinia cupana K.) seeds e.s. tit. 2,5% caffeine, ginseng (Panax ginseng C.A. Meyer) root e.s. tit.5% ginsenosides, zinc citrate, sweetener: sucralose; dye: betacarotene; calcium D-pantotenate (pantothenic acid), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), pyridoxine hydrochloride (vitamin B6), pteroil-monoglutamic acid (folate) D-biotin (vitamin H).

RECOMMENDED FOR

SPORTS WITH MIXED AEROBIC AND ANAEROBIC COMPONENTS

- Athletes who practice sport with mixed aerobic/anaerobic
- Pre-race extra charge

WHEN TO USE PRE GARA DYNAMIC®



Warnings: this product is not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Due to the presence of creatine it is intended for adults only. Contains Caffeine [2.5 mg/ dose = 2 bags] (from e.s. of Guarana): Do not use in pregnancy, in children or for long periods without any medical advice. The expiration date applies to the product in its intact container when stored as directed. The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	per 100g	per 2 sachets
Energy		
kcal	358	109
kJ	1523	466
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	75.6 g	23 g
of which sugars	23 g	7.05 g
Protein	0 g	0 g
Salt (Nax2.5)	2.1 g	0.65 g
Vitamin C	294.1 mg (368% NRV)	90 mg (113% NRV)
Thiamine	3.4 mg (312% NRV)	1.05 mg (95% NRV)
Riboflavin	3.9 mg (280% NRV)	1.2 mg (86% NRV)
Pantothenic acid	14.7 mg (245% NRV)	4.5 mg (75% NRV)
Vitamin B6	1.6 mg (117% NRV)	0.5 mg (36% NRV)
Biotin	359.5 mcg (719% NRV)	110 mcg (220% NRV)
Folate	490.2 mcg (245% NRV)	150 mcg (75% NRV)
Magnesium	183.8 mg (49% NRV)	56 mg (15% NRV)
Potassium	980.4 mg (49% NRV)	300 mg (15% NRV)
Chloride	693.4 mg (87% NRV)	212 mg (27% NRV)
Zinc	34.3 mg (343% NRV)	10.5 mg (105% NRV)
Calcium	392.2 mg (49% NRV)	120 mg (15% NRV)
Pyruvate	414 mg	127 mg
Creatine	1.889 g	0.578 g
Taurine	817 mg	250 mg
L-Glutamine	980 mg	300 mg
L-Alanine	1961 mg	600 mg
α-ketoglutaric acid	654 mg	200 mg
Guaranà d.e.	327 mg	100 mg
Ginseng d.e.	327 mg	100 mg

NRV: Nutrient Reference Values [adults] according to Reg. (EU) No 1169/2011

Product and brand owned by ES Italia S.r.l.

PRE GARA ENDURANCE®

AMINO-ACID AND VITAMIN FOOD SUPPLEMENT WITH MINERALS AND SEQUENTIAL CARBOHYDRATES



FOR ENDURANCE PERFORMANCES



PACKAGING: 20 SACHETS, 19 g EACH

CONTRIBUTES TO THE MAINTENANCE OF ENDURANCE PERFORMANCE DURING PROLONGED ENDURANCE EXERCISE

FEATURES

This product can be used to obtain a complex carbohydrates and electrolytes solution, which contributes to the maintenance of endurance performance during prolonged endurance exercise. Pre Gara Endurance provides long chain maltodextrins, glucogenic and branched chain amino acids, which are metabolized by the body at different times. Vitamins (B2, B5, B6, C and Folate) help to reduce the feeling of tiredness and fatigue, and electrolytes (Ca, Mg, K) contribute to normal muscular function. Vitamins (B1, B2, B6, C, Biotin) enable physiological energy metabolism and Vit. B6 supports normal protein and glycogen metabolism. Vitamin C, at the proposed dosage of 2 sachets, contributes to the maintenance of normal immune system function during and after intense physical exertion and protects the body cells from oxidative damage. This beneficial effect is obtained with the daily consumption of 200 mg in addition to the recommended daily intake. of vitamin C. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take the product about 30 min. before sport activities. Mix 1 sachet with approx. 200 ml of water for medium-duration activities, 2 sachets (with approx. 400 ml of water) in case of intense and prolonged physical exercise.

INDICATIONS

This product is suggested for medium-long duration sports (e.g. cycling, road running, marathon, cross-country skiing, swimming, or endurance sports in general). It is recommended to take the product before training or competition.

INGREDIENTS

Maltodextrin (19DE 39% - 5DE 17%), fructose, acidity regulator: citric acid, flavourings, potassium citrate, L-leucine, creatine monohydrate, L-alanine, sodium citrate, glycine, L-isoleucine, L-valine, sodium chloride, calcium carbonate, magnesium carbonate, taurine, acid L-ascorbic (vitamin C), L-glutamic acid, L-glutamine, eleutherococcus (Eleutherococcus senticosus (Rupr. Et Maxim.) Maxim) root e.s., emulsifier: sucrose esters of fatty acids, acetyl L-carnitine hydrochloride, sweetener: sucralose, DL-alpha-tocophryl acetate (vitamin E), dye: betacarotene, coating agent: hydroxypropylmethylcellulose, calcium D-pantotenate (pantothenic acid) [Vitamin B5], thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), pyridoxine hydrochloride (vitamin B6), pteroil-monoglutamic acid (folate), D-biotin (vitamin H).

RECOMMENDED FOR

ENDURANCE SPORTS

- Athletes who practice endurance sport
- Pre-race extra charge

WHEN TO USE PRE GARA ENDURANCE®



Warnings: this product is not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Do not use in pregnancy, in children or for long periods without any medical advice. The expiration date applies to the product in its intact container when stored as directed. The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	per 100g	per 2 sachets
Energy		
kcal	365	139
kJ	1533	590
Typical Values		
Fat	0.02 g	0.01 g
of which saturates	0.01 g	0.00 g
Carbohydrate	78.81 g	28.05 g
of which sugars	16.36 g	6.22 g
Protein	0 g	0 g
Salt (Nax2.5)	1.6 g	0.6 g
Vitamin C	526.3 mg (658% NRV)	200 mg (250% NRV)
Vitamin B1	1.8 mg (165% NRV)	0.7 mg (64% NRV)
Vitamin B2	2.1 mg (149% NRV)	0.8 mg (57% NRV)
Pantothenic acid	7.9 mg (132% NRV)	3 mg (50% NRV)
Vitamin B6	1.3 mg (94% NRV)	0.5 mg (36% NRV)
Biotin	197.4 mcg (395% NRV)	75 mcg (150% NRV)
Vitamin E	26.3 mg (219% NRV)	10 mg (83% NRV)
Folate	263.2 mcg (132% NRV)	100 mcg (50% NRV)
Magnesium	186.8 mg (50% NRV)	71 mg (19% NRV)
Potassium	789.5 mg (40% NRV)	300 mg (15% NRV)
Chloride	478.8 mg (61% NRV)	181.9 mg (23% NRV)
Calcium	315.8 mg (35% NRV)	120 mg (15% NRV)
Pyruvate	858 mg	326 mg
Creatine	1716 mg	652 mg
Taurine	658 mg	250 mg
L-Leucine	1974 mg	750 mg
L-Isoleucine	987 mg	375 mg
L-Valine	987 mg	375 mg
L-Glutamine	263 mg	100 mg
Glycine	1053 mg	400 mg
L-Alanine	1579 mg	600 mg
L-acetyl carnitine	132 mg	50 mg
L-glutamic acid	526 mg	200 mg
Eleutherococcus d.e.	263 mg	100 mg

NRV: Nutrient Reference Values [adults] according to Reg. (EU) No 1169/2011

STARTER 1000® NEW GENERATION PRE-WORKOUT

CITRULLINE, ARGININE, BETA-ALANINE, AND TAURINE SUPPLEMENT WITH BCAA, CREATINE, AND MICRO-ENCAPSULATED CAFFEINE.



NEW GENERATION PRE-WORKOUT



HOW IT WORKS

- NITRIC OXIDE FLOW
- STRENGTH
- ENDURANCE
- ENERGY

POWERED WITH



PACKAGING: 400G JAR (20 DOSES OF 20G)
FLAVOR: RED ORANGE

MADE WITH NEW GENERATION CARBOHYDRATES

FEATURES

STARTER 1000® is a specific supplement for the PRE-Game or PRE-Workout phase. It provides Citrulline, Arginine, Beta-Alanine, Taurine, Beetroot, Creatine, Caffeine, BCAA, and Vitamins, all useful for athletic performance. Caffeine (70mg/dose) helps increase attention and concentration. Micro-encapsulated caffeine (NewCaff™) also allows for a gradual release for a more controlled and constant effect. Vitamins contribute to reducing fatigue and tiredness (B12, B6, C), normal functioning of the nervous system (B1, B12, C), support normal energy metabolism (B12, B1, B6, C), and normal protein and glycogen metabolism (B6). Zinc contributes to normal protein synthesis. The product contains creatine, useful for high-intensity, short-duration repetitive activities. STARTER 1000® is made with Isomaltulose and Cluster Dextrin, two new-generation carbohydrates that provide glucose in a gradual and continuous manner. STARTER 1000® is gluten-free.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 dose (3 scoops = 20 g) in 200-250 ml of water. STARTER 1000® should be taken about 15-20 minutes before starting, and is designed for those who want to face intense training, both short and long-duration, with maximum energy.

INDICATIONS

Specific product for the PRE-Game or PRE-Workout phase to support intense and prolonged activity, particularly for optimal management of fatigue and concentration. It is recommended to use the product before training or competition.

INGREDIENTS

Carbohydrate mix (Maltodextrin DE19, Isomaltulose** [Palatinose®], Aminoblast® BCAA (L-leucine, L-isoleucine, L-valine), Highly Branched Cyclic Dextrin (Cluster Dextrin®)), Beta Alanine, Citrulline Malate, Creatine mix (Creatine monohydrate, Creatine citrate), Arginine Alpha-Ketoglutarate, Taurine, Beetroot (Beta vulgaris L.) powder, Trimagnesium citrate, Emulsifier: sucrose esters of fatty acids; flavoring, Anti-caking agent: silica dioxide; acidifier: Malic Acid; Ascorbic acid, Sodium bisodium 5'-triphosphate (ATP), Zinc gluconate, Microencapsulated Caffeine Newcaff® [Caffeine, Candelilla wax, Mono and diglycerides of fatty acids], Sweetener: Sucralose; Anhydrous Caffeine, Vitamin B6 (Pyridoxine hydrochloride), Vitamin B1 (Thiamine hydrochloride), Vitamin B12 (Methylcobalamin). Isomaltulose is a source of glucose and fructose.

RECOMMENDED FOR

- For those who want to optimize energy during the Pre-Workout phase.
- For those who practice endurance or power sports.
- For those who want to maximize concentration, energy, and endurance.

WHEN TO USE STARTER 1000®

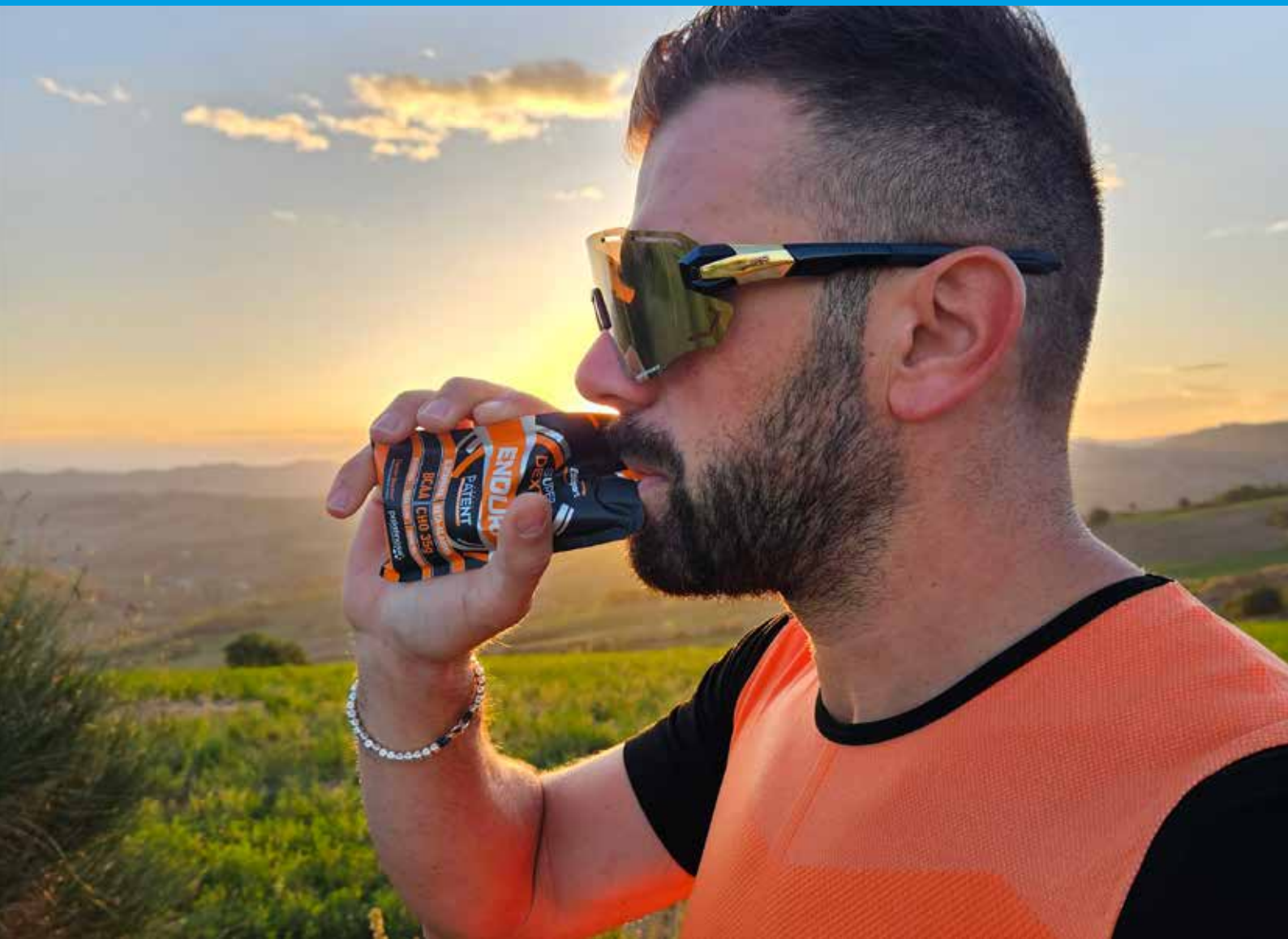


Do not exceed the recommended daily dose. Supplements should not be considered as substitutes for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years of age. Contains caffeine (70 mg/dose). It is recommended not to exceed 400 mg of caffeine per day from all sources. The product is intended for adults who engage in intense physical exercise. Due to the presence of creatine, the product is intended for adults only. Do not use in children, during pregnancy, breastfeeding, or for prolonged periods without consulting a doctor. Store in a cool, dry place, away from direct sunlight and sources of localized heat. The minimum shelf life refers to the product stored correctly, in unopened packaging. Do not dispose of in the environment after use. Manufactured in a facility that processes ingredients based on milk (including lactose), soy, peanuts, other tree nuts, sesame seeds, eggs, crustaceans, fish. *The product is tested free of anabolic steroids, stimulants, and SARMS.

NUTRITIONAL INFORMATION

	Per 100 g	Per dose (= 20 g)
Energy Value:		
kJ	1610	403
kcal	384	77
Average values		
Fat	0 g	0 g
of which saturated fatty acids	0 g	0 g
Carbohydrates	40 g	8 g
of which sugars	2,5 g	0,5 g
Fiber	0 g	0 g
Proteins	54 g	11 g
Salt	0,16 g	0,03g g
BCAA Aminoblast® Mix	12,5 g	2,5 g
of which L-Leucine	6,25 g	1,5 g
of which L-Valine	3,125 g	625 mg
of which L-Isoleucine	3,125 g	625mg
Citrulline DL Malate	10 g	2 g
Beta-Alanine	10 g	2 g
Creatine Mix	7,5 g	1,5 g
of which Creatine Citrate	6,25 g	1,25 g
of which Creatine AKG	1,25 g	250 mg
Arginine AKG	5 g	1 g
Taurine	5 g	1 g
Beetroot Powder	5 g	1 g
Malic Acid	1 g	200 mg
Sodium Bisodium Adenosine 5'-Triphosphate (ATP)	500 mg	100 mg
Magnesium	600 mg (160% NRV)	120 mg (32% NRV)
Caffeine NewCaff®	200 mg	40 mg
Anhydrous Caffeine	150 mg	30 mg
Zinc	25 mg (250%NRV)	5 mg (50% NRV)
Vitamin C (Ascorbic Acid)	500 mg (625%NRV)	100 mg (125% NRV)
Vitamin B1 (Thiamine)	5,5 mg (500% NRV)	1,1 mg (100%NRV)
Vitamin B6 (Pyridoxine)	7 mg (500% NRV)	1,4 mg (100% NRV)
Vitamin B12	12,5 mcg (500% NRV)	2,5 mcg (100% NRV)

DURING



SUPERHYDRO®

HYDOSALINE ENERGY NUTRITIONAL SUPPLEMENT

WITH NEW GENERATION CARBOHYDRATES AND VITAMINS B AND C



MANAGING HYDRATION DURING SPORT



SUPER HYDRATION FORMULA
SODIUM, POTASSIUM, MAGNESIUM, CALCIUM, VIT B1, VIT B6, VIT C

WITH HIGHLY BRANCHED CYCLIC DEXTRINS AND MALTODEXTRIN DE6
NEW GENERATION CARBOHYDRATES

MAINTAINS ENDURANCE PERFORMANCE DURING PROLONGED EXERCISE
OPTIMISES WATER ABSORPTION DURING INTENSE ACTIVITY*
PROVIDES OPTIMAL HYDRATION

- BALANCED ELECTROLYTES FOR OPTIMAL HYDRATION
- HYPOTONIC - LOW OSMOTIC PRESSURE
- NEW GENERATION OF HIGH-EFFICIENCY SLOW-RELEASE CARBOHYDRATES
- WITH HBDC (HIGHLY BRANCHED CYCLIC DEXTRINS) AND MALTODEXTRINS DE6

RECOMMENDED FOR:

- For those who need to hydrate effectively and manage their energy
- For those who have to face dehydrating and long workouts
- For those looking for high performance during endurance activities



WHEN TO USE SUPERHYDRO®



FLAVOUR: LEMON
PACKAGING: JAR 500 G - 20 DOSIS
with internal dispenser and warranty seal

SUPERHYDRO® IS A SPECIAL FORMULATION THAT MAINTAINS ENDURANCE PERFORMANCE DURING PROLONGED PHYSICAL EXERCISE (*), OPTIMISES WATER ABSORPTION DURING INTENSE ACTIVITY (*) AND ALLOWS OPTIMAL HYDRATION.

(* the effect is related to the solution prepared according to the indicated conditions of use

FEATURES

SUPERHYDRO® is an energy hydrosalt food supplement developed to obtain a hypotonic mixture, with carbohydrates and electrolytes. The solution maintains endurance performance during prolonged exercise and increases water absorption during physical activity, for optimal hydration. The SH complex, characterized by new generation carbohydrates (highly branched cyclic dextrins and maltodextrin DE6), allows a differentiated energy delivery, with rapid and gradual release. The presence of B vitamins and vitamin C contributes to normal energy metabolism, reduction of fatigue and tiredness (vit. B6, pantothenic acid, vit. C), normal heart function (thiamine), normal formation of red blood cells (vit. B6) and the protection of cells from oxidative stress (vit. C). Sodium, potassium, magnesium and calcium are balanced for optimal electrolyte recovery.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 serving (3 scoops = 25 g) in about 500 ml of water. Take at regular intervals of 15-20 minutes. It is preferable not to exceed the maximum dose of 75g total powder, equal to about 3 bottles of solution, unless exceptional cases, such as races or occasional very long training.

INDICATIONS

The product is particularly suitable for those who carry out intense and/or prolonged physical activity. It is useful for replenishing liquids and electrolytes lost during physical activity.

INGREDIENTS

Carbohydrate complex SH (maltodextrin DE 19, glucose, highly branched cyclic dextrin (Cluster Dextrin®), maltodextrin DE 6, isomaltulose® (Palatinose®), fructose) (82%), acidifying agent: citric acid; sodium chloride, aroma, citrisodic, tripotassium citrate, Potassium gluconate, calcium carbonate, anti-caking agent: silicon dioxide; magnesium carbonate, sweetener: sucralose; L-ascorbic acid (vitamin C), pantothenic acid (calcium D-pantotenat), colorant: riboflavin; pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1).^o Isomaltulose is a source of glucose and fructose.

Warnings: Food supplements should not be seen as a substitute for a varied and balanced diet and healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age. The minimum shelf life refers to the product in its undamaged, properly preserved packaging. Store the product in a cool and dry place, away from heat sources. Produced in a plant using ingredients based on milk (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, crustaceans, fish. *The product is tested free of anabolic steroids, stimulants and SARMS.

NUTRITIONAL INFORMATION

	Per 100 ml	Per 1 dose	Per 3 dosis
Valore energetico			
kcal	341	85	256
kJ	1450	362	1087
Valori medi			
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	81 g	20 g	61 g
of which sugars	20 g	5 g	15 g
Fiber	0 g	0 g	0 g
Protein	0 g	0 g	0 g
Salt (Nax2.5)	4,03 g	1,01 g	3,02 g
Vitamin C	122 mg (152%)*	30 mg (38%)*	91 mg (114%)*
Thiamine (Vit. B1)	1,7 mg (152%)*	0,42 mg (38%)*	1,3 mg (114%)*
Vitamin B6	1,9 mg (136%)*	0,48 mg (34%)*	1,4 mg (102%)*
Pantothenic acid	7,2 mg (120%)*	1,8 mg (30%)*	5,4 mg (90%)*
Sodium	1600 mg	400 mg	1200 mg
Potassium	548 mg	137 mg	411 mg
Calcium	242 mg (30%)*	60,4 mg (8%)*	181 mg (23%)*
Magnesium	113 mg (30%)*	28,1 mg (8%)*	84,4 mg (23%)*

* = NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011
1 Dose = 25 g (3 scoops)
3 Dosis = 75 g (9 scoops, dose max/die)

OSMOLARITY: 180 mOsm/l (25 g / 500 ml of water)

SUPERHYDRO[®] TABS

HYDROSALINE FOOD SUPPLEMENT



IT MAINTAINS HYDRATION



- SUGAR FREE
- CALORIES FREE¹
- HYPOTONIC
- BALANCED MINERAL SALTS
- OPTIMUM HYDRATION
- ELECTROLYTES: 487 MG/TAB



1 TAB = 1 BOTTLE

RECOMMENDED FOR:

- For those who need to hydrate effectively and restore electrolytes
- For those undergoing dehydrating and long-term training
- For those seeking a sugar-free and calorie-free mineral supplement
- For those who want to do sports by controlling the caloric impact of supplements



FEATURES:

SuperHydro Tabs is a hydrohaline food supplement in tablets, no added sugars and no calories. The special formulation allows optimal hydration and optimizes the absorption of water during intense activity. Sodium, potassium, magnesium, calcium and chlorine are balanced and generate a solution that provides 487 mg of electrolytes per tablet. Vitamins B1, B2, B6 contribute to the reduction of fatigue and tiredness and to the normal energy metabolism. Vitamin B1 contributes to normal heart function and vitamin B6 also contributes to the normal formation of red blood cells.

HOW TO USE AND RECOMMENDED DAILY DOSE:

Dissolve 1 tab of product in about 500 ml of water. Take at regular intervals of 15-20 minutes.

INDICATIONS:

the product is particularly suitable for those who carry out intense and/ or prolonged physical activity. It's useful for replenishing fluids and electrolytes lost during activity.

INGREDIENTS:

Citric acid, acidity regulator: sodium acid carbonate, bulking agent: sorbitol, potassium carbonate acid, calcium carbonate, magnesium carbonate, potassium chloride, natural aroma (lemon), sweetener: sucralose, natural aroma (orange) Zinc citrate, riboflavin 5'-phosphate sodium, pyridoxine hydrochloride, thiamine hydrochloride.

QUANDO USARE SUPERHYDRO TABS[®]



PACKAGING: 12 TUBES BOX / 20 TABS EACH
FLAVOUR: NATURAL LEMON

Dietary supplements should not be understood as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age. Contains sweetener, excessive consumption can have laxative effects. The expiry date refers to the product in full packaging, properly stored. Keep the product in a cool and dry place. *The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	Per 100 ml	Per Tab (4,15 g)
Energy		
kcal	191	8
kJ	822	34
Typical		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	14 g	0,6 g
of which sugars	0	0
of which polyols	13 g	0,5 g
Protein	0	0
Salt (Nax2.5)	12,9 g	0,53 g
Vitamin B1	13,25 mg [1205 % NRV]	0,55 mg [50 % NRV]
Vitamin B2	16,87 mg [1205 % NRV]	0,7 mg [50 % NRV]
Vitamin B6	16,87 mg [1205 % NRV]	0,7 mg [50 % NRV]
Zinc	120 mg [1205 % NRV]	5 mg [50 % NRV]
Magnesium	686,7 mg [183% NRV]	28,5 mg [7,6 % NRV]
chlorine	1205 mg [145 % NRV]	50 mg [6 % NRV]
Calcium	1566 mg [193 % NRV]	65 mg [8 % NRV]
Potassium	3133 mg [157 % NRV]	130 mg [6,5 % NRV]
Sodium	5132 mg	213 mg

¹Valore in soluzione: (1,6 kcal/100 ml)
OSMOLARITA: 74 mOsm/l (1 Tab in 500 ml)

PERFORMANCE SETE®

HYPOTONIC, CARBOHYDRATE, HYDRO-SALINE PRODUCT FOR ATHLETES



QUENCHES THIRST AND PROVIDES ENERGY



RECOMMENDED FOR

ALL KINDS OF SPORT

For athletes who are thirsty and need energy during performance.

- Fast absorption
- Quenches thirst
- Supplies constant energy
- Maintains endurance performance

WHEN TO USE PERFORMANCE SETE®



HELPS TO MAINTAIN OPTIMAL GLUCOSE, ELECTROLYTE AND HYDRATION LEVELS, THEREFORE CONTRIBUTING TO OPTIMAL ENDURANCE PERFORMANCE DURING SUSTAINED EXERCISE

FEATURES

This product can be used to obtain a hypotonic carbohydrate and electrolyte solution, which contributes to maintain endurance performance and to increase water absorption during sports activities.

The vitamins contained in Performance Sete help to reduce tiredness and fatigue (Vit B2, B5, C), contribute to normal energy metabolism (Vit B1, B2, B5, C), and normal cardiac function (B1). These vitamins also help to protect cells from oxidative stress (Vit C, B2). This product contains Eleutherococcus, known for its tonic-adaptogenic properties, useful also to support the body's natural defenses.

This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 sachet in approx. 500 ml of water. Consume 50-100 ml of solution at regular intervals of 15-20 minutes. Maximum dosage: 3 sachets per day.

INDICATIONS

The product is useful to replenish fluids and electrolytes lost during sports activities.

INGREDIENTS (LEMON FLAVOUR)

Maltodextrin, dextrose, fructose, acidity regulator: citric acid; sodium citrate, potassium citrate, sodium chloride, flavouring, calcium carbonate, magnesium carbonate, L-ascorbic acid (vitamin C), eleuterococcus (Eleutherococcus senticosus M.) root e.s., sweetener: acesulfame K, dye: beta-carotene; calcium D-pantotenate (pantothenic acid), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2).

INGREDIENTS (ORANGE FLAVOUR)

Maltodextrin, dextrose, fructose, acidity regulator: citric acid; sodium citrate, potassium citrate, flavouring, sodium chloride, calcium carbonate, magnesium carbonate, L-ascorbic acid (vitamin C), eleuterococcus (Eleutherococcus senticosus M.) root e.s., sweetener: acesulfame K, colour: cochineal; calcium D-pantotenate (pantothenic acid), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2).

INGREDIENTS (TROPICAL FLAVOUR)

Maltodextrin, dextrose, fructose, acidifier: citric acid; sodium citrate, potassium citrate, sodium chloride, flavourings, calcium carbonate, magnesium carbonate, L-ascorbic acid (vitamin C), Sweetener: acesulfame K; colour: betacarotene; sweetener: sucralose; calcium D-pantotenate (pantothenic acid), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2).

PACKAGING: 14 SACHETS, 22 g EACH

Available flavours:

- Lemon
- Orange
- Tropical

Warnings: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. The expiration date applies to the product in its intact container when stored as directed. Store in a cool dry place. This product is tested free from Nandrolone and Testosterone and their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION (TROPICAL FLAVOUR)

	Per 100g	Sachet
Energy		
kcal	367	81
kJ	1563	144
Typical Values		
Fat	0.00 g	0.00 g
of which saturates	0.00 g	0.00 g
Carbohydrate	86.14 g	18.95 g
of which sugars	49.77 g	10.95 g
Protein	0.01 g	0.00 g
Salt	2.67 g	0.6 g
Vitamin C	136.4 mg (173% NRV)	30 mg (38% NRV)
Vitamin B5	8.18 mg (136% NRV)	1.8 mg (30% NRV)
Vitamin B2	2.18 mg (155% NRV)	0.48 mg (34% NRV)
Vitamin B1	1.91 mg (173% NRV)	0.43 mg (38% NRV)
Chloride	965 mg (123% NRV)	212.3 mg (27% NRV)
Potassium	624 mg (32% NRV)	137.3 mg (7% NRV)
Calcium	273 mg (36% NRV)	60.1 mg (8% NRV)
Magnesium	114 mg (32% NRV)	25 mg (7% NRV)

NRV: Nutrient Reference Values [adults] according to Reg. (EU) No 1169/2011

NOTE: VEGAN and VEGETARIAN stamps are not referred to ORANGE taste

EthicSport

SUPER DEXTRIN[®]

ENERGIA CHE NON FINISCE

FORMULE BREVETTATE
PER LA TUA MIGLIOR PERFORMANCE

NOVITÀ!

1:0.8 GLU:FRU
RATIO



CON CARBOIDRATI
DI NUOVA GENERAZIONE



58g

CARBO
X DOSE

46g

CARBO
X PACK

pH control



SCOPRI COME
FUNZIONA

SUPER DEXTRIN PRO

ENERGY FOOD SUPPLEMENTS

palatinose™
isomaltulose

Cluster Dextrin®
New Energy Source for Athletes

GLUCIDEX® DE6
Long chain maltodextrin

with Fructose
and SusCarb®



ENERGY FOR ADVANCED ATHLETES

Super Dextrin PRO is a next-generation energy supplement with differentiated carbohydrate release (1:0.8 Glu:Fru) for maximum energy efficiency.

Patented formula for maximum carbohydrate load, rapid gastric emptying, and a constant energy supply. Caffeine-free, gluten-free, doping-free tested*.

Packaging: 840 g

**GLUTEN
FREE**

**DOPING
FREE
TESTED***

**CAFFEINE
FREE**

TIMING OF INTAKE

BEFORE

DURING

AFTER

MAIN FUNCTIONS

SEQUENTIALLY RELEASED & OPTIMIZED CARBOHYDRATES

- Balanced ratio 1:0.8 (Glu:Fru) to maximize carbohydrate oxidation and improve energy yield.
- Constant and prolonged energy, counteracting blood sugar spikes and performance dips.

ADVANCED FORMULA WITH HIGHLY BRANCHED CYCLODEXTRINS (Cluster Dextrin® and Suscarb®)

- Excellent solubility and rapid absorption without overwhelming the stomach.
- Minimal osmotic impact for optimal digestion even under stress.

HYPOTONIC FOR MAXIMUM HYDRATION AND EFFICIENCY

- Promotes rapid nutrient delivery without gastrointestinal discomfort.
- Designed for high-intensity, long-duration sessions, suitable for high-level athletes.

LOW OSMOTIC PRESSURE AND RAPID GASTRIC EMPTYING

- The mix of Maltodextrin DE6 and DE18, Cluster Dextrin®, Suscarb®, Palatinose™ and Fructose allows smooth digestion and optimal carbohydrate availability.

CAFFEINE-FREE – ENERGY WITHOUT STIMULANTS

- Ideal for those seeking supplementation without effects on heart rate or sleep.

GLUTEN-FREE – COMPATIBLE WITH SPECIAL DIETS

- Safe for athletes with gluten sensitivity or celiac disease.

DOPING-FREE TESTED – PATENTED FORMULA

- Quality and safety guaranteed for professional athletes

FEATURES

The PRO line is designed to support high-level athletes during very intense and prolonged activities. Super Dextrin® PRO is a next-generation energy supplement with carbohydrates in a 1:0.8 (glu:fru) ratio to maximize energy flow. The product has effective gastric emptying, supports a high carbohydrate intake, and ensures optimal distribution of energy stores. The special formula utilizes the synergy between HBCD (Highly Branched Cyclic Dextrins = Cluster Dextrin® and SusCarb®), Maltodextrins DE6 and DE18, Palatinose™, and Fructose. Super Dextrin® PRO is caffeine-free and gluten-free. The formula is patented and doping-free tested*.

INFORMATIONS

Super Dextrin® PRO is an energy supplement based on next-generation carbohydrates. The product is designed for intense, prolonged physical activity, with muscle fatigue. It helps replenish glycogen stores in muscles.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 60 g (about 3 scoops) of powder in 600 ml of water and consume during physical activity. Adjust the amount based on needs and digestive capacity. The intake of large carbohydrate loads requires proper intestinal training.

INGREDIENTS

Fructose, Maltodextrin DE18, Highly Branched Cyclic Dextrin (SusCarb®), Isomaltulose* (Palatinose™), Maltodextrin DE6 (glucidex®), Highly Branched Cyclic Dextrins (Cluster Dextrin®), acidity regulator: citric acid; flavor. *Isomaltulose is a source of glucose and fructose.

NUTRITIONAL INFORMATION

SERVINGS PER PACKAGE: 14

1 SERVINE: 60g
1 SCOOP: 20g

	100g	60g
Nutrient	100g	60g
ENERGY VALUE	1640 kJ / 393 kcal	984 kJ / 236 kcal
Fat	0 g	0 g
of which Saturates	0 g	0 g
Carbohydrates	96 g	58 g
of which Sugars	38 g	23 g
Protein	0 g	0 g
Salt	0.03 g	0.02 g

Warnings: Dietary supplements should not be considered a substitute for a varied, balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years old. Do not exceed the recommended daily dose (300 g/day). Produced in a facility that uses milk-based ingredients (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, crustaceans, fish.

Storage: Store in a cool, dry place at 15-25°C. Avoid exposure to heat sources and sunlight. The minimum storage date refers to the product properly stored in an intact package. Do not dispose of in the environment after use.

*The product is tested free from anabolic steroids, stimulants, and SARMs.

SUPER DEXTRIN PRO

ENERGY FOOD SUPPLEMENT

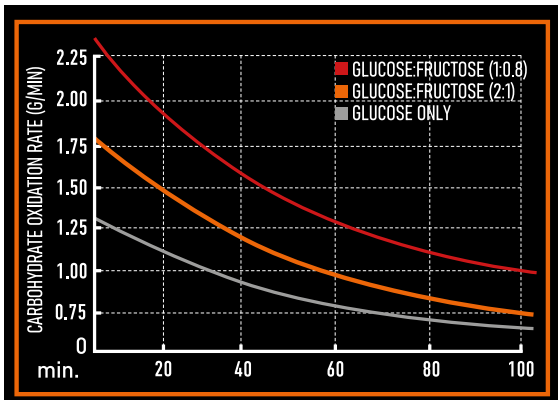
palatinose™
isomaltulose

Cluster Dextrin®
New Energy Source for Athletes

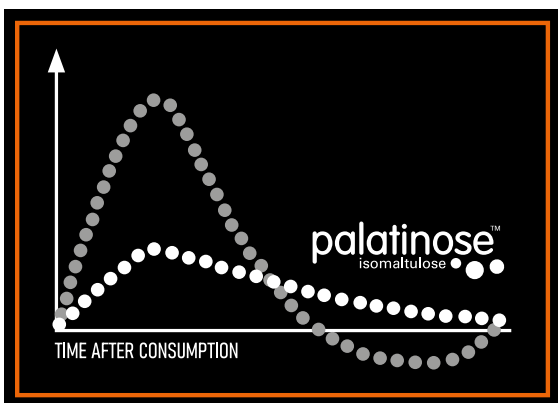
GLUCIDEX® DE6
Long chain maltodextrin

with Fructose
and SusCarb®

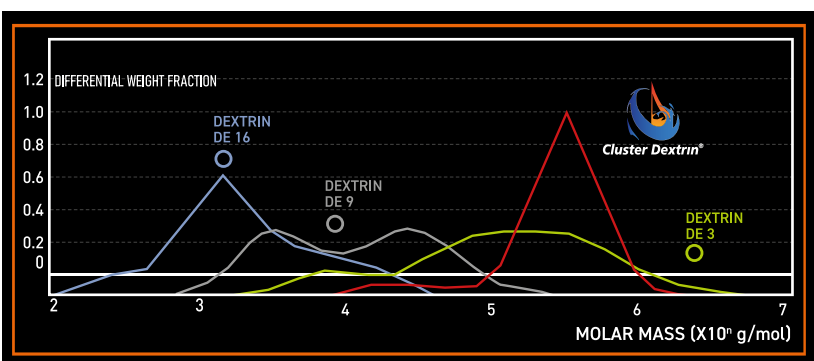
ENERGY MANAGEMENT



Carbohydrate oxidation during endurance exercise, comparing different glucose-fructose ratio. Derived from data based on scientific literature.



Variation in blood glucose availability after the intake of Palatinose™ vs sugar



Average molecular weight distribution of maltodextrins with different dextrose equivalence (DE) compared to Cluster Dextrin®.

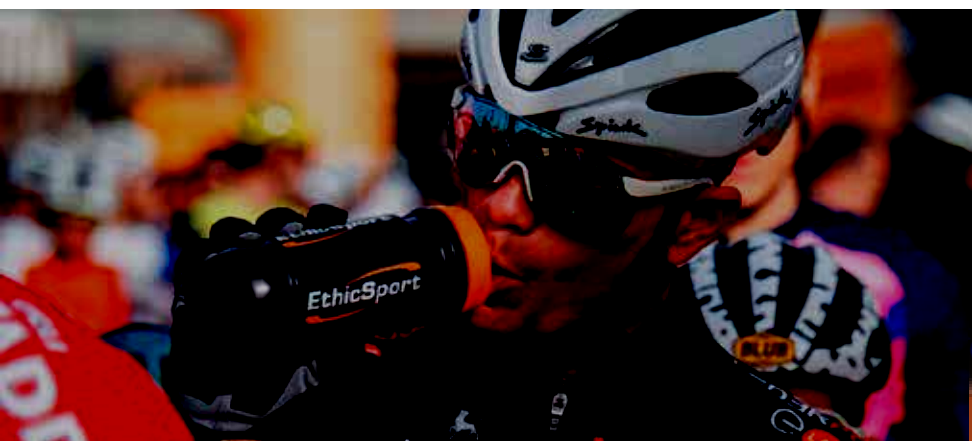
Super Dextrin® PRO is a next-generation energy supplement based on carbohydrates with differentiated energy release.

1:0.8 GLU:FRU
RATIO

58g CARBO
XDOSE

PRO ENERGY

FOR THOSE WHO PUSH TO THE LIMIT.



Bibliographical sources:

- Rowlands et al., Glucose Plus Fructose Ingestion for Post-Exercise Recovery, Nutrients, 2017.
- Harris et al., Increased Exogenous Carbohydrate Oxidation with Glucose:Fructose Ratios, European Journal of Applied Physiology, 2022.

Product and brand owned by ES Italia S.r.l.

SUPER DEXTRIN®

ENERGY FOOD SUPPLEMENT CARBOHYDRATE-BASED WITH DIFFERENTIATED ENERGY RELEASE



STEADY ENERGY RELEASE



- SEQUENTIAL CARBOHYDRATES WITH SLOW RELEASE AND HIGH EFFICIENCY
- LOW OSMOTIC PRESSURE
- HYPOTONIC
- WITH HIGHLY BRANCHED CYCLIC DEXTRINS

PATENT
INTELLECTUAL PROPERTY

palatinose™
isomaltulose

Cluster Dextrin®
New Energy Source for Athletes

GLUCIDEX® DE6
Long chain maltodextrin

RECOMMENDED FOR

- People who need steady energy during the activity
- People who need carbohydrates before the performance
- People who need a long lasting energy for high performance

WHEN TO USE SUPER DEXTRIN®



PACKAGING: JAR 700 g WITH MEASURING SCOOP AND GUARANTEE SEAL

NEW ERA FOR ENERGY SUPPLEMENT DEVELOPED BY ETHICSPORT RESEARCH

FEATURES

SUPER DEXTRIN® is an energy food supplement of new generation. The special formula uses the synergy between Cluster Dextrin® (HBCD = Highly Branched Cyclic Dextrin), Palatinose™ (Isomaltulose) and maltodextrins with different dextrose equivalence (DE6 and DE18). Presence of HBCD and DE6 allow a low osmotic pressure⁽¹⁾ of blend, which permits a rapid and efficient gastric emptying. Different carbohydrates molecular structure facilitates a differentiated energy release, allowing a better energy reserve distribution. SUPER DEXTRIN® formula is patented thanks to its innovative features. SUPER DEXTRIN® is caffeine free, gluten free and doping free tested*

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 50 g of product (3 full measuring spoons) in 500 ml of water, taking it during physical activity. In case of hard activity, with difficult supply during, it can be used also before the session. It is preferred do not exceed maximum dosage of 150 g per day, equal to 3 bottles of 500 ml.

INDICATIONS

SUPER DEXTRIN® is an energy food supplement with advanced carbohydrate-based. The product is recommended for people carrying out hard and/or long training sessions, which causes muscle fatigue and impoverishing of glycogen reserve in muscle.

INGREDIENTS

Highly Branched Cyclic Dextrin (Cluster Dextrin®), corn Maltodextrin DE18, Isomaltulose® (Palatinose™), corn Maltodextrin DE6 (Glucidex®), flavouring, acidity regulator: citric acid. Isomaltulose is a source of glucose and fructose.

⁽¹⁾ Hypotonic product - Osmolarity around 120 mOsm/l (50g of powder in 500ml of water)

*This product is tested free from nandrolone and testosterone, with their precursors, free from amphetamines and ephedrines.

[†]In accordance with annex II Regulation UE 1169/2011

NUTRITIONAL INFORMATION

	Per 100 g	Per dose (50 g)
Energy		
kcal	1619	810
kJ	381	190
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	95 g	47 g
of which sugars	22 g	11 g
Protein	0.02 g	0.00 g
Salt	0.16 g	0.08 g

IN-DEPTH ANALYSIS ON FORMULATION COMPONENTS



Cluster Dextrin®
New Energy Source for Athletes

HBCD (Highly Branched Cyclic Dextrin) represents a new era in energy supplement. Highly Branched Cyclic Dextrins are the evolution of classic maltodextrins and are particularly useful in intense and prolonged training sessions.

HOW THEY ARE MADE

These particular molecules have a cyclic structure with numerous ramifications and have the features to release glucose in a constant and regular way. Cluster Dextrin® is the brand and corn starch is the starting raw material.

HOW THEY ARE OBTAINED

The process to obtain HBCD uses a particular enzyme, which permits to obtain molecules with high molecular weight, low osmolarity and excellent solubility.

HBCD allows a constant glucose supply to the body, permitting a regular **MUSCLE GLYCOGEN REACTIVATION DURING INTENSE AND SUSTAINED TRAINING SESSIONS.**



Is a special carbohydrate with low glycemic index useful to provide energy in a balanced way. Palatinose™, whose molecule is called isomaltulose, is defined also "smart sugar", it provides energy in a balanced way (4 kcal/g) and has a low effect on glycemic surge. Palatinose™ helps to improve fat oxidation during physical activity, this permits to measure out energy in an excellent and prolonged way. Palatinose™ (isomaltulose) is obtained from sugar beet sucrose.

HOW IT IS OBTAINED

It comes from natural source, 100% vegan, kosher and halal. It is commercially produced by enzymatic union of glycosidic bond between glucose and fructose. New molecular bond in Palatinose™ is much more stable than the sucrose one

GLUCIDEX® DE6

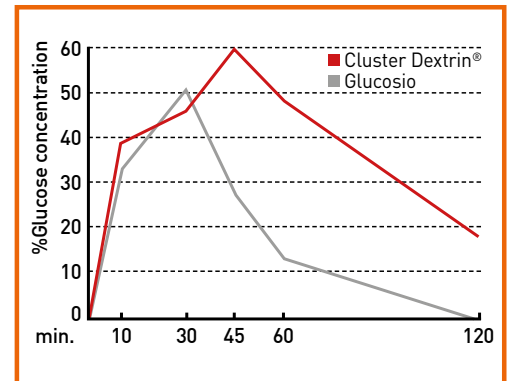
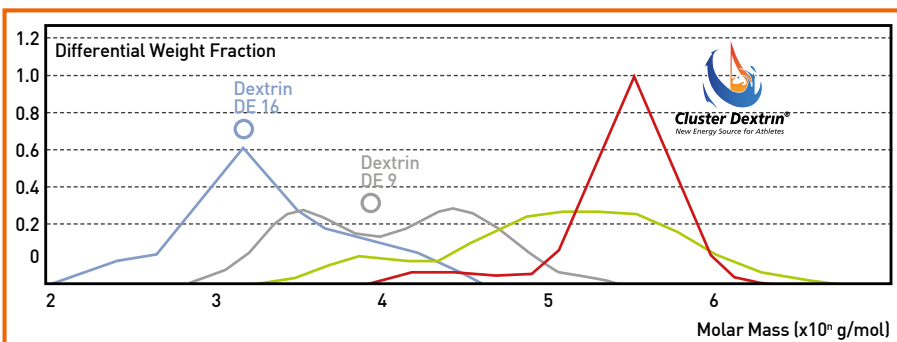
Long chain maltodextrin

WHAT THEY ARE

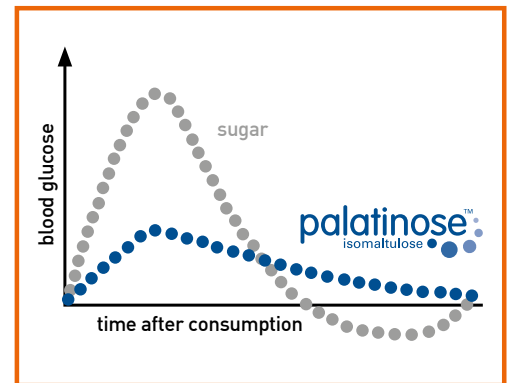
Maltodextrins are complex carbohydrates, hydrosoluble, obtained from enzymatic hydrolysis processes. According to starch transformation degree are obtained maltodextrins with glucose polymer of different length. The chain length permits to classify maltodextrins according to their DE "dextrose equivalence" (usually included between 3 and 19). Higher is DE and shorter will be chain polysaccharide, so maltodextrins have a similar glucose function, from a digestive point of view.

WHY THEY ARE USED

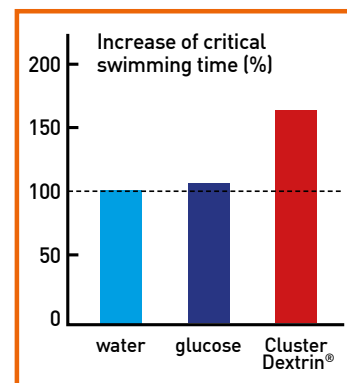
Maltodextrins are used in athlete diet, because osmolarity in a maltodextrin-based drink is less than an isocaloric amount of dextrose. Combined maltodextrin use, with different DE, rises medium molecular weight of blend and gives less osmolarity, this permits short times of transit and a fast energy recovery.



Variation of glucose availability in blood after Cluster Dextrin® vs Glucose intake



Variation of glucose availability in blood after Palatinose™ vs Sugar intake



Test on a group of professional swimmer

Average distribution of maltodextrins molecular weight with different dextrose equivalence (DE) compared to Cluster Dextrin®

SUPER DEXTRIN®

ENERGY FOOD SUPPLEMENT WITH NEW GENERATION CARBOHYDRATE,
SEQUENTIAL ENERGY RELEASE



ADVANCED ENERGY SUPPLEMENTATION



- SEQUENTIAL CARBOHYDRATES WITH HIGH EFFICIENCY
- DIFFERENTIATED AND LONG LASTING ENERGY RELEASE
- WITH HIGHLY BRANCHED CYCLIC DEXTRINS AND PALATINOSE
- PATENTED FORMULA

PATENT
INTELLECTUAL PROPERTY

palatinose™
isomaltulose



Cluster Dextrin®
New Energy Source for Athletes

GLUCIDEX® DE6
Long chain maltodextrin

RECOMMENDED FOR

- People who need steady energy during the activity
- People who need a long lasting energy gel for high performance
- People who want long lasting energy before the performance
- People who plan carefully energy intake during the performance



FEATURES

SUPER DEXTRIN® is an energy food supplement of new generation. The special formula uses the synergy between Cluster Dextrin® (HBCD = Highly Branched Cyclic Dextrin), Palatinose™ (Isomaltulose) and maltodextrins with different dextrose equivalence (DE6 and DE18). Different carbohydrates molecular structure facilitates a differentiated energy release, allowing a better energy reserve distribution. SUPER DEXTRIN® formula is patented (Patent Pending), thanks to its innovative features.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-3 pack per day. Take during physical activity or pre workout. The product is recommended for people who plan carefully energy intake and it should be the first choice between energy liquids in your timeline.

INDICATIONS

SUPER DEXTRIN® is an energy food supplement with advanced carbohydrate-based. The product is recommended for people carrying out hard and/or long training sessions, which causes muscle fatigue and impoverishing of glycogen reserve in muscle.

INGREDIENTS APPLE-LEMON

Water, Isomaltulose** (Palatinose), Maltodextrin from corn DE18, Fructose, Dextrin, Highly Branched Cyclic (Dextrin Clustered), Maltodextrin from DE6 Corn, Lemon Juice Concentrate, Apple Juice Concentrate, Acidifier: Citric Acid, Preservative: Potassium sorbate, Aroma.**Isomaltulose is a source of glucose and fructose.

INGREDIENTS ORANGE

Water, Isomaltulose** (Palatinose), Maltodextrin from corn DE18, Fructose, Dextrin, Highly Branched Cyclic (Dextrin Cluster) Maltodextrin from DE6 Corn, Concentrated Lemon Juice, Acidifier: Citric Acid, Flavors, Preservative: Potassium Sorbate, Colour : carotenes. **Isomaltulose is a source of glucose and fructose.

WHEN TO USE SUPER DEXTRIN®



PACKAGING: 45 SINGLE-DOSE SACHETS, 58 ml EACH

Available flavours:

- Apple-Lemon
- Orange

Warnings: do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Food supplements are not intended to be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not expose to heat sources and solar radiation. Do not throw out in the environment after the use. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	Per 100 ml	Per dose (58 ml)
Energy		
kcal	186	108
kJ	791	459
Typical Values		
Fat	47 g	0 g
of which saturates	22 g	0 g
Carbohydrate	49 g	27 g
of which sugars	24 g	13 g
Protein	0 g	0 g
Salt (Nax2.5)	0.08 g	0.05 g

content: 55 ml
1 dose = 1 pack

SUPER DEXTRIN® GEL PRO

ENERGY SUPPLEMENT BASED ON CARBOHYDRATES WITH DIFFERENTIATED ENERGY RELEASE



EVOLVED ENERGY INTEGRATION



- SEQUENTIAL AND NEXT-GENERATION CARBOHYDRATES
- MAXIMUM CARBO FLOW, FAST AND LONG-LASTING
- 46G OF CARBOHYDRATES PER PACK
- 1:0.8 GLUCOSE:FRUCTOSE RATIO
- PH CONTROL FOR LACTATE MANAGEMENT
- GLUTEN-FREE AND CAFFEINE-FREE
- PATENTED FORMULA

1:0.8 GLU:FRU
RATIO

palatinose™ *Cluster Dextrin®*
isomaltulose • New Energy Source for Athletes

GLUCIDEX® DE6
Long chain maltodextrin

Con Fruttosio
e SusCarb®

PATENT
INTELLECTUAL PROPERTY

RECOMMENDED FOR

- For those looking for long-lasting energy for high-performance activities
- For those who need large amounts of energy during endurance activities
- For those who want a fast-acting gel that lasts a long time

PACKAGING: BOX OF 15 BAGS (60 ML EACH)

FLAVOURS

■ Lemon

■ Orange

WHEN TO USE SUPER DEXTRIN



The PRO line, developed from the Super Dextrin® patent, has been designed to provide consistent energy support to high-level athletes, even during very intense and long-duration activities.

FEATURES

SUPER DEXTRIN® GEL PRO is a cutting-edge energy supplement that provides 46g of carbohydrates per dose, formulated with a 1:0.8 ratio (Glucose:Fructose) to offer a very efficient and long-lasting energy flow. The formula contains next-generation carbohydrates such as branched cyclic dextrins (Cluster Dextrin® and SusCarb®), Palatinose™, and maltodextrins with different DE values for optimal energy distribution. Suitable for those involved in sports with high energy expenditure and intense muscular effort, SUPER DEXTRIN® GEL PRO releases energy gradually and steadily, delaying the depletion of energy stores. The addition of alginate helps control pH, and the special formula ensures optimal flow and digestibility of the product.

With its exclusive patent, SUPER DEXTRIN® GEL PRO offers concrete benefits for athletic performance, supporting athletes in the most demanding challenges.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take during physical activity. Accompany with a sip of water if possible. (The quantity should be adjusted based on the intensity of the exercise and personal needs. Adjust the number of product packs according to the level of training and ability to handle highly concentrated carbohydrates. It is recommended to drink some water after taking energy gels.)

INDICATIONS

SUPER DEXTRIN® GEL PRO is suitable for those engaging in intense sports activities with high energy demands.

LEMON INGREDIENTS

Ingredients: Water, Isomaltulose° (Palatinose®), Fructose, Maltodextrins DE18, Highly branched cyclic dextrin (Cluster Dextrin®), Maltodextrins DE6, SusCarb® Dextrins, Lemon Concentrate Juice, Acidulant: Citric Acid; Sodium Alginate, Preservative: Potassium Sorbate; Natural Flavor (Lemon-Lime). °Isomaltulose is a source of glucose and fructose.

ORANGE INGREDIENTS

Ingredients: Water, Isomaltulose° (Palatinose®), Fructose, Maltodextrins DE18, Highly branched cyclic dextrin (Cluster Dextrin®), Maltodextrins DE6, SusCarb® Dextrins, Lemon Concentrate Juice, Acidulant: Citric Acid; Sodium Alginate, Preservative: Potassium Sorbate; Natural Orange Flavor. °Isomaltulose is a source of glucose and fructose.

NUTRITIONAL INFORMATION

	Per 100 ml	Per pack (1 sachet = 60ml)
Energy		
kJ/ Kcal	1328/ 318	795/190
Typical Values		
Fat	0.2 g	0.1 g
of which saturates	0 g	0 g
Carbohydrate	77 g	46 g
of which sugars	45 g	27 g
Protein	0.4 g	0.2 g
Salt (Nax2.5)	0 g	0 g

NUTRITIONAL INFORMATION

	Per 100 ml	Per pack (1 sachet = 60ml)
Energy		
kJ/ Kcal	1328/ 318	795/190
Typical Values		
Fat	0.2 g	0.1 g
of which saturates	0 g	0 g
Carbohydrate	77 g	46 g
of which sugars	45 g	27 g
Protein	0.4 g	0.2 g
Salt (Nax2.5)	0 g	0 g

SUPER DEXTRIN® BOOST

LATEST GENERATION CARBOHYDRATE-BASED ENERGY SUPPLEMENT, WITH DIFFERENTIATED ENERGY RELEASE, β-ALANINE & CAFFEINE



ADVANCED ENERGY SUPPLEMENTATION



- HIGH EFFICIENCY SEQUENTIAL-MIX CARBOHYDRATES
- RAPID & LONG-LASTING ENERGY RELEASE
- WITH CAFFEINE & BETA-ALANINE FOR INTENSE PHYSICAL ACTIVITY
- WITH HIGHLY BRANCHED CYCLIC DEXTRINS & PALATINOSE™
- PATENTED FORMULA

PATENT
INTELLECTUAL PROPERTY

GLUCIDEX® DE6
Long chain maltodextrin



RECOMMENDED FOR

- For those needing constant energy supply during exercise
- For those looking for a long-lasting energy supply for high performance
- For those wanting a quick response, long-lasting gel
- For those who need an extra boost from caffeine and beta-alanine



PACKAGING: 20 SACHETS, 30 ML EACH

FLAVOUR

- Orange
- Lemon
- Exotic Fruit

INFORMATION

From the Super Dextrin® patent now comes BOOST, a new formula designed to provide even more energy to athletes under extreme workloads. SUPER DEXTRIN® BOOST is a latest generation energy supplement, delivering cyclodextrins (Cluster Dextrin®), Palatinose™ and two maltodextrins with different dextrose equivalences. The BOOST formula is based on the tried, tested and highly appreciated Super Dextrin® Gel, with the addition of β-alanine and caffeine. The product delivers differentiated, long-lasting energy sources, and a constant boost to muscles and the whole body. This product is most effective during the later stages of any activity, precisely when the body needs a powerful boost to keep going. SUPER DEXTRIN® BOOST benefits performance and beats fatigue. The patented formula boast unique, innovative features. SUPER DEXTRIN® BOOST is ideal for those who practise sports involving extreme general and muscle fatigue.

INDICATIONS

SUPER DEXTRIN® BOOST is ideal for those who practise sports involving extreme fatigue and depletion of glycogen reserves in muscles.

FEATURES

SUPER DEXTRIN® BOOST is a latest generation energy supplement. The BOOST version of the SUPER DEXTRIN® formula comes with the addition of β-alanine and caffeine. The product delivers differentiated, long-lasting energy sources, providing a constant boost to muscles and the whole body.

RECOMMENDED DAILY DOSAGES

1-3 sachets per day. Take during exercise, at regular intervals, according to intensity.

SUPER DEXTRIN® BOOST INGREDIENTS - ORANGE

Water, isomaltulose** (Palatinose™), maltodextrin DE19, fructose, highly branched cyclic dextrin (Cluster Dextrin®), maltodextrin DE6, natural orange flavour, acidifier: citric acid monohydrate; beta-alanine, caffeine (150 mg/dose = 3 sachets), thickener: xanthan gum; preservative: potassium sorbate; CWD/O beta-carotene. **Isomaltulose is a source of glucose and fructose.

SUPER DEXTRIN® BOOST INGREDIENTS - LEMON

Water, isomaltulose** (Palatinose™), maltodextrin DE19, fructose, highly branched cyclic dextrin (Cluster Dextrin®), maltodextrin DE6, natural lemon flavour, acidifier: citric acid monohydrate; beta-alanine, caffeine (150 mg/dose = 3 sachets), thickener: xanthan gum; preservative: potassium sorbate; CWD/O beta-carotene. **Isomaltulose is a source of glucose and fructose.

SUPER DEXTRIN® BOOST INGREDIENTS - EXOTIC FRUITS

Water, isomaltulose** (Palatinose™), maltodextrin DE19, fructose, highly branched cyclic dextrin (Cluster Dextrin®), maltodextrin DE6, natural exotic fruits flavour, acidifier: citric acid monohydrate; beta-alanine, caffeine (150 mg/dose = 3 sachets), thickener: xanthan gum; preservative: potassium sorbate; CWD/O beta-carotene. **Isomaltulose is a source of glucose and fructose.

WHEN TO USE SUPER DEXTRIN® BOOST



WARNINGS: Supplements are not intended as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed recommended dosages. Keep out of the reach of children under 3 years of age. The expiry date refers to intact product in its packaging. Contains caffeine (150 mg/dose = 3 sachets): not recommended for children or during pregnancy or breastfeeding. It is recommended to not exceed a daily intake of 400 mg of caffeine, from all sources. Store the product in a cool and dry place. The product is tested free of nandrolone, testosterone, their precursors, amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	Per 100 ml	Per Dose Max (3bst = 3 x 30ml)
Energy		
kcal/ kJ	168/703	151/633
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	42 g	37,8 g
of which sugars	29 g	26,1 g
Protein	0,015 g	0,014 g
Salt (Nax2.5)	0.13 mg	0.12 mg
B-Alanina	166 mg	150 mg
Caffeine	166 mg	150 mg

SUPER DEXTRIN ENDURA®

ENERGY SUPPLEMENT

BASED ON DIFFERENTIATED ENERGY RELEASE CARBOHYDRATES
WITH BCAA, GLUTAMINE, β-ALANINE AND VITAMIN B6-B12



ADVANCED ENERGY SUPPLEMENT



- HIGH EFFICIENCY SEQUENTIAL CARBOHYDRATES
- RAPID AND LONG LASTING ENERGY RELEASE
- WITH BETA-ALANINE, BCAA AND GLUTAMINE FOR INTENSIVE ACTIVITIES
- WITH HIGHLY BRANCHED CYCLIC DEXTRINS AND PALATINOSE™
- WITH 35G OF CARBOHYDRATES (CHO) PER PACK
- CAFFEINE FREE
- PATENTED FORMULA

PATENT
INTELLECTUAL PROPERTY

INFORMATIONS:

The ENDURA version is the result of the Super Dextrin patent. It is a new formula, specific to support the energy of athletes even in very intense and long-lasting working conditions. SUPER DEXTRIN ENDURA³ is a new generation energy food supplement that provides branched cyclodextrins (Dextrin clusters), Palatinose and two Maltodextrins with different dextrose equivalence. From formulation of Super Dextrin Gel, already widely tested and appreciated, the ENDURA version is differentiated by the intake of β-Alanine and Glutamine, combined with BCAAs. The product allows a differentiated energy supply, a high time of energy exhaustion and a consistent muscle support, engaged in Endurance activities. SUPER DEXTRIN ENDURA® can bring concrete benefits to performance and assist fatigue resistance. The formula is patented, thanks to its innovative features and is particularly suitable for those who practice sports that involves fatigue and great muscle effort.

INDICATIONS

SUPER DEXTRIN ENDURA® is suitable for those who practice intense sports. It counteracts muscle fatigue and the reduction of glycogen in the muscles.

FEATURES

SUPER DEXTRIN ENDURA® is a new generation energy food supplement that takes advantage of the synergy between Cluster Dextrin™ (highly branched cyclic dextrins), Palatinose and maltodextrin. With different D.E. The formula is enhanced by BCAA, Glutamine and β-Alanine. SUPER DEXTRIN ENDURA¹ provides 35g of carbohydrates (CHO) per pack. Vitamins B6 and B12 contribute to normal energy metabolism and to reduce fatigue. The product releases energy in a differentiated manner and allows a high time of exhaustion of stocks energy. The formula is patented.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-3 packs per day. Take during exercise, at regular intervals, depending on the intensity.

INGREDIENTS SUPER DEXTRIN ENDURA® ORANGE

Water, Maltodextrins DE19, Fructose, Isomaltulose** (Palatinose™), Maltodextrin DE1, L-Glutamine, L-Leucine, Highly Branched Cyclic Dextrin (Cluster Dextrin), Acidifier: Citric Acid; Valine, L-Isoleucine, flavourings, Beta-Alanine, Acidifier: Malic Acid; Preservatives: Potassium Sorbate, Sodium Benzoate; Stabilizer: Sunflower lecithin; Thickener: Xanthan gum; Beta-carotene CWD/O, Vitamin B6, Vitamin B12.
**Isomaltulose is a source of glucose and fructose.

INGREDIENTS SUPER DEXTRIN ENDURA® LEMON TEA

Water, Maltodextrins DE19, Fructose, Isomaltulose** (Palatinose™), Maltodextrin DE1, L-Glutamine, L-Leucine, Highly Branched Cyclic Dextrin (Cluster Dextrin), flavourings, Acidifier: Citric Acid; Valine, L-Isoleucine, Beta-Alanine, Acidifier: Malic Acid; Preservatives: Potassium Sorbate, Sodium Benzoate; Stabilizer: Sunflower Lecithin; Thickener: Xanthan Gum; Beta Carotene CWD/O, Vitamin B6, Vitamin B12
**L'isomaltulosio è una fonte di glucosio e di fruttosio.

INGREDIENTS SUPER DEXTRIN ENDURA® TROPICAL

Water, Maltodextrins DE19, Fructose, Isomaltulose** (Palatinose™), Maltodextrin DE1, L-Glutamine, L-Leucine, Highly branched cyclic dextrin (Cluster Dextrin), Acidifier: Citric Acid; Valine, L-Isoleucine, flavourings, Beta-Alanine, Acidifier: Malic Acid; Preservatives: Potassium Sorbate, Sodium Benzoate; Stabilizer: Sunflower lecithin; Thickener: Xanthan gum; Beta-carotene CWD/O, Vitamin B6, Vitamin B12.
**L'isomaltulosio è una fonte di glucosio e di fruttosio.

RECOMMENDED FOR

- For those who need constant energy during sport activity
- For those seeking long-lasting energy for high performance
- For those who want a quick-response gel
- For those who need energy during endurance activities
- For those who want to counteract fatigue

PACKAGING: 15 PACK, 60 ML EACH

Flavours:

Orange Lemon Tea Tropical

palatinose™
isomaltulose

Cluster Dextrin™
New Energy Source for Athletes

WHEN TO USE SUPER DEXTRIN ENDURA®



WARNINGS: Supplements should not be intended as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended intake. Keep out of reach of children under 3 years. Product for adults. Do not use in pregnancy or in children, or in any case for prolonged periods without the advice of your doctor. The expiry dates refers to the product intact, properly stored. Keep the product in a cool and dry place. *The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	Per 100 ml	Per Dose Max (3bst = 3 x 60ml)
ENERGY VALUE		
kcal/ kJ	232/971	417/1746
TYPICAL VALUES		
Fat	0.0 g	0.0 g
of which saturates	0.0 g	0.0 g
Carbohydrate	58 g	105 g
of which sugars	25 g	45 g
Protein	0.0 g	0.0 g
Salt	0.0 g	0.0 g
L -Leucine	833.3 mg	1500 mg
L-Isoleucine	416.7 mg	750 mg
L-Valine	416.7 mg	750 mg
L-Glutamine	1000 mg	1800 mg
β-Alanine	250 mg	450 mg
Vitamina B6	2.3 mg (NRV 164%)	4.2 mg (NRV 300%)
Vitamina B12	4.2 mcg (NRV 168%)	7.5 mcg (NRV 300%)

ENERGIA RAPIDA PROFESSIONAL®

ENERGY FOOD SUPPLEMENT WITH SEQUENTIAL CARBOHYDRATES



PROVIDES A RAPID AND SUSTAINED ENERGY SUPPLY



- RAPIDLY REPLENISHES ENERGY STORES
- LONG-LASTING EFFECT
- SPECIFICALLY DESIGNED FOR ENDURANCE ACTIVITIES
- IT PERMITS A RAPID AND LONG-LASTING ENERGY RECOVERY

PACKAGING: 15 SACHETS, 50 ml EACH

Available Flavors:

■ Citrus
 ■ Lime
 ■ Cola

RECOMMENDED FOR

ALL TYPES OF SPORT

People who need to replenish energy stores rapidly during sport performances.

WHEN TO USE ENERGIA RAPIDA PROFESSIONAL®



Warnings: food supplements are not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It contains caffeine (100* mg/dosage = 2 vials). It is not recommended for children and during pregnancy and breast feeding. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

*121 mg/dose (Cola)

FEATURES

This product contains sequential short-, mid- and long-chain carbohydrates. It allows for a quick glucose availability and a prolonged energy release. It contains caffeine and potassium. Caffeine (121 mg/dose = 2 packs Cola flavour), which is contained in this product, contributes to increase mental lucidity and improve concentration. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Energia Rapida Professional® is recommended for a rapid energy supply to combat energy dips and guarantee a lasting energy intake.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1-3 packs per day. Consume the product as needed, before the onset of energy dips. It is recommended to take it with a little water.

INGREDIENTS CITRUS

Water, medium- and long-chain maltodextrin, fructose, glucose syrup, dextrose, lemon juice concentrate, flavourings, sodium chloride, potassium chloride, acidity regulator: citric acid, preservative: potassium sorbate, caffeine (100 mg/dose = 2 pack).

INGREDIENTS LIME

Water, medium- and long-chain maltodextrin, fructose, glucose syrup, dextrose, acidity regulator: citric acid, flavourings, sodium chloride, lemon juice concentrate, potassium chloride, preservative: potassium sorbate, caffeine (100 mg/dose = 2 pack).

INGREDIENTS COLA

Water, medium- and long-chain maltodextrin, fructose, glucose syrup, dextrose, lemon juice concentrate, acidity regulator: citric acid, flavourings, sodium chloride, potassium chloride, preservative: potassium sorbate, caffeine (121 mg/dose = 2 pack).

NUTRITIONAL INFORMATION (COLA FLAVOUR)

	Per 100 ml (= 1 dose)
Energy	
Kcal	240
kJ	1020
Typical Values	
Fat	<0.01 g
of which saturates	<0.01 g
Carbohydrate	60 g
of which sugars	24 g
Protein	<0.01 g
Salt (Nax2.5)	0.3 g
Caffeine	121 mg
Potassium	108 mg

NUTRITIONAL INFORMATION (CITRUS AND LIME FLAVOUR)

	Per 100 ml (= 1 dose)
Energy	
Kcal	240
kJ	1020
Typical Values	
Fat	<0.01 g
of which saturates	<0.01 g
Carbohydrate	60 g
of which sugars	24 g
Protein	<0.01 g
Salt (Nax2.5)	0.3 g
Caffeine	100 mg
Potassium	108 mg

Net volume: 50 ml - 1 dose = 2 pack

ENERGIA RAPIDA⁺

HYPERTONIC, ENERGY FOOD SUPPLEMENT WITH SEQUENTIAL CARBOHYDRATES, ALANINE, ELECTROLYTES, TAURINE AND GINSENG



PROVIDES A RAPID AND SUSTAINED ENERGY SUPPLY



RECOMMENDED FOR

ALL KINDS OF SPORT

- Immediate energy release
- Fast absorption
- To those who want to regenerate quickly energies lost during the activity

WHEN TO USE ENERGIA RAPIDA⁺



WHEN NEEDED

PACKAGING: 10 SINGLE-DOSE VIALS, 25 ml EACH.

TAKE IT AS NEEDED TO RAPIDLY REPLENISH ENERGY STORES, WITH A LONG-LASTING EFFECT

FEATURES

Energia Rapida⁺ is a nutrition supplement useful to supply the body with additional nutrients to support the energy intake derived from food, especially in crucial moments during sports performance. It contains balanced sequential carbohydrates that provide a rapid glucose availability; it also contains taurine, alanine and electrolytes, useful nutrients for metabolic processes which create and transport energy in the body. It provides caffeine and ginseng which may have a positive influence in adapting to stressful situations and in case of physical and mental fatigue, as during intense and prolonged exercise. Caffeine (140 mg/dose = 2 bottles), which is contained in this product, contributes to increase mental lucidity and improve concentration. This product is recommended to rapidly supply the body with energy in order to contrast temporary energy dips; it creates an immediate and effective energy response also during critical situations. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take the product as needed. Maximum dosage: 2 vials per day.

INDICATIONS

This product is useful to provide a rapid energy intake, in case of sudden energy dips due to intense and prolonged physical exercise.

INGREDIENTS

Water, Maltodextrin, Dextrose, Fructose, L-Alanine, Taurine, stabilizers: citric acid, sodium lactate, Sodium chloride, Potassium pidolate, Caffeine anhydrous, Vitamin C (L-ascorbic acid), Ginseng (Panax ginseng C.A. Meyer radix) dry extract titrated to 12% ginsenosides, Flavouring, Magnesium chloride, preservative: potassium sorbate, Glutamic acid.

Warnings: food supplements are not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It contains caffeine (140 mg/dosage = 2 vials). It is not recommended for children and during pregnancy and breast feeding. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	Per 100 ml	per dose (2 vials)
Energy		
kcal	237	118
kJ	1007	503
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	58.8 g	29.4 g
of which sugars	36.8 g	18.4 g
Fiber	0 g	0 g
Protein	0 g	0 g
Salt (Nax2.5)	0.61 g	0.31 g
Potassium	72 mg	36 mg
Magnesium	21.2 mg	10.6 mg
Vitamin C	240 mg (300% NRV)	120 mg (150% NRV)
L-Alanine	600 mg	300 mg
Taurine	600 mg	300 mg
Caffeine	280 mg	140 mg
Panax Ginseng d.e.	200 mg	100 mg
	24 mg	12 mg
Glutamic acid	20 mg	10 mg

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

EXTRA SHOT[®] ENERGY

VITAMIN FOOD SUPPLEMENT WITH TAURINE, CAFFEINE, GUARANA AND GLUCURONOLACTONE



BRING OUT YOUR ENERGY!



WHEN NEEDED



PACKAGING: 12 BOTTLES, 60 ml EACH

RECOMMENDED FOR

- People who want to use all of their energy
- People who want to combat fatigue
- People who drive, study, work or do sport



WHEN TO USE EXTRA SHOT ENERGY[®]



- RAPID TONIC AND ENERGY EFFECT - CONTRIBUTES TO TIREDNESS REDUCTION
- LONG-LASTING EFFECT - SUGAR FREE - CALORIE FREE

FEATURES

ExtraShot Energy is a group B vitamin food supplement, with Taurine, Caffeine and Glucuronolactone. Vitamins B1 and B3 contribute to normal normal energy-yielding metabolism, whereas folic acid, vitamin B6 and vitamin B12 contribute to the reduction of tiredness and fatigue. The product contains also guarana, which has a tonic effect on the body. Caffeine (200 mg/dose), which is contained in this product, contributes to increase attention and improve concentration. This product is recommended to rapidly supply the body with energy in order to contrast temporary energy dips; it creates an immediate and effective energy response also during critical situations. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

1 bottle a day, as needed, preferably between meals.

INGREDIENTS

Water, Acidity regulator: citric acid; Taurine, Caffeine anhydrous, Flavour, Preservatives: sodium benzoate, potassium sorbate, Guarana (Paullinia cupana Kunt, seeds) d.e. tit. 2.5% in caffeine, Sweetener: sucralose, Niacin (nicotinamide-vitamin B3), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamine hydrochloride), Glucuronolactone, Folic acid (pteroyl monoglutamic acid), Vitamin B12 (cyanocobalamin).

Warnings: food supplements are not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It contains caffeine (200 mg/dosage). It is not recommended for children and during pregnancy and breast feeding. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. Shake well before use. The eventual formation of precipitates, which can be suspended by shaking, are due to the normal variability of botanical ingredients. Store in a cool dry, place away from sunlight and other direct sources of heat. The expiry date applies to the product in its intact container when stored as directed. He product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	per dose (60ml)	%NRV per dose (60 ml)
Energy		
kcal	0.7	-
kJ	2.8	-
Typical Values		
Fat	0 g	-
Carbohydrate of which sugars	<0.05	-
Fiber	<0.05	-
Fiber	0 g	-
Protein*	0 g	-
Salt (Nax2.5)	0.02 g	-
Caffeine	199 mg	-
Taurine	200 mg	-
Vitamin B1	1.1 mg	100%
Vitamin B3	16 mg	100%
Vitamin B6	1.4 mg	100%
Vitamin B12	2.5 mcg	100%
Folic acid	200 mcg	100%
Guarana d.e. caffeine intake	40 mg	-
	1 mg	-
Glucuronolactone	1 mg	-

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

SPORT COFFEE®

ENERGY FOOD SUPPLEMENT WITH CAFFEINE (85mg / 25ml)



ENERGIZED COFFEE FOR ATHLETES



WHEN NEEDED

- YOUR FULL OF ENERGY COFFEE
- HIGH CONTENT OF CAFFEINE
- WITH SEQUENTIAL CARBOHYDRATES
- NO PRESERVATIVES

RACING FORMULA

PACKAGING: 32 STICK PACK, 25 ml EACH

RECOMMENDED FOR

To people who require immediate energy, also during intense sport sessions.

- To those looking for a fast absorption product and able to give energy



INFORMATION

Coffee represents a pleasure of the palate, a sweet habit for a break, but also a classic drink used when the body needs an additional incentive. Traditional coffee, sweetened with sugar, creates a quick energy response, but also high glycemic index and rapid consumption. Sport Coffee combines best coffee tradition and experience gained being beside athletes and their needs for a lot of years. We used our knowledge of the most effective energy base to sweeten a concentrated coffee. The result is a powerful coffee, with high content of caffeine and carbohydrates-based able to compete with the best energy gel. This is the real news: we made a good coffee and boosted it with sequential carbohydrates and caffeine. The result is a special product for people who play sports: coffee taste with the energy of 4 different carbohydrates.

FEATURES

Sport Coffee® contains a selected mix of coffee and it's energized with carbohydrates with different assimilation speeds. The simultaneous presence of fast carbohydrates (fructose and dextrose) and slow carbohydrates (maltodextrin and isomaltulose) gives to the product availability to be consumed during intense physical activities and/or long duration. The product mixes coffee pleasure with the energy of a high quality energy supplement. Caffeine (85 mg/25 ml) , which is contained in this product, contributes to increase mental lucidity and improve concentration. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

From 1 to 2 pack per day during sport activities or as needed.

INGREDIENTS

Water, maltodextrin, fructose, dextrose, isomaltulose, lyophilized coffee (3%), acidifying agent: citric acid, caffeine, natural flavouring: coffee.

WHEN TO USE SPORT COFFEE®



Warnings: do not exceed the recommended daily dose. Keep out of reach of children under the age of 3. Supplements are not intended as substitutes for a varied, balanced diet and a healthy lifestyle. It contains caffeine (85mg/25ml). It is not recommended for children and during pregnancy and breast feeding. It is recommended do not exceed a daily intake of 400 mg of caffeine from all sources. Do not use in conjunction with alcohol and tobacco and in case of caffeine sensitivity. Do not expose to heat sources. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	Per 100 ml	Per 1 sachet 25ml
Energy		
Kcal	301	75,3
kJ	1259	315
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	75 g	18,7 g
of which sugars	25 g	6,3 g
Protein	0 g	0 g
Salt (Nax2.5)	21 mg	5,3 mg
Caffeine	340 mg	85 mg

SPORT FRUIT®

FRUIT-BASED ENERGY FOOD SUPPLEMENT FOR ATHLETES
WITH POTASSIUM AND MAGNESIUM



HUNGER DURING THE RACE OR TRAINING SESSION



- ENERGIZED FRUIT SUITABLE FOR SPORT
- EASY TO CHEW AND DIGEST
- GRADUAL ENERGY RELEASE
- DELAYS THE DEPLETION OF ENERGY STORES

PACKAGE: 15 SACHETS, 42 g/each

Available flavours:

- Orange-Peach
- Cherry-Lemon

RECOMMENDED FOR

Nutrition for training and competitions
- Energy store before sport activities
- Suitable for people who train, even for young athletes



WHEN TO USE SPORT FRUIT®



BEFORE DURING AFTER

Warnings: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

INDICATIONS

SPORT FRUIT® is recommended to provide a ready for use, long-lasting energy supply.

FEATURES

SPORT FRUIT® is a fruit based energy food supplement, useful to provide energy to the body. This product contains carbohydrates with different times of assimilation, to guarantee a sustained energy supply.

It also contains mineral salts (Mg, K,Ca), useful to optimize sports performances.

SPORT FRUIT® is easy to chew and digest, its packaging is designed to preserve the product in optimal conditions, and can be used even in extreme conditions.

This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE SPORT

At least 60-90 minutes before starting an intense physical activity, with a glass of water.

DURING SPORT

Long-distance races - Consume every 1.5-2 hours, with a little water.

Medium-distance races - Consume approximately halfway through, with a little water.

AS A SNACK

Consume at mid-morning or at mid-afternoon.

INGREDIENTS ORANGE-PEACH

Fruit juice from concentrate 71% (peach: 40%, orange: 31%, natural flavourings, stabilizer: pectin), fructose, dextrose, lemon juice from concentrate 6%, gelling agent: citrus pectin, acidifier: citric acid, citrus fiber, sodium bicarbonate, calcium citrate, potassium carbonate, magnesium carbonate, preservative: potassium sorbate, colouring: beta-carotene.

INGREDIENTS CHERRY-LEMON

Cherry pulp concentrate (82.5%), fructose, dextrose, lemon juice concentrate (10%) gelling agent: citrus pectin, acidifying agent: citric acid; citrus fiber, acidity regulator: sodium bicarbonate, calcium citrate, potassium carbonate, magnesium carbonate, flavourings; preservative: potassium sorbate.

NUTRITIONAL INFORMATION

	Per 100 ml	2 pack x 42g = 1 serving
Energy		
Kcal	232	195
KJ	983	826
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	54 g	46 g
of which sugars	52 g	44 g
Fiber	4.9 g	4.1 g
Protein	<0.5 g	<0.5 g
Salt (Nax2.5)	0.24 g	0.2 g
Calcium	83 mg	69 mg (9% NRV)
Magnesium	58 mg	49 mg (13%NRV)
Potassium	341 mg	286 mg (14% NRV)

NUTRITIONAL INFORMATION

	Per 100 ml	2 pack x 42g = 1 serving
Energy		
Kcal	243	204
KJ	1017	854
Typical Values		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	56 g	47 g
of which sugars	53 g	44 g
Fiber	3.4 g	2.8 g
Protein	<0.5 g	<0.5 g
Salt (Nax2.5)	0.28 g	0.23 g
Calcium	73 mg	61 mg (7% NRV)
Magnesium	63 mg	53 mg (14%NRV)
Potassium	337 mg	283 mg (14% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

Product and brand owned by ES Italia S.r.l.

AFTER



GLUTAMMINA[®]

L-GLUTAMINE FOOD SUPPLEMENT



SUPPORTS THE RECOVERY PHASE



- THE PUREST MICRONIZED GLUTAMINE
- HIGH SOLUBILITY
- QUALITY GUARANTEED BY KYOWA QUALITY[®]



PACKAGING: 300 g PLASTIC JAR

RECOMMENDED FOR

SPORTS REQUIRING INTENSE MUSCULAR EXERCISE

- People carrying out hard training sessions
- People desiring a fast recovery
- People carrying out long training sessions

GLUTAMINE IS RECOMMENDED FOR THE RECOVERY PHASE AFTER INTENSE MUSCULAR EXERCISE

INFORMATION

Glutamine is defined as a "conditionally essential" amino acid and is used in big amounts from skeletal muscle. During periods of physical stress there could be the need for more quantity of glutamine than the amount that can be produced autonomously by the body.

FEATURES

This is a pure glutamine-based product, and its quality is guaranteed. EthicSport glutamine is micronized, extremely soluble and is doping-free tested*. This product does not contain gluten (Gluten Free), therefore it is suggested also for people suffering from celiac disease or gluten intolerants.

HOW TO USE AND RECOMMENDED DAILY DOSE

Consume 5 g per day, preferably after training, with approx. 150 ml of water. It is recommended to take the product for 2 months, and to repeat the treatment. One jar contains enough product for 2 months.

INGREDIENTS

100% L-Glutamine

WHEN TO USE GLUTAMMINA[®]



Warnings: Do not exceed the recommended intake amounts. Do not use during pregnancy or in children, or for prolonged periods without consulting a doctor. Keep out of the reach of children under 3 years of age. Dietary supplements should not be considered as substitutes for a varied diet. Store in a cool, dry place. The expiration date refers to the product in its intact packaging, properly stored. The product should be used as part of a varied and balanced diet and a healthy lifestyle. Produced in a facility that processes ingredients containing milk (including lactose), soy, peanuts, other tree nuts, sesame seeds, eggs, shellfish, and fish. *The product is tested free of anabolic steroids, stimulants, and SARMs.

TYPICAL VALUES

	per dose (1 measuring spoon)
L-Glutamine	5 g

RECUPERO®

PRODUCT FOR ATHLETES WITH AMINO ACIDS, BCAA, CARBOHYDRATES, VITAMINS AND MINERALS



TO HELP RECOVERY



RECOMMENDED FOR

ALL KINDS OF SPORT

- Athletes who need to recover efficiently after performance
- People carrying out very intense training sessions
- People who live a period of mental and physical tiredness

WHEN TO USE RECUPERO®



TAKE IT AFTER TRAINING OR COMPETITION TO REPLENISH ENERGY AND CELLULAR NUTRIENTS USEFUL IN THE RECOVERY PHASE

INFORMATION

When the body takes all the necessary nutrients, the conditions for normal protein synthesis, efficient muscular recovery and the development of a good athletic condition are created, therefore it is advisable to follow a varied and balanced diet.

FEATURES

Recupero is a product for athletes containing nutrients which carry out different functions useful after sports activities. The vitamins and the oligo-elements contained in Recupero carry out several functions, in particular they help to reduce tiredness and fatigue (Vit B2, B3, B5, B6, B12, C, Folate, Iron), they contribute to normal energy metabolism (Vit B1, B2, B3, B5, B6, B12, C, Biotin, Calcium, Magnesium, Iron), to protein and glycogen metabolism (Vit B6) and to regular muscular function (Ca, Mg, K). The ingredients contained in Recupero support also other functions, in particular they contribute to physiological protein synthesis (Mg and Zn), to normal cardiac function (B1) and to regular amino acids synthesis (Folate). Other ingredients contribute to regular formation of red blood cells (Vit B6, Fe), to normal oxygen transportation (Fe), to a correct neurotransmission (Ca), to normal electrolyte balance (Mg) and to the protection of cells from oxidative stress (Vit C, B2, Zn). It also contains B.C.A.A. useful in the athletes' diet. This product does not contain gluten (Gluten-free), therefore it is suggested also for people suffering from celiac disease or from gluten intolerance.

INDICATIONS

The synergy of its nutrients makes the product useful in the recovery phase after sport activities.

HOW TO USE AND RECOMMENDED DAILY DOSE

We recommend consuming the product about 20-30 minutes after the performance. Use 1 sachet (in 200 ml of water) after medium-duration exercise. Use 2 sachets (in 400-500 ml of water) after intense and prolonged exercise.

INGREDIENTS

Maltodextrin, sucrose, acidity regulator: citric acid, dextrose, fructose, potassium citrate, creatine monohydrate, calcium carbonate, L-leucine, L-alanine, magnesium oxide, flavonings, sodium chloride, sodium citrate, L-arginine pyroglutamate, L-isoleucine, L-valine, L-lysine hydrochloride, glycine, taurine, L-glutamine, L-glutamic acid, L-ascorbic acid (vitamin C), choline bitartrate, colour: paprika extract, sweetener: acesulfame K, L-ornithine alpha-ketoglutarate, smoked iron, zinc citrate, emulsifier: sucrose esters of fatty acids, nicotinamide (vitamin PP), coating agent: hydroxypropylmethylcellulose, calcium D-pantotenate (pantothenic acid), pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), cyanocobalamin vitamin B12), pteroyl-monoglutamic acid (folate), D-biotin (Vitamin B3 or H).

PACKAGING: 20 SACHETS, 16.5 g EACH

Warnings: food supplements are not intended to be used as a substitute for a varied diet but is intended to be used as part of a healthy, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It is not recommended for children and during pregnancy and or for prolonged periods of time without medical approval. The expiry date applies to the product in its intact container when stored as directed. The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION

	per 100g	Per 2 sachets	%NRV dose
Energy			
kcal	352	116	-
kJ	1500	495	-
Typical Values			
Fat	0.01 g	0.003 g	-
of which saturates	0.01 g	0.003 g	-
Carbohydrate	69.19 g	22.91 g	-
of which sugars	31.04 g	10.24 g	-
Fiber	0.16 g	0.05 g	-
Protein	0 g	0 g	-
Salt (Nax2.5)	1.91 g	0.63 g	-
Vitamin C	363.6 mg	120 mg	150%
Vitamin PP	27.2 mg	9 mg	56%
Pantothenic acid	9.1 mg	3 mg	56%
Vitamin B6	3 mg	1 mg	71%
Vitamin B2	2.4 mg	0.8 mg	57%
Vitamin B1	2.1 mg	0.7 mg	64%
Folate	0.3 mg	100 mcg	50%
Vitamin B3	242.4 mcg	80 mcg	160%
Vitamin B12	1.5 mcg	0.5 mcg	20%
Potassium	909.1 mg	300 mg	15%
Magnesium	800 mg	264 mg	70%
Chloride	736 mg	243 mg	30%
Calcium	667 mg	220 mg	28%
Iron	29.7 mg	9.8 mg	70%
Zinc	21.2 mg	7 mg	70%
Creatine	1524 mg	503 mg	-
L-Leucine	1515 mg	500 mg	-
L-Isoleucine	757 mg	250 mg	-
L-Valine	757 mg	250 mg	-
L-Alanine	1515 mg	500 mg	-
L-Arginine pyroglutamate	909 mg	300 mg	-
Glycine	606 mg	200 mg	-
L-Lysine	606 mg	200 mg	-
Taurine	485 mg	160 mg	-
Glutamine	454 mg	150 mg	-
Glutamic acid	454 mg	150 mg	-
Choline	151 mg	50 mg	-
Ornithine α-ketoglutarate	152 mg	50 mg	-

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

RECUPERO EXTREME[®]

ENERGY FOOD SUPPLEMENT WITH BCAA, L-ALANIL-
L-GLUTAMINE, L-GLUTAMINE, SENSORIL[®], VITAMINS AND ELECTROLYTES



TO IMPROVE RECOVERY



TAKE IT AFTER VERY INTENSE PHYSICAL EXERTION TO RESTORE NUTRIENTS, ENERGY AND TO IMPROVE YOUR ATHLETIC CONDITION.

LEU **PepForm[®]**
Leucine Peptides

Sensoril[®]

RECOMMENDED FOR

- People training very hard
- People desiring to recover effectively after a very intense physical activity
- This product is suitable for all sports requiring great physical and muscular efforts

WHEN TO USE RECUPERO EXTREME[®]



Warnings: this product is intended to be used as part of a varied and balanced diet and of a healthy lifestyle. Do not exceed the recommended daily dosage. Do not use in pregnancy and in children or for long periods without any medical advice. Expiration date applies to the product in its intact container when stored as directed. °Curcuma extract is used to colour the powder: in case of alteration in liver, biliary or calculi function of the biliary ways, use of the product is not recommended; if you are taking medicines, it is appropriate to hear the opinion of a doctor.

*This product is free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

PACKAGING:

- RECUPERO EXTREME JAR 400 g (with measuring scoop)
- RECUPERO OXTREME - 16 sachets, 50g/each

ETHICSPORT'S EXPERIENCE

It is known that in conditions of physical stress, the hypothalamus activates a cascade starting in the brain and ending with the release of stress-related hormones, such as cortisol. When you train hard, stress becomes systemic and cortisol level remains chronically high. In this case, there is a very high incidence of stress-related symptoms and the body struggles to recover.

EthicSport's R&D staff has designed an advanced formula aimed at optimizing recovery after very intense and stressful training sessions or competitions.

INDICATIONS

The nutrients contained in Recupero Extreme[®] make the product useful in the recovery phase after very intense sports activities, and facilitates a rapid replenishment of nutrients and energy.

FEATURES

The nutrients contained in Recupero Extreme[®] support recovery after intense physical performance. Thanks to group B Vitamins (B1, B6, B12) and electrolytes, this product contributes to the reduction of tiredness and fatigue (B6, B12), normal muscle function (Ca, Mg, K), normal energy-yielding metabolism (B1, B6, B12, Ca, Mg), normal protein and glycogen metabolism (B6). Recupero Extreme[®] provides a high B.C.A.A. content and the dipeptide L-Alanyl-L-Glutamine (AlaGln). This product contains Sensoril[®], extracted from Withania S., known as an adaptogenic tonic, useful to combat physical and mental fatigue and facilitate psycho-physical relaxation. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

SACHET: Dissolve 1 sachet in approx. 250 ml of water. Consume 15-30 minutes after intense exercise.

JAR: Dissolve 50 [2 measuring scoop] in approx. 250 ml of water. Consume 15-30 minutes after intense exercise.

INGREDIENTS

Carbohydrate complex (sucrose, glucose, maltodextrin DE9) 71%, acidulants: citric acid, malic acid; L-leucine, flavorings, L-glutamine, L-isoleucine, L-valine, potassium citrate, calcium carbonate, magnesium citrate, sodium bicarbonate, PepForm[®] Leucine peptides (hydrolyzed whey protein, L-leucine), 40% total L-leucine content, sodium tricitrate, L-alanyl-L-glutamine, anti-caking agent: silicon dioxide; L-ascorbic acid (Vitamin C), Sensoril[®] (Ashwagandha (Withania somnifera L. Dunal) root and aerial parts extract, standardized to 10% withanolides), beetroot extract, beta-carotene, pyridoxine hydrochloride (Vitamin B6), thiamine hydrochloride (Vitamin B1), cyanocobalamin (Vitamin B12).

NUTRITIONAL INFORMATION

	Per 100g	1 Sachet (50 g)
Energy		
kJ	1224	612
kcal	288	144
Typical Values		
Fat	0 g	0 g
of which sugars	0 g	0 g
Carbohydrate of which sugars	72 g 51 g	36 g 25 g
Protein	0 g	0 g
Salt (Nax2.5)	1.3 g	0.65 g
Ascorbic acid (Vitamin C)	210 mg (263% NRV)	105 mg (131% NRV)
Thiamine (Vitamin B1)	0.55 mg (50% RNV)	0.27 mg (25% RNV)
Pyridoxine (Vitamin B6)	0.7 mg (50% NRV)	0.35 mg (25% NRV)
Cyanocobalamin (Vitamin B12)	1.24 mcg (50% NRV)	0.62 mcg (25% NRV)
Magnesium	188 mg (50% NRV)	94 mg (25% NRV)
Potassium	600 mg (30% NRV)	300 mg (15% NRV)
Calcium	600 mg (76% NRV)	300 mg (38% NRV)
L-Leucine*	4 g	2 g
PepForm [®] Leucine Peptides of which L-Leucine:	800 mg 320 mg	400 mg 160 mg
L-Isoleucine*	2 g	1 g
L-Valine*	2 g	1 g
L-Glutamine*	2.5 g	1.25 g
L-Alanyl-L-Glutamine	500 mg	250 mg
Sensoril [®] (Ashwagandha e.s.)	160 mg	80 mg

0 proteins because there are only free amino acids

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

ATHLETIC PREPARATION



BETA ALANINE

ENDURANCE ENHANCED FORMULA

BETA-ALANINE FOOD SUPPLEMENT

WITH TOCOPHEROLS AND RESVERATROL¹



EFFICIENCY FOR YOUR SPORT



- PRECURSOR TO CARNOSINE¹
- HIGH-INTENSITY WORKOUT
- ANTIOXIDANT ACTION²



PACKAGING: 90 TABLETS, 1450 MG/EACH

BETA-ALANINE ALLOWS A CORRECT SYNTHESIS OF CARNOSINE

INFORMATION

GENERAL INFORMATION: β -Alanine¹ is a non-essential amino acid that is vital for the synthesis of Carnosine, a dipeptide highly concentrated in muscles. Carnosine is made up of L-Histidine and β -Alanine, which represents the limiting factor for muscle synthesis.³The right amount of Carnosine in muscles helps to buffer the lactic acid produced in the muscles during high-intensity and extended exercise.¹Taking β -Alanine helps achieve the correct synthesis of Carnosine. In this formula,³the buffering action on lactic acid is also supported by the presence of sodium bicarbonate, which performs an alkalisating activity. Carnosine is also known for its antioxidant action on muscles, in this formula the antioxidant activity is also supported by the presence of Resveratrol (from *Fallopia japonica*)², which in addition to the marked antioxidant effect, supports the proper function of the cardiovascular system. Vitamin B6 contributes to normal energy metabolism and to the reduction of tiredness and fatigue.

HOW TO USE AND DAILY REFERENCE INTAKE

1-2 tablets per day to be swallowed with a glass of water, preferably between meals. Athletes engaged in intensive activity may even take 3-6 grams of Beta-Alanine a day. In such cases it is better to spread the intake throughout the day, taking 1g of beta alanine every 3-4 hours. For maximum effectiveness, 4-8 week cycles are suggested, this helps to obtain the best availability of endogenous carnosine.

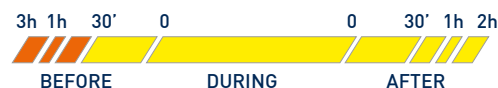
INGREDIENTS

Beta alanine 1, Charge agents: microcrystalline cellulose, dicalcium phosphate; Stabilizers: mono Diglycerides of fatty acids, polyvinylpyrrolidone; Sodium bicarbonate; Anti-caking agents: magnesium salts of fatty acids, silicon dioxide; mixed tocopherols (D-gamma-tocopherol, D-delta-tocopherol, D-alpha-tocopherol, D-beta-tocopherol); Resveratrol from Polygonum [*Fallopia japonica* (Houtt.) RonseDec. root e.s]2; Vitamin B6 (Pyridoxine hydrochloride).

RECOMMENDED FOR:

- For those who perform endurance activities
- For those who perform high-intensity workouts
- For those who want to combat lactic acidosis³
- For those looking for a precursor to carnosine¹

WHEN TO USE BETA ALANINE



Warnings: food supplements are not intended to be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. It is not recommended for children and during pregnancy and breast feeding.

Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed.

*This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

TYPICAL VALUES

	Per dosis (2 cpr)	NRV% per dosis (1 cpr)
Beta-Alanine	2000 mg	-
Sodium hydrogen carbonate, (sodium bicarbonate)	140 mg	
Mixed Tocopherols	14 mg	
Resveratrol from <i>Fallopia japonica</i> (e.s)	14 mg	
Vitamin B6	0,84 mg	60%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

BIBLIOGRAFIC INFORMATION

β -alanine has been shown to increase Carnosine levels, which has a positive effect on anaerobic resistance through its ability to allow a "buffer" effect and therefore delay the onset of lactic acidosis within the muscle cell. The buffer effect that is generated aids muscle performance and endurance during exercise and also plays a significant role in muscle growth and strength. This is a complex mechanism because the action of β -Alanine is indirect and attributable to Carnosine.

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3. Robergs et al. Biochemistry of exercise-induced metabolic acidosis. *Am J Physiol Regul Integr Comp Physiol*. 2004 Sep;287(3):R502-16.
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5. Harris et al. Carnosine and taurine contents in individual fibres of human vastus lateralis muscle. *J Sports Sci* 16:639-643. 1998.
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7. Harris et al. The absorption of orally supplied beta-alanine and its effect on muscle carnosine synthesis in human vastus lateralis. *Amino Acids*. 2006 May;30(3):279-89.
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9. Suzuki et al. High level of skeletal muscle carnosine contributes to the latter half of exercise performance during 30-s maximal cycle ergometer sprinting. *Jpn J Physiol*. 2002 Apr;52(2):199-205.
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11. Fowles et al. Human neuromuscular fatigue is associated with altered Na⁺-K⁺-ATPase activity following isometric exercise. *J Appl Physiol*. 2002 Apr;92(4):1585-93.

CARNITINA EXTRA®

CARNITINE FOOD SUPPLEMENT WITH VITAMIN B12 AND ZINC



ENDURANCE FOR YOUR SPORT



- CARNITINA TRANSPORTS FATTY ACIDS INTO MITOCHONDRIA, WHERE THEY ARE CONVERTED INTO ENERGY
- EACH TABLET PROVIDES 1 G OF CARNITINE
- STRENGTHEN FORMULA WITH VITAMIN B12 AND ZINC



EXTREMELY PURE

PACKAGE: 80 TABLETS, 1600 MG/EACH

RECOMMENDED FOR

Endurance and ultra-endurance athletes.

WHEN TO USE CARNITINA EXTRA®



Warnings: do not exceed the recommended daily portion. Keep out of reach of children under the age of three. Food supplements are not intended as substitutes of a varied, balanced diet and a healthy life style. Store in a cool, dry place. Best before date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

INFORMATION

Carnitine plays an important physiological role as a fatty acid carrier in energy-yielding metabolism. On the biochemical level, carnitine facilitates the transport of long-chain fatty acids into mitochondria, where they are oxidized to produce energy. In the cell, carnitine is involved in a complicated mechanism called "carnitine acyl-CoA transferase": it maintains a balanced acetyl CoA/CoA ratio and assists the conversion of pyruvate and lactate to Acetyl CoA. Moreover, carnitine carries out an indirect, anti-oxidant action on high metabolism cells, such as cardiac and muscle cells. Vitamin B12 contributes to normal energy-yielding metabolism and to the reduction of tiredness and fatigue, while zinc contributes to normal metabolism of fatty acids.

HOW TO USE AND RECOMMENDED DAILY DOSE

1 tablet per day, preferably between meals, or at least 1 hour before the physical activity.

INGREDIENTS

L-carnitine hydrochloride; Charge agents: microcrystalline cellulose, dicalcium phosphate; Gluconate Zinc; Anti-caking agents: silicon dioxide, magnesium salts of acids fats; Stabilizers: mono- and diglycerides of fatty acids, glycerol, polyethylene glycol; Coating agents: shellac, hydroxy-propyl-methylcellulose, talc; Dyes: oxides and iron hydroxides, calcium carbonate; Vitamin B12 (cyanocobalamin).

TYPICAL VALUES

	Per portion (1 tablet)	NRV% Per portion (1 tablet)
L-Carnitine	1000 mg	-
Vitamin B12	2.5 µg	100%
Zinc	5 mg	50%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

CREATINA 5.0

TO IMPROVE PERFORMANCE AND MUSCLE REACTIVITY
SPECIFIC FOR HIGH-PERFORMANCE TRAINING



IMPROVE PERFORMANCE AND MUSCLE REACTIVITY



- PURE AND CONCENTRATED
- WITH ATP 200MG
- WITH CREA3POWER®
- MICRONIZED 200 MESH
- MICROBIOLOGICALLY TESTED
- DOPING FREE TESTED*



PACKAGE: 300G JAR
WITH INTERNAL SCOOP AND SEAL OF GUARANTEE.

RECOMMENDED FOR

- For all athletes seeking better muscle performance
- For those undergoing very intense and repeated training, with frequent sprints
- For athletes who need to enhance the reactivity of muscle mass
- For those practicing power sports

WHEN TO USE CREATINE



CREATINE CAN INCREASE PHYSICAL PERFORMANCE IN CASE OF REPETITIVE, HIGH-INTENSITY AND SHORT-TERM ACTIVITIES

FEATURES

Creatine 5.0 is an innovative creatine supplement with Crea3Power® and ATP, two essential elements for cellular energy support, ideal for athletes looking for advanced performance. Crea3Power® provides the body with three different bioavailable forms of creatine for optimal performance. Creatine is known for improving physical performance in short, intense efforts. ATP is essential for cellular energy production, supporting the body during high-intensity phases and intracellular energy efficiency. Creatine 5.0, an exclusive formula by EthicSport, is highly purified, micronized (200 mesh), and formulated for optimal assimilation. The high quality is guaranteed by microbiological certification and Doping Free Testing*. The product is extremely soluble, purified and suitable for inclusion in the diet of athletes. Creatine 5.0 is the ideal support for very intense training and for those requiring high performance.

INDICATIONS

Useful for athletes who want to improve performance in repetitive, short, and intense activities (3g/day). For continued use at high doses (max 6g per day), do not exceed one month of intake.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 4 grams of the product per day (1 scoop), dissolved in a glass of water. The dosage can go up to 6g of creatine per day, equivalent to 8 grams of product, for no more than a month. (4g of product is equivalent to 3g of creatine).

INGREDIENTS

Crea3Power® (monohydrate creatine, creatine citrate, tri-creatine malate), adenosine-5'-triphosphate (ATP) disodium salt, flavorings, acidity regulator: citric acid; sweetener: sucralose.

Warnings: Food supplements should not be considered as substitutes for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age. The product is intended for adults engaging in intense physical exercise. Do not use in children, during pregnancy and breastfeeding, or for prolonged periods without consulting a doctor. The minimum shelf life refers to the product in its intact package, properly stored. Store the product in a cool, dry place, away from heat sources. Produced in a facility that processes ingredients containing milk (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish. *The product is tested to be free from anabolic steroids, stimulants, and SARMS.

AVERAGE CONTENTS

Daily dose	4g
CREA3POWER® OF WHICH CREATINE	3,4 g 3 g
ADENOSINE-5'-TRIPHOSPHATE (ATP) DISODIUM SALT	200 mg

CREATINE VECTOR®

CREATINE AND VITAMIN C FOOD SUPPLEMENT FOR THE DIET OF ATHLETES



PACKAGING: 20 SACHETS, 8 g EACH

CREATINE IS ABLE TO INCREASE PHYSICAL PERFORMANCE DURING SHORT-DURATION, HIGH-INTENSITY AND REPETITIVE EXERCISE

INFORMATION

Creatine is transformed in creatine phosphate by the body and it is used to convert quickly ADP into ATP. A creatine reserve improves training intensity and recovery, in sports with anaerobic components. Response and muscular efficiency are highly influenced by creatine presence.

FEATURES

Creatine is able to increase physical performances during highly intense and short duration, repetitive activities. Zinc and calcium promote normal protein synthesis, physiological energy metabolism and normal muscular function. The beneficial effect is obtained by consuming 3g of creatine/day. Creatine Vector is a product combining creatine, amino acids, minerals and vitamins (metabolic cofactors), useful nutrients to endogenous creatine synthesis. Vitamin C, at the proposed dosage, contributes to maintain a normal functioning of the immune defense system during and after an intense physical exertion, and protects cells from oxidative stress. This product does not contain gluten (Gluten Free), therefore is suitable also for people with celiac disease or gluten intolerances.

INDICATIONS

Creatine Vector® is a creatine food supplement suitable for the diet of athletes desiring to increase physical performance during short-duration, high-intensity and repetitive exercise.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 1 sachet per day with about 200ml of water, preferably between meals. For the diet of athletes, during loading phases it is possible to take up to 2 sachets per day (equal to 6 g of creatine) for no longer than 30 days, then take 1 sachet per day. When consuming creatine it is recommended to drink plenty of water.

INGREDIENTS

Creatine monohydrate, Dipotassium phosphate, Acidifier: citric acid; Calcium carbonate, Sucrose 3.5%, L-ascorbic acid (vitamin C), anti-caking agent: silicon dioxide; L-arginine alpha-ketoglutarate, Dextrose 2.0%, L-glutamic acid, Taurine, Aroma, Glycine, L-arginine, Zinc Gluconate, L-glutamine, Sweetener: sucralose; Alpha Acid lipoic. Dye: riboflavin; Maltodextrin.

RECOMMENDED FOR

ATHLETES AIMING AT IMPROVING MUSCULAR PERFORMANCES

- Athletes carrying out very intense and repetitive training sessions with frequent sprints
- Athletes who need to improve muscular reactivity

WHEN TO USE CREATINE VECTOR®



Warnings: store in a cool dry place away from light. The expiration date applies to the product in its intact container when stored as directed. Do not exceed recommended daily dosage. Keep out of reach of children under the age of 3. Nutrition supplements are not intended to be used as substitutes for a varied, balanced diet and a healthy lifestyle. The product is designed for adults practicing intense physical activities. Do not use in pregnancy, in children or for long periods without any medical advice. In rare cases acid lipoic can give hypoglycemia, we recommend to hear the doctor's advice. This product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	Per dose (1 sachet, 8 g)	%NRV per dose
Typical Values		
Creatine	3000 mg	-
L-arginine alpha-ketoglutarate (AAKG) of which L-Arginine	169 mg 11 mg	-
L-Arginine	89 mg	-
L-glutamic acid	150 mg	-
Taurine	150 mg	-
Glycine	100 mg	-
L-Glutamine	50 mg	-
Lipoic acid	10 mg	-
Vitamin C	200 mg	250 %
Potassium	644 mg	32 %
Calcium	120 mg	15%
Phosphorus	255 mg	36%
Zinc	6.3 mg	63%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

EAA ESSENZIALI ENHANCED FORMULA

SOLUBLE ESSENTIAL AMINO ACIDS



RECOMMENDED FOR

- Endurance athletes needing muscle support and optimal recovery
- Strength athletes and bodybuilders to promote protein synthesis and muscle growth
- Those doing intense and frequent training, to counteract muscle catabolism

- Athletes in a cutting phase or on a low-carb diet, thanks to the zero-carb formula
- Those seeking high-quality supplementation with selected ingredients and Doping-Free Tested
- People with gluten intolerance, thanks to the gluten-free formulation

WHEN TO USE



PACKAGING: 300 G JAR

INFORMATIONS

Essential amino acids (EAA) are critical for protein synthesis and muscle maintenance since the body cannot produce them on its own. Ideal for athletes, they help with recovery, counteract catabolism, and support performance. Supplementing them is especially useful during intense training or when protein needs are increased.

FEATURES

EAA - Enhanced Formula - ESSENTIAL AMINO ACIDS Soluble is a supplement of Essential Amino Acids with Glutamine, Zinc, and Vitamin B6, formulated to support protein synthesis, muscle recovery, and reduce fatigue. With its advanced formula, carb-free and gluten-free, it is ideal for endurance and strength athletes who want targeted and effective supplementation. Zinc contributes to normal protein synthesis, while vitamin B6 supports energy and protein metabolism and reduces fatigue. It is Doping-Free Tested, highly soluble, and has a pleasant natural lemon flavor.

INGREDIENTS

Branched-chain amino acids (BCAA) [L-leucine, L-valine, L-isoleucine], maltodextrin, L-lysine hydrochloride, flavoring, L-glutamine, acidity regulator: citric acid; L-threonine, L-phenylalanine, L-methionine, L-tyrosine, L-arginine, L-histidine, L-tryptophan, zinc picolinate (zinc), pyridoxine hydrochloride (Vitamin B6), L-cysteine hydrochloride, sweeteners: sucralose, acesulfame K; carotenoids.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 2/3 of a scoop (4 g) in about 200-250 ml of water and take according to individual needs. Ideal for supporting protein synthesis and muscle recovery. The product can also be used to supplement the daily need for essential amino acids, even if no physical activity is being practiced.

AVERAGE CONTENT

	PRI (mg/kg/day)	PER DOSE (4 g)
Leucine	39	800
Isoleucine	20	370
Valine 26	408	408
Lysine Hcl	30	360
Methionine	15 A	120
Phenylalanine	25 B	180
Threonine	15	180
Tryptophan	4	50
Histidine	10	80
Glutamine	-	220
Zinc	-	3 mg (30%**)
Vitamin B6	-	0.7 mg (50%**)

[A*] The PRI value of 15 mg/kg/day refers to the combination of Methionine and Cysteine, as indicated by the FAO/WHO/UNU report (2007). This product provides only Methionine.

[B*] The PRI value of 25 mg/kg/day refers to the combination of Phenylalanine and Tyrosine, as indicated by the FAO/WHO/UNU report (2007). This product provides only Phenylalanine.

Supplements should not replace a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under 3 years of age. Do not use during pregnancy or in children. In case of prolonged use, consult your doctor. Store in a cool, dry place, away from heat sources. Produced in a facility that uses milk-based ingredients (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish.

*The product is tested free of anabolic agents, stimulants, and SARMS.

MAIN FUNCTIONS

Advanced Formulation

- **Enhanced EAAs:** essential amino acids with Glutamine, Zinc, and Vitamin B6
- **Zero Carbo Formula:** perfect for athletes in cutting phases or those on low-carb diets.
- **High solubility:** easily dissolves in water, making consumption practical and quick.
- **Natural lemon flavor:** pleasant and refreshing.

Main Benefits

- **Support for protein synthesis:** thanks to the essential amino acids and Zinc.
- **Optimal muscle recovery:** ideal after intense workouts, helps counteract
- **Reduction of fatigue and tiredness:** thanks to Vitamin B6, contributes to proper energy metabolism and reduction of fatigue.

Composition and Dosage

- **Essential amino acids** with BCAAs (L-leucine, L-isoleucine, L-valine) and other key EAAs.
- **Glutamine**, to support recovery and muscle well-being.
- **Zinc** (30% NRV): supports normal protein synthesis and immune function.
- **Vitamin B6** (50% NRV): helps energy metabolism and reduces fatigue.
- **Recommended dosage:** 4 g (2/3 scoop) dissolved in 200-250 ml of water.

Quality and Safety

- **Aspartame and saccharin free:** no obsolete artificial sweeteners.
- **Vegan and Vegetarian Friendly:** also suitable for those on plant-based diets.
- **Doping-Free Tested*:** tested for the absence of anabolic steroids, stimulants, and SARMS

**NRV: Reference nutrient values (adults) in accordance with REG. EU 1169/2011

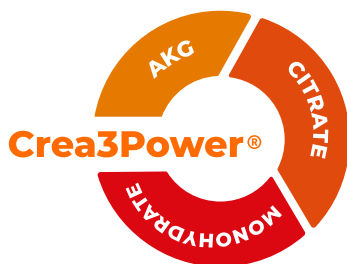
CREATINA TABS

CREATINE FOOD SUPPLEMENT WITH **Crea3Power®**



IMPROVES YOUR PERFORMANCE¹

NEW GENERATION PRE-WORKOUTS



PACKAGING: 120 CPR JAR, 1.43 G EACH

RECOMMENDED FOR

SUITABLE FOR ATHLETES WHO WANT TO IMPROVE MUSCLE PERFORMANCE

- People who carry out very intense, repetitive exercise with repeated sprints
- Athletes who need to enhance muscle reactivity

WHEN TO USE CREATINA TABS



Warnings: do not exceed the recommended daily dose. Keep out of reach of children under the age of 3. Supplements are not intended as substitutes for a varied, balanced diet and a healthy lifestyle. This product is aimed at adults who do intense exercise. Do not use in children, during pregnancy and breast-feeding or for long periods without any medical advice. Store in a cool, dry place. The best before end refers to the product in its intact container when stored as directed. This product is tested free from nandrolone and testosterone with their precursors, free from amphetamines and ephedrines.

CREATINE IS ABLE TO INCREASE PHYSICAL PERFORMANCE DURING SHORT-DURATION, HIGH-INTENSITY AND REPETITIVE EXERCISE

FEATURES

Creatine is able to increase physical performance in case of repetitive, high intensity and short duration activity. The beneficial effect is obtained with the intake of 3g/day of creatine¹. Crea3Power® offers the body three different bioavailable forms of creatine, for the best performance. Crea3Power® is a blend developed by the R&D department of EthicSport, which provides creatine monohydrate, creatine citrate and creatine AKG (alpha-ketoglutarate). These three forms of creatine allows a modulation of creatine intake and effective stimulation of the body. These are the three most studied forms of creatine, supported by solid scientific literature that prove its effectiveness.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 3 tablets per day (equal to 3 g of creatine), accompanied by a large glass of water.

INDICATIONS

Useful for the diet of athletes who want to increase physical performance during short-term, high intensity, repeated exercise bouts. For the diet of athletes the daily intake can be up to 6 g (6 tablets), it is recommended to take the product for no longer than 1 month.

INGREDIENTS

Crea3Power® (Creatine monohydrate, Creatine citrate, Creatine alpha-ketoglutarate) bulking agents: microcrystalline cellulose, hydroxy-propyl-cellulose; Stabilizers: mono- and diglycerides fatty acids, glycerol, polyethylene glycol; Coating agents: hydroxy-propyl-methylcellulose, talc; Anti-caking agents: silicon dioxide, magnesium salts fatty acid.

TYPICAL VALUES

	Per dose (3 tablets)
Crea3Power®	3,65 g
of which CREATINE	3,00 g

FL100 SPORT®

NATURAL MEDICAL DEVICE CE 0477



LACTIC ACID MANAGEMENT



- 100% NATURAL
- SCIENTIFICALLY STUDIED
- REDUCES LACTIC ACID
- SPEEDS UP RECOVERY
- IMPROVES BODY EFFICIENCY

A CHI SI RIVOLGE

- All sports requiring an intense muscular exertion
- People who train with high intensity

WHEN TO USE FL100 SPORT®



PACKAGE: 180 TABLETS, 500 mg/each

HIGH QUALITY ZEOLITE OBTAINED WITH PMA TECHNOLOGY

INFORMATION

It is known that during any physical activity, muscles produce lactic acid: the more intense the exercise is, the greater the production of lactic acid. When the sportsman trains in anaerobic conditions, or very close to the threshold, the production of lactic acid is at its maximum and the feeling of muscular fatigue increases. In particular, when the speed of production of lactic acid is higher than the ability of the body to dispose it, muscles are less efficient, pain arises and you need to stop.

FEATURES

FL 100 Sport® is a natural medical device whose active substance can act as ion exchanger in gastro-intestinal tract and connect damaging substances. FL 100 Sport® is natural zeolite clinoptilolite-based and is optimized thanks to a special process, Panaceo Micro Activation PMA (Zeolite PMA). In PMA Zeolite the biochemical features are remarkably increased. It is known that physical stress, mainly if repeated, can modify gastrointestinal epithelium, causing "leaky gut". This can be caused by wrong training sessions or nutrition, excessive physical stress or similar factors, certainty of this can be given only by the doctor. It is showed that FL 100 Sport® strengthen intestinal mucosa and protective barrier against extraneous agents. Zeolite PMA thanks to ion exchanger can reduce heavy metals like Pb, Cd, As, Ni, Cr and ammonium that are in gastro-intestinal tract. PMA Zeolite is completely removed by feces.

INDICATIONS

Natural medical device for intestinal wall regeneration (leaky gut) in case of high physical stress. FL 100 Sport® is a natural medical device whose active substance may act as an ion exchanger in the gastrointestinal tract and selectively bind certain harmful substances. Useful in case of a marked physical effort and high oxidative stress. The effect is based on the particular feature of activated Zeolite PMA, which reduces in a way selective presence of certain harmful substances

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 2-3 capsules three times per day with little water (minimum 100 ml) during main meals. In case of intense physical exertion, as during very hard training or competitions, take 6 capsules before and after the performance.

INGREDIENTS

Ingredients per capsule: Zeolite PMA 328 mg, dolomite 82 mg (of which calcium 18,37 mg, magnesium 10,5 mg). Capsule: cellulose 90 mg

Warnings: the intake is recommended for adults over the age of 18. As they are not yet sufficient data are available, its use cannot be recommended for children and adolescents (under 18 years), in pregnant and breastfeeding women. To avoid adverse interactions with medicines, it is recommended to take FL100 Sport® with a delay 2 hours. Unless otherwise prescribed, medications must be taken before zeolite. If you notice unusual effects suspend intake. Since FL100 Sport®, as a side effect, can increase the immune activity of the body, while taking medicines, you must inform your doctor. They are not known side effects apart from occasional constipation. This is especially important in the presence of chronic constipation. When taking medication for heart problems, you should inform your doctor (due to dolomite content). Do not exceed the prescribed daily dose without prior consultation medical. Do not inhale. Keep away from the reach of children under 6 years of age. Close well the packaging after use. Constant checks ensure High quality and efficacy as a medical device in accordance with European Directive 93/42/CEE.

FL 100 Sport® is a natural medical device CE 0477 - Read warnings and instructions for use carefully.

HMB PLUS

HMB AND VITAMIN B6 FOOD SUPPLEMENT



MUSCLE STRENGTHENING AND RECOVERY FROM INTENSE ACTIVITY



- EXTREMELY PURE

- EACH TABLET PROVIDES
1 g OF HMB

- WITH VITAMIN B6 TO
COUNTERACT FATIGUE AND
TIREDNESS



PACKAGE: 90 TABLETS, 1300 mg/EACH

RECOMMENDED FOR

- People who do strength or endurance training
- People who look for an anti-catabolic and/or ergogenic effect

WHEN TO USE HMB PLUS



Warnings: do not exceed the recommended daily dose. Keep out of reach of children under the age of 3. Supplements are not intended as substitutes for a varied, balanced diet and a healthy lifestyle. Store in a cool, dry place. The best before end refers to the product in its intact container when stored as directed. *This product is tested free from nandrolone and testosterone with their precursors, free from amphetamines and ephedrines.

INFORMATION

HMB is a metabolite of the essential amino acid leucine and is synthesized by the human body. Vitamin B6 contributes to normal protein and glycogen metabolism and to the reduction of tiredness and fatigue.

FEATURES

HMB Plus is a β -hydroxy β -methylbutyrate food supplement made with top quality, gluten-free raw materials. This food supplement is tested free from doping substances by the Public Health Laboratory of Florence.

HOW TO USE AND RECOMMENDED DAILY DOSE

3 tablets per day, preferably between meals. In case of intense sport activity we suggest 3 tablets per day: 1 tablet after breakfast, 1 after protein-based snack after the training session and 1 tablet before going to sleep.

INGREDIENTS

Calcium hydroxymethylbutyrate (HMB); Charge agents: microcrystalline cellulose, dicalcium phosphate, hydroxy-propyl-methylcellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; Stabilizer: mono- and diglycerides of fatty acids; Vitamin B6 (Hydrochloride pyridoxine).

TYPICAL VALUES

	Per dose (3 tablets)	%NRV Per dose (3 tablets)
HMB	3 g	-
Vitamin B6	0.84 mg	60%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

BIBLIOGRAFIC INFORMATION ON PARTICULAR COMPONENTS

HMB, acronym of Idrossi Metil Butirrato, is a metabolic product, synthesized by the body to start from Leucine. In cellular environment, part of this essential amino-acid withstands a transamination reaction. The result is leucine keto-acid, called α -chetoisocaproato (KIC), which has anti-catabolic features precursor amino-acid. Most of (KIC) is converted into isovaleril-CoA, as around 5% is metabolised in Beta-idrossi Beta-metilButirrato (HMB). Definitively to synthesize around 3 grams of HMB needs around 60 grmas of Leucine, this doesn't happen usually. It's estimated that an adult body of 70 kg produces from 200 to 400 mg of HMB daily, obviously also on the basis of food contribution of leucine. Idrossi Metil Butirrato was discovered in pig's milk. Considered its presence in food, nowadays HMB is used like supplement. In accordance with several studies*, the supplementation with HMB has a good ergogenic effect, thanks to its anabolic, lipolytic and anti-catabolic features, with reduction of DOMS (Delayed Onset Muscle Soreness - Soreness or muscle pain of the day after, called also "DOMS")

**Effects of beta-hydroxy-beta-methylbutyrate (HMB) on exercise performance and body composition across varying levels of age, sex, and training experience: A review - Gabriel J Wilson Jacob M Wilson Anssi H Manninen*

RAMTECH® BCAA 2:1:1

BCAA FOOD SUPPLEMENT WITH β -ALANINE, ZINC AND VITAMINS B6-B1



TO NOURISH THE MUSCLES AND REDUCE RECOVERY TIME



- B.C.A.A. USEFUL IN THE ATHLETE'S DIET
- WITH β -ALANINA TO MANAGE VERY INTENSE PHYSICAL EFFORT
- WITH ZINC FOR AN OPTIMAL PROTEIN SYNTHESIS
- WITH PepFORM® FOR A BETTER ABSORPTION

POWERED WITH



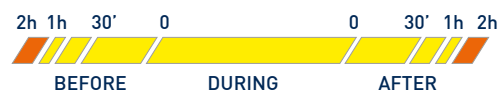
PACKAGING: 120 TABLETS, 1500 MG EACH
360 TABLETS, 1500 MG EACH
(1 G OF BCAA / TABLET)

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS REQUIRING GREAT MUSCULAR EXERTION

- People who want to improve recovery
- People who need to nourish their muscles
- People who do very intense and high-load training
- People who needs to reinforce muscle tissue

WHEN TO USE RAMTECH® BCAA 2:1:1



Warnings: supplements are not intended as substitutes for a varied diet, but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Do not use in pregnancy, in children or for long periods without any medical advice. Store in a cool, dry place away from light. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

INFORMATION

Branched-Chain Amino Acids (B.C.A.A) are essential to human nutrition. They represent the main constituent of muscular tissue and are useful in the diet of athletes. Peptides are small chains of amino acids that often are faster to assimilate than amino acids

FEATURES

Ramtech® BCAA 2:1:1 provides branched-chain amino acids, β -Alanine and Vitamins B. B-group vitamins (B6 and B1) contribute to normal energy metabolism. Vitamin B6 contributes to the reduction of tiredness and fatigue and to normal protein and glycogen metabolism. Zinc contributes to protein synthesis. Pepform® - Leucine Peptides allows an effective absorption of leucine. This product is useful for people who do intense sports. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Branched-chain amino acids are useful to supplement the athlete's diet.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take the product between meals and preferably after exercise. Maximum dosage allowed is 5 tablets per day. BCAA may be used even during particularly long and intense workouts.

INGREDIENTS

L-leucine, L-isoleucine, L-valine, Bulking agent: cellulose, stabilizers: hydroxypropyl methylcellulose, Cross-linked sodium carboxymethyl cellulose; Pepform® - Leucine Peptides (hydrolysed whey proteins, L-leucine) tit. 40% L-leucine tot, B-Alanine, Anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Citrate zinc, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1)

TYPICAL VALUES

	Per 1 tablet	Per 5 tablets (daily dosis)
L-Leucine	468 mg	2340 mg
PepForm® Leucine Peptides	80 mg	400 mg
of which L-Leucine	32 mg	160 mg
L-Isoleucine	250 mg	1250 mg
L-Valine	250 mg	1250 mg
β -Alanine	80 mg	400 mg
Thiamine (Vit B1)	0,17 mg (15% NRV)	0,83 mg (75% NRV)
VitaminB6	0,35 mg (25%NRV)	1,8 mg (125%NRV)
Zinc	3,0 mg (30% NRV)	15 mg (150% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011
L-Leucine tot. 5 tablets = 2500 mg

PepForm® Leucine Peptides is a brand owned by Glanbia Nutritionals Limited.

RAMTECH® BCAA 4:1:1

BCAA FOOD SUPPLEMENT WITH β -ALANINE, ZINC AND VITAMINS B6-B1



TO NOURISH THE MUSCLES AND REDUCE RECOVERY TIME



- B.C.A.A. USEFUL IN THE ATHLETE'S DIET
- WITH β -ALANINA TO MANAGE VERY INTENSE PHYSICAL EFFORT
- WITH ZINC FOR AN OPTIMAL PROTEIN SYNTHESIS
- WITH PepFORM® FOR A BETTER ABSORPTION

POWERED WITH



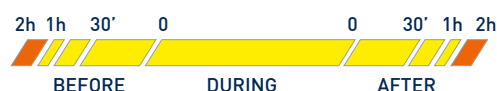
PACKAGING: 120 TABLETS, 1500 MG EACH
(1 G OF BCAA / TABLET)

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS REQUIRING GREAT MUSCULAR EXERTION

- People who want to improve recovery
- People who need to nourish their muscles
- People who do very intense and high-load training
- People who needs to reinforce muscle tissue

WHEN TO USE RAMTECH® BCAA 4:1:1



Warnings: supplements are not intended as substitutes for a varied diet, but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Do not use in pregnancy, in children or for long periods without any medical advice. Store in a cool, dry place away from light. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

INFORMATION

Branched-Chain Amino Acids (B.C.A.A) are essential to human nutrition. They represent the main constituent of muscular tissue and are useful in the diet of athletes. Peptides are small chains of amino acids that often are faster to assimilate than amino acids

FEATURES

Ramtech® BCAA 4:1:1 provides branched-chain amino acids, β -Alanine and Vitamins B. B-group vitamins (B6 and B1) contribute to normal energy metabolism. Vitamin B6 contributes to the reduction of tiredness and fatigue and to normal protein and glycogen metabolism. Zinc contributes to protein synthesis. Pepform® - Leucine Peptides allows an effective absorption of leucine. This product is useful for people who do intense sports. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Branched-chain amino acids are useful to supplement the athlete's diet.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take the product between meals and preferably after exercise. Maximum dosage allowed is 5 tablets per day. BCAA may be used even during particularly long and intense workouts.

INGREDIENTS

L-leucine, Bulking agent: cellulose; L-isoleucine, L-valine, , stabilizers: hydroxypropyl methylcellulose, Cross-linked sodium carboxymethyl cellulose, PepForm® - Leucine Peptides (hydrolysed whey proteins, L-leucine) tit. 40% L-leucine tot, B-Alanine, Anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Citrate zinc, pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1)

TYPICAL VALUES

	Per 1 tablet	Per 5 tablets (daily dosis)
L-Leucine	634,7 mg	3173,4 mg
PepForm® Leucine Peptides	80 mg	400 mg
of which L-Leucine	32 mg	160 mg
L-Isoleucine	166,7 mg	833,3 mg
L-Valine	166,7 mg	833,3 mg
β -Alanine	80 mg	400 mg
Thiamine (Vit B1)	0,17 mg (15% NRV)	0,83 mg (75% NRV)
VitaminB6	0,35 mg (25%NRV)	1,8 mg (125%NRV)
Zinc	3,0 mg (30% NRV)	15 mg (150% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011
L-Leucine tot. 5 tablets = 3333,4 mg

PepForm® Leucine Peptides is a brand owned by Glanbia Nutritionals Limited.

RAMTECH[®] HYDRO

BCAA FOOD SUPPLEMENT WITH β -ALANINE, ZINC AND VITAMINS B6-B1 WITH SWEETENER



TO NOURISH THE MUSCLES AND REDUCE RECOVERY TIME



- B.C.A.A. USEFUL IN THE ATHLETE'S DIET
- WITH β -ALANINA TO MANAGE VERY INTENSE PHYSICAL EFFORT
- WITH ZINC FOR AN OPTIMAL PROTEIN SYNTHESIS
- WITH PepForm[®] FOR A BETTER ABSORPTION
- INSTANT FORMULA

POWERED WITH



INSTANT FORMULA
PACKAGING: JAR 250 G
ORANGE FLAVOUR

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS REQUIRING GREAT MUSCULAR EXERTION

- People who want to improve recovery
- People who need to nourish their muscles
- People who do very intense and high-load training
- People who needs to reinforce muscle tissue
- People who needs intra-workout BCAA

WHEN TO USE RAMTECH[®] HYDRO



Warnings: supplements are not intended as substitutes for a varied diet, but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Do not use in pregnancy, in children or for long periods without any medical advice. Store in a cool, dry place away from light. The expiration date applies to the product in its intact container when stored as directed. The product is tested free of anabolic steroids, stimulants and SARMS.

INFORMATION

Branched-Chain Amino Acids (B.C.A.A) are essential to human nutrition. They represent the main constituent of muscular tissue and are useful in the diet of athletes. Peptides are small chains of amino acids that often are faster to assimilate than amino acids

FEATURES

Ramtech[®] Hydro provides branched-chain amino acids, β -Alanine and Vitamins B. B-group vitamins (B6 and B1) contribute to normal energy metabolism. Vitamin B6 contributes to the reduction of tiredness and fatigue and to normal protein and glycogen metabolism. Zinc contributes to protein synthesis. Pepform[®] - Leucine Peptides allows an effective absorption of leucine. This product is useful for people who do intense sports. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Branched-chain amino acids are useful to supplement the athlete's diet.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 dosis (2 small scoop = 10 g) in at least 250 ml of water. The product can be taken during intense activities (intra workout), dissolved in a bottle, also associated to other supplements. The product is also suitable for post workout. The maximum dosage allowed is 5g BCAA/day, equivalent to 2 measuring scoops.

INGREDIENTS

L-Leucine, fructo-oligosaccharides, L-Isoleucine, L-valine, Acidifier: citric acid; flavourings: anti-caking agent: silicon dioxide; beta alanine, Pepform leucine. (hydrolyzed whey protein, L-Leucine) tit 40% total L-leucine, sweetener: sucralose; emulsifier: sucrose esters of fatty acids; zinc gluconate, colouring: carotene; pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1).

TYPICAL VALUES

	Per dose (10g)	%NRV (Per dose)
L-Leucine	2420 mg	-
PepForm [®] Leucine Peptides	200 mg	-
of which L-Leucine	80 mg	-
L-Isoleucine	1250 mg	-
L-Valine	1250 mg	-
β -Alanine	350 mg	-
Thiamine (Vit B1)	0,83 mg	(75% NRV)
Vitamin B6	1,8 mg	(125%NRV)
Zinc	15 mg	(150% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

L-Leucine tot. per dose= 2500 mg

1 dose = 10g (2 measuring scoop = dose max/die)

PepForm[®] Leucine Peptides è un marchio registrato di Glanbia Nutritionals Limited.

HTP[®] HYDROLYSED TOP PROTEIN

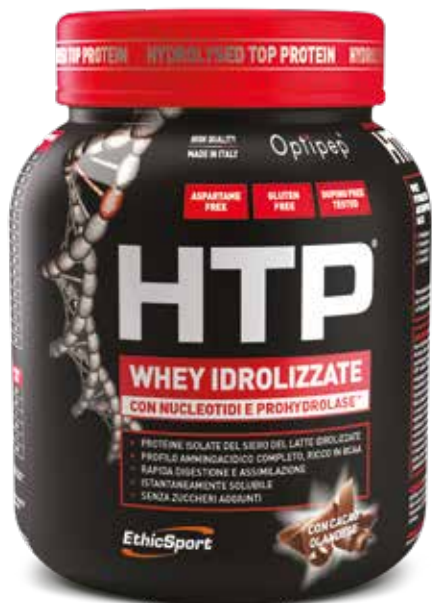
HYDROLYSED WHEY PROTEIN FOOD SUPPLEMENT

WITH PROHYDROLASE AND NUCLEOTIDES

Optipep[®]
Hydrolysed whey protein at its best



FOR INTENSE MUSCULAR EXERTION



PACKAGE: 750 g JAR WITH MEASURING SCOOP
1950 g JAR WITH MEASURING SCOOP
BOX 12 SACHETS, 30 g/EACH

- HYDROLYSED WHEY PROTEIN ISOLATE - OPTIPEP[®]
- WITH PROHYDROLASE[™], AN ENZYME BLEND PROMOTING PROTEIN DIGESTION
- WITH NUCLEOTIDES FROM RNA, TO IMPROVE THE NUTRITIONAL STRUCTURE OF THE BLEND
- COMPLETE AMINO ACID PROFILE, HIGH IN BCAA
- EXTREMELY RAPIDLY DIGESTED AND ABSORBED
- IMMEDIATELY SOLUBLE
- NO ADDED SUGARS

Disponibile nei gusti:

- cocoa
- vanilla
- Cookies

FEATURES

HTP[®] Hydrolysed Top Protein is a high protein food supplement made exclusively from isolated and hydrolysed whey protein. HTP[®] is extremely digestible and rapidly absorbed thanks to the high concentration of hydrolysed polypeptides. HTP[®] contains ProHydrolase[™], an exclusive blend of proteolytic enzymes, developed to support concentrated protein blend digestion and assimilation. The highly pure nucleotides contribute to improve this protein blend nutritional structure. The special hydrolysis technology of whey protein isolate is guaranteed by the Optipep[®] trademark. This blend also contains a high concentration of polypeptides, lactoglobulins, lactoferrin and BCAA. Vitamin B6 contributes to normal protein and glycogen metabolism, normal energy-yielding metabolism and to the reduction of tiredness and fatigue. Proteins contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones. This product is gluten-free, therefore is suitable for people with coeliac disease. HTP[®] has a natural, pleasant taste thanks to the careful balance of its ingredients.

INDICATIONS

HTP[®] Hydrolysed Top Protein is an extremely digestible product, with a high protein content for the growth and maintenance of muscle mass, useful for the diet of athletes who do intense exercise. This product is suitable in case of increased protein requirements.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 30 g product per day (3 measuring scoops) between meals, dissolved in about 250 ml of water or milk. This product can be consumed even after intense exercise, thanks to its exceptional digestibility.

INGREDIENTS CACAO

Whey protein (isolated and hydrolyzed Optipep[®]) (contains emulsifier: **soy** lecithin), Low-fat cocoa powder 5%, Flavors, Thickener: xanthan gum; Sweetener: sucralose; Nucleotides, ProHydrolase[™] (protease from fermented plant-based substrate and bromelain from Ananas comosus (L.) Merr., strains) standardized min. 3500 HUT/10 mg (contains **milk** and **soy** derivatives), Pyridoxine hydrochloride (vitamin B6).

INGREDIENTS VANILLA

Whey protein (isolated and hydrolyzed Optipep[®]) (contains emulsifier: **soy** lecithin), Flavors, Thickener: xanthan gum; Sweetener: sucralose, Nucleotides, ProHydrolase[™] (protease from fermented plant-based substrate and bromelain from Ananas comosus (L.) Merr., strains) standardized min. 3500 HUT/10 mg (contains **milk** and **soy** derivatives), Vitamin B6 (pyridoxine hydrochloride).

RECOMMENDED FOR

- Athletes who need protein nutrients for improved recovery
- To promptly provide polypeptides, useful to support muscles after intense activities
- To enhance and support muscle mass
- Professional athletes or people who do intense exercise

WHEN TO USE HTP[®]



Warnings: Food supplements are not intended as substitutes of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Do not use in pregnancy, in children or for long periods without your doctor's advice. Keep out of reach of children under the age of 3. This product has no added sugars it has naturally occurring sugars. Store in a cool, dry place. The best before end date applies to the product in its intact container when stored as directed. This product is tested free from nandrolone and testosterone, with their precursors, free from amphetamines and ephedrines.

NUTRITIONAL INFORMATION (VANILLA FLAVOUR)

	Per 100 g	Per serving (30 g)
Energy		
kJ	1608	482
Kcal	379	114
Typical Values		
Fat	1.2 g	0,36 g
of which saturates	0,92 g	0,27 g
Carbohydrate	1,35 g	0,41 g
of which sugars	1,35 g	0,41 g
Fiber	0 g	0 g
Protein	90,6 g	27,18 g
Salt (Nax2.5)	0,39 g	0,12 g
Vitamin B6	1,4 mg (100% NRV)	0,42 mg (30 %NRV)
Nucleotides	100 mg	30 mg
ProHydrolase [™] (proteases from fermented maltodextrins)	50 mg	15 mg
Enzyme activity	17500 HUT	5250 HUT

INGREDIENTS COOKIES

Whey protein (isolated and hydrolyzed Optipep[®]) (contains emulsifier: **soy** lecithin), Flavors, Cereal blend (oat bran*, quinoa, amaranth, buckwheat, millet), Low-fat cocoa powder, Thickener: xanthan gum; Sweetener: sucralose; Nucleotides, ProHydrolase[™] (protease from fermented plant-based substrate and bromelain from Ananas comosus (L.) Merr., strains) standardized min. 3500 HUT/10 mg (contains **milk** and **soy** derivatives), Acid regulator: citric acid; Vitamin B6 (pyridoxine hydrochloride).
*Gluten-free oats.

NRV: nutrient reference values (Reg. (EU) No. 1169/2011)

ETHICSPORT R&D HAS DEVELOPED HTP[®]: THE MOST ADVANCED PROTEIN BLEND NOW AVAILABLE FOR ATHLETES

Optipep[®]

Optipep[®] is registered trademark of Carbery, which stands for top quality whey protein hydrolysate (WPH). Whey protein hydrolysates are able to improve absorption kinetics, thus allowing for easier protein digestion, as well as for faster BCAA and EAA absorption. The large amount of polypeptides and oligopeptides make this blend suitable for faster replenishment of muscle glycogen stores and more effective muscle resynthesis.

ProHydrolase[®]

ProHydrolase[™] is an unique proteolytic enzyme blend, developed to support the digestion and absorption of concentrated protein blends. This special proteolytic blend has been studied to overcome bioavailability issues of whey protein digestion and assimilation. ProHydrolase[™] maximizes performance advantages of protein powders and help the body metabolize proteins more effectively.

NUCLEOTIDES from RNA

Nucleotides are the components of nucleic acids (DNA and RNA), macromolecules able to store biological information. Nucleotides are intracellular compounds of paramount importance for cell functioning and metabolism. These molecules have an important function, as they are able to provide energy to promote energy unfavourable chemical reactions, which normally would be too slow or not be possible. Several clinical studies showed the effectiveness and importance of nucleotide supplementation for various biological and nutritional aspects, also in the field of sport.

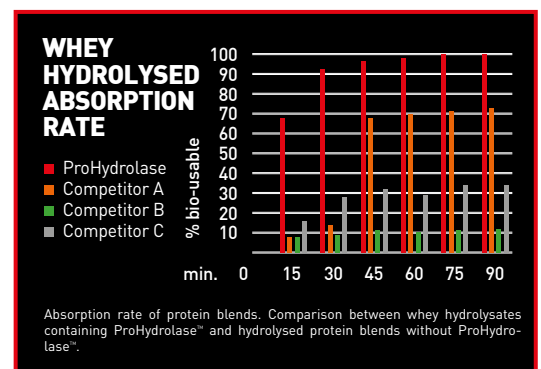
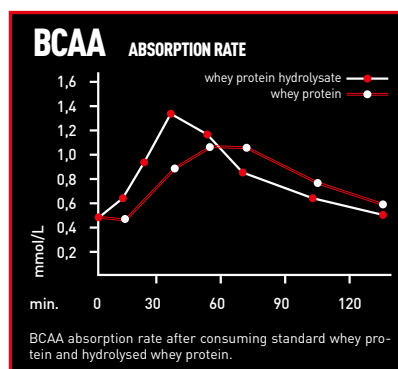
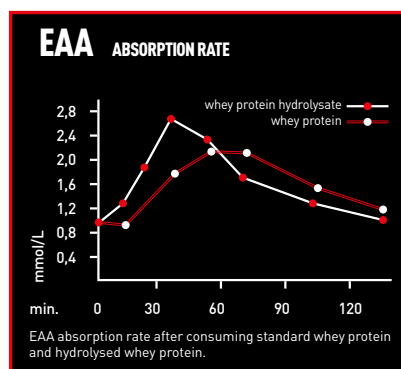
Amino acid content (in g)
per 100 g powder HTP

Alanine	4.56
Arginine	1.89
Aspartic acid	9.71
Cysteine*	2.06
Glutamic acid	16.14
Glycine	1.35
Histidine*	1.48
Isoleucine*	5.97
Leucine*	9.26
Lysine*	8.62
Methionine*	1.91
Phenylalanine*	2.65
Proline	5.16
Serine	4.35
Threonine*	6.22
Tryptophan*	1.33
Tyrosine*	2.41
Valine*	5.53

*Essential amino acids (cysteine and tyrosine are semi-essential amino acids)

Protein Fraction	% Protein
Beta-lactoglobulin	23.42
Alpha-lactalbumin	6.24
Glycomacropeptide	8.38
Serum albumin	0.65
Immunoglobulin	1.26
Lactoferrin	0.05

Protein Quality Index	valore
PDCAAS	1
Biological Value	104
BCAA	23%
EAA	52%



PROTEIN XTR[®]

PROTEIN FOOD SUPPLEMENT WITH ANABOLICMIX™ AND ZYMATE[®]



FOR INTENSE MUSCULAR EXERTION



PRODUCT FEATURES

- A BALANCED BLEND OF WPI AND WPC
- SEQUENTIAL RELEASE
- COMPLETE AMINO ACID PROFILE,
- HIGH IN BCAA
- HIGH BIOLOGICAL VALUE
- INSTANTANEOUSLY SOLUBLE
- EXTREMELY DIGESTIBLE
- PLEASANT AND NATURAL TASTE
- NO ADDED SUGARS

PLUS

- Enhanced formula with Leucine, HMB and HICA to promote the anabolic phase.
- Contains ZyMate, a mix of 5 enzymes that improve the digestibility of the product

900 g BAG WITH MEASURING SCOOP AND GUARANTEE SEAL.
500 g BAG WITH MEASURING SCOOP AND GUARANTEE SEAL (cocoa flavour)

Flavours:

■ Cocoa ■ Vanilla ■ Pineapple

Whey proteins enriched with ANABOLICMIX™ and ZYMATE[®] contribute to anabolism, therefore help the growth and maintenance of muscle mass and are particularly digestible.



Mixture of 5 digestive enzymes which facilitate the digestion of proteins.
amylase | protease | lactase | lipase | cellulase

ANABOLICMIX™



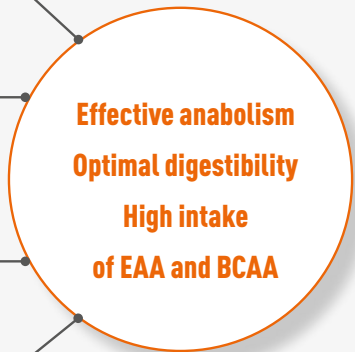
HICA It is a metabolite of leucine. WHEY proteins, enriched with HICA, are effective in anabolic processes and reconstructive of the musculature



HMB It is obtained from leucine metabolism. WHEY proteins together with HMB have an active role in the trophism and repair of muscle tissue.



LEUCINE Leucine is important for the athlete nutrition. It has an important role in protein synthesis, necessary for muscle growth and endurance.



FEATURES

Protein XTR[®] is a high protein food supplement made exclusively from whey proteins. It is useful for the diet of athletes who train daily and it is suitable in case of increased protein requirements. This product is highly digestible with a natural, pleasant taste. Technology used (cross flow ultra filtration and micro filtration) concentrates polypeptides, lactoglobulins, lactoferrin and a high BCAA concentration and guarantees a high solubility, which facilitates daily use of the product. The presence of ZyMate[®] a blend of 5 enzymes, promotes optimal digestion. Vitamin B6, which is contained in this product, contributes to normal protein and glycogen metabolism, normal energy-yielding metabolism and to the reduction of tiredness and fatigue. The formulation is enhanced with AnabolicMix™, a mix of Leucine, HMB and HICA (leucine metabolite). Whey proteins enriched with AnabolicMix™ contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones. This product is Gluten-free and Aspartame free.

RECOMMENDED

- People who do intense exercise
- Athletes who need to strengthen and sustain muscle mass

WHEN TO USE PROTEIN XTR[®]



PROTEIN XTR[®]

PROTEIN FOOD SUPPLEMENT WITH ANABOLICMIX™ AND ZYMATE[®]



INDICATIONS

Protein XTR[®] is suitable for sports activities requiring intense muscular exertion. It can be useful also in low-calorie diets, to contribute to the maintenance of muscle mass.

HOW TO USE AND RECOMMENDED DAILY DOSE

30 g of product per day (3 measuring scoops). Take it between meals, dissolved in approximately 250 ml of water or milk.

INGREDIENTS COCOA

Whey protein (WPC and WPI), Dutch cocoa 10%, inulin, flavorings, AnabolicMix™ (L-leucine, HICA: leucic acid, CaHMB: calcium hydroxymethylbutyrate), sweetener: sucralose; Vitamin B6 (pyridoxine hydrochloride), ZyMate[®] (blend of digestive enzymes from fermented maltodextrins: amylase, protease, lactase, lipase, cellulase).

INGREDIENTS VANILLA

Whey protein (WPC and WPI), inulin, flavorings, AnabolicMix™ (L-leucine, HICA: leucic acid, CaHMB: calcium hydroxymethylbutyrate), thickener: guar gum, sweetener: sucralose; Vitamin B6 (pyridoxine hydrochloride), ZyMate[®] (blend of digestive enzymes from fermented maltodextrins: amylase, protease, lactase, lipase, cellulase).

INGREDIENTS PINEAPPLE

Whey protein (WPC and WPI), inulin, flavorings, AnabolicMix™ (L-leucine, HICA: leucic acid, CaHMB: calcium hydroxymethylbutyrate), thickener: guar gum, sweetener: sucralose; Vitamin B6 (pyridoxine hydrochloride), ZyMate[®] (blend of digestive enzymes from fermented maltodextrins: amylase, protease, lactase, lipase, cellulase).

Warnings: food supplements are not intended as substitutes of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Do not use in pregnancy, in children or for long periods without your doctor's advice. Keep out of reach of children under the age of 3. Store in a cool, dry place. The best before end date applies to the product in its intact container when stored as directed. This product is tested free from nandrolone and testosterone, with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION COCOA		
	Per 100 g	Per dose (30 g)
ENERGY		
kJ	1777	536
kcal	421	127
TYPICAL VALUES		
Fat	7.8 g	2.37 g
of which saturates	4.48 g	1.34 g
Carbohydrate	8.4 g	2.5 g
of which sugars	7.5 g	2.2 g
Fiber	3 g	0.94 g
Protein	76 g	22.8 g
Salt (Nax2.5)	0.74 g	0.22 g
Vitamin B6	1.4 mg (100% NRV)	0.42 mg (30 %NRV)
Anabolic Mix™	480 mg	144 mg
of which leucine	400 mg	120 mg
of which HICA	40 mg	12 mg
of which CaHMB	40 mg	12 mg
Mixture of enzymes ZyMate [®]		
of which amylase	24 SKB	7 SKB
of which protease	6 HUT	2 HUT
of which lactase	4 ALU	1.2 ALU
of which lipase	1 FIP	0.3 FIP
of which cellulase	0.2 CU	0.1 CU

NUTRITIONAL INFORMATION VANILLA		
	Per 100 g	Per dose (30 g)
ENERGY		
kJ	1835	550
kcal	435	130
TYPICAL VALUES		
Fat	7.1 g	2.14 g
of which saturates	4.0 g	1.2 g
Carbohydrate	8 g	2.5 g
of which sugars	8 g	2.5 g
Fiber	6 g	1.8 g
Protein	80 g	24 g
Salt (Nax2.5)	0.44 g	0.13 g
Vitamin B6	1.4 mg (100% NRV)	0.42 mg (30 %NRV)
Anabolic Mix™	480 mg	144 mg
of which leucine	400 mg	120 mg
of which HICA	40 mg	12 mg
of which CaHMB	40 mg	12 mg
Mixture of enzymes ZyMate [®]		
of which amylase	24 SKB	7 SKB
of which protease	6 HUT	2 HUT
of which lactase	4 ALU	1.2 ALU
of which lipase	1 FIP	0.3 FIP
of which cellulase	0.2 CU	0.1 CU

NUTRITIONAL INFORMATION PINEAPPLE		
	Per 100 g	Per dose (30 g)
ENERGY		
kJ	1835	550
kcal	435	130
TYPICAL VALUES		
Fat	7.1 g	2.14 g
of which saturates	4.0 g	1.2 g
Carbohydrate	8 g	2.5 g
of which sugars	8 g	2.5 g
Fiber	6 g	1.8 g
Protein	80 g	24 g
Salt (Nax2.5)	0.44 g	0.13 g
Vitamin B6	1.4 mg (100% NRV)	0.42 mg (30 %NRV)
Anabolic Mix™	480 mg	144 mg
of which leucine	400 mg	120 mg
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Mixture of enzymes ZyMate [®]		
of which amylase	24 SKB	7 SKB
of which protease	6 HUT	2 HUT
of which lactase	4 ALU	1.2 ALU
of which lipase	1 FIP	0.3 FIP
of which cellulase	0.2 CU	0.1 CU

AMINO ACID CONTENT IN G PER 100 G POWDER (XTR VANILLA)	
Alanine	3.20
Arginine	1.60
Aspartic acid	7.21
Cysteine	1.41
Glutamic acid	12.56
Glycine	1.22
Histidine	1.73
Isoleucine	3.81
Leucine	6.84
Lysine	5.87
Methionine	1.40
Phenylalanine	2.09
Proline	3.79
Serine	3.35
Threonine	4.49
Tryptophan	1.07
Tyrosine	1.49
Valine	3.40

PROTEIN FRACTION	% PROTEIN
Beta-lattoglobuline	50-60
Alfa-lattoglobuline	15-20
Glicomacropptide	15-20
Siero albumina	1.0-2.0
Immunoglobuline	1.0-2.0
Immunoglobuline	0.1-1.0
Lattoferrina	0.1-0.5

CONDITION-SPECIFIC SUPPLEMENTS



CAFFEINA SUPREMA®

CAFFEINE-BASED DIETARY SUPPLEMENT

WITH GALANGA EXTRACT, TAURINE, THEANINE, AND VITAMINS

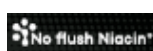
CAFFEINE 200MG/DOSE



FATIGUE AND CONCENTRATION



- 200 MG OF **CAFFEINE** PER DOSE, WITH MODULATED RELEASE
- WITH **NEWCAFF™** MICROENCAPSULATED CAFFEINE FOR PROGRESSIVE RELEASE
- WITH **ENXTRA®** GALANGA EXTRACT FOR SYNERGISTIC EFFECT WITH CAFFEINE
- WITH **THEANINE** TO SUPPORT MENTAL ALERTNESS AND COGNITIVE PERFORMANCE
- WITH **TAURINE**, USEFUL IN ACTIVITIES REQUIRING FATIGUE AND INTENSE FAT UTILIZATION
- WITH **THIAMINE**, RIBOFLAVIN, AND NIACIN FOR NORMAL ENERGY METABOLISM
- WITH **VITAMIN C** TO HELP REDUCE TIREDNESS AND FATIGUE



PACKAGING: 30 CAPSULES

RECOMMENDED FOR

- For those who need to manage fatigue and concentration.
- For those looking for mental clarity.
- For those who need extra energy, thanks to caffeine and taurine.
- For those facing activities that require high effort and endurance.

WHEN TO USE CAFFEINA SUPREMA®



WARNINGS: Do not exceed the recommended daily dose. Keep out of reach of children under 3 years old. Dietary supplements should not be considered as substitutes for a balanced and varied diet and a healthy lifestyle. Contains caffeine (200 mg per dose). Not recommended for children and during pregnancy and breastfeeding. It is recommended not to exceed 400 mg of caffeine per day from all sources. Do not take the product before bedtime or just before sleeping, or in conjunction with alcohol. Produced in a facility that uses milk-based ingredients (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish.

STORAGE

Store in a cool, dry place, protected from direct sunlight and localized heat sources. The minimum shelf life refers to the product stored correctly in an unopened package. Do not dispose of the product in the environment after use.

*The product is tested to be free of anabolic steroids, stimulants, and SARMS. NEWCAFF™ is a trademark of Lipotec S.A. or its affiliated companies.

FEATURES

Caffeina Suprema® is a dietary supplement with an innovative formula combining free caffeine and microencapsulated caffeine (NEWCAFF™ microcapsules) to achieve optimal distribution of its effects. Caffeine (200 mg per dose) helps increase mental clarity and improve concentration. The formula also contains taurine, theanine, vitamins, and Galanga extract. EnXtra® (concentrated extract from *Alpinia Galanga*), in combination with theanine, generates a strong synergistic effect with caffeine, which studies have shown to have a beneficial effect on concentration and mental clarity, with a constant and prolonged effect. Taurine is an amino acid useful during intense activities that require great effort, fatigue, and fat metabolism. Vitamin C and Niacin help reduce fatigue and tiredness and, together with Thiamine and Riboflavin, support normal energy metabolism.

INDICATIONS

A specific product to support intense and prolonged activities, particularly for optimal management of fatigue and concentration.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1 capsule per day, preferably in the morning or before an intense activity.

INGREDIENTS

Caffeine, Galanga (*Alpinia galanga* (L.) Willd.) Rhizome extract (EnXtra®), filler: hypromellose; ascorbic acid (Vitamin C), taurine, maltodextrin, theanine from green tea extract, microencapsulated caffeine (Microcapsule Newcaff™) (Caffeine 75%, coating agent: mono and diglycerides of fatty acids), inositol hexanicotinate (Niacin), anti-caking agents: magnesium salts of fatty acids, silicon dioxide; riboflavin (Vitamin B2), thiamine hydrochloride (Vitamin B1).

BIBLIOGRAPHIC SOURCES

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- 2) Jeukendrup AE, Randell R. Fat burners: nutrition supplements that increase fat metabolism. *Obes Rev.* 2011 Oct;12(10):841-51.
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- 4) Warskulat et al. Taurine transporter knockout depletes muscle taurine levels and results in severe skeletal muscle impairment but leaves cardiac function uncompromised. *FASEB J.* 2004 Mar;18(3):577-9.
- 5) Yatabe et al. Effects of taurine administration in rat skeletal muscles on exercise. *J Orthop Sci.* 2003;8(3):415-9.
- 6) Giesbrecht T, Rycroft JA, Rowson MJ, De Bruin EA. The combination of L-theanine and caffeine improves cognitive performance and increases subjective alertness. *Nutr Neurosci.* 2010 Dec;13(6):283-90.

AVERAGE NUTRITIONAL CONTENT

	Per 1 cps	%NRV 1 cps
Caffeine	150 mg	-
Microencapsulated Caffeine (NEWCAFF™ microcapsules) of which caffeine	66.64 mg 50 mg	- -
Galanga Extract	150 mg	-
Taurine	100 mg	-
Theanine from Green Tea Extract	70 mg	-
Vitamin C	100 mg	125%
Thiamine (Vitamin B1)	1,1 mg	100%
Riboflavin (Vitamin B2)	1,4 mg	100%
Niacin	32 mg	200%

NRV: Nutritional Reference Values (adults) as per EU Regulation 1169/2011

MAGNESIO LIQUIDO-DOUBLE POWER

MAGNESIUM FOOD SUPPLEMENT



HIGH DOSAGE MAGNESIUM



CONCENTRATED MAGNESIUM FOR ENHANCED ELECTROLYTE BALANCE AND GOOD MUSCLE FUNCTION



PACKAGING: 22 SACHETS, 25 ml EACH

RECOMMENDED FOR

- People with specific magnesium deficiencies
- People who often suffer from cramps
- People who feel tired and fatigued

WHEN TO USE MAGNESIUM LIQUIDO



Warnings: this product is intended to be used as part of a varied balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage, keep out of reach of children under the age of 3. Store in a cool dry place, away from light. The expiration date applies to the product in its intact container when stored as directed.

FEATURES

Magnesium contributes to electrolyte balance and normal muscle function. Magnesium supports normal nervous system function and regular energy metabolism, contributing to the reduction of tiredness and fatigue. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Tiredness and fatigue conditions, together with cramps.

HOW TO USE AND RECOMMENDED DAILY DOSE

1 sachet per day, when needed. Maximum dose is 2 sachets. The product can be used as it is or diluted in water

INGREDIENTS

Water, Sucrose, Fructose, Dextrose, Magnesium citrate, Magnesium pidolate, Preservatives: sodium lactate (sol. 60%), potassium sorbate, Jellifying agent: gum xanthan, Aroma, Acidifier agent: citric acid.

TYPICAL VALUES

	per sachet (25ml)	%NRV sachet
Magnesium	225 mg	60%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

MAGNESIUM FUNCTIONS IN ACCORDANCE WITH THE COMMISSION REGULATION (EU) N. 432/2012

- Magnesium contributes to a reduction of tiredness and fatigue
- Magnesium contributes to electrolyte balance
- Magnesium contributes to normal energy-yielding metabolism
- Magnesium contributes to normal functioning of the nervous system
- Magnesium contributes to normal muscle function
- Magnesium contributes to normal protein synthesis
- Magnesium contributes to normal psychological function
- Magnesium contributes to the maintenance of normal bones
- Magnesium contributes to the maintenance of normal teeth

PROSINTECH®

ESSENTIAL AMINO ACID FOOD SUPPLEMENT WITH VITAMINS AND ZINC



ESSENTIAL AMINO ACIDS POWERED FORMULA



- ESSENTIAL AMINO ACIDS
- NUTRIENTS USEFUL TO MEET PROTEIN REQUIREMENTS
- USEFUL SUPPLEMENT FOR LOW-CALORIE DIETS
- FORMULA BALANCED IN A.A. IN ACCORDANCE WITH PRI (POPULATION REFERENCE INTAKE)



PACKAGING: 120 TABLETS, 1450 mg EACH
300 TABLETS 1450 mg

RECOMMENDED FOR

- People who do intense and prolonged training
- Athletes who wish to optimize protein synthesis
- Supplement to diets with low protein intake
- People who wish to lose weight without losing muscle mass
- People with fragile nails and hair

WHEN TO USE PROSINTECH®



Warnings: do not exceed the recommended daily dose. Do not use in pregnancy, in children or for long periods without any medical advice. Nutrition supplements are not intended to be substitutes of a varied diet. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed. This product is intended to be used as part of a varied balanced diet and a healthy lifestyle. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

INFORMATION

The balanced presence of all the essential amino acids is necessary for the harmonious development of the muscle tissue. E.A.A. (Essential Amino Acids) are nutrients necessary for the reconstruction of tissues. They are called essential because our body is not able to produce them, this means that they can only be found in food. In a diet poor in proteins the quantity of these nutrients may not be sufficient or well-balanced, thus leading to a non-optimal muscle anabolism and cutaneous annex trophism.

Athletes are subject to heavier muscle catabolism than sedentary people, and may need to introduce these nutrients, especially when a diet does not provide enough protein with high biological value. A typical sign is a difficult harmonious and regular growth of muscle tissue and cutaneous annexes such as nails and hair. E.A.A. are very useful also in hypocaloric diets aimed at weight control, because they are important to support muscles and prevent to lose lean mass.

FEATURES

ProSintech® is a nutrition supplement of Essential Amino Acids (EAA) with vitamins and zinc. The vitamins contained have several functions, in particular Vit. B6 contributes to normal protein and glycogen metabolism. Zinc supports normal protein synthesis and contributes to the maintenance of normal skin, hair and nails. It also enables a regular carbohydrate metabolism. This product does not contain gluten (Gluten Free), therefore it is suggested also for people suffering from celiac disease or gluten intolerance.

INDICATIONS

Essential Amino Acids contribute to meet the protein needs of the body and are useful for the athlete's diet.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 3 tablets per day. Maximum dose is 5 tablets.

TYPICAL VALUES

	Per 5 tablets	%NRV or PRI per 5 tablets
L-Leucine	1290 mg	97,0% PRI
L-Isoleucine	645 mg	75,3% PRI
L-Valine	645 mg	75,3% PRI
L-Lysine	783 mg	70,0% PRI
L-Threonine	450 mg	71,5% PRI
L-Tryptophane	240 mg	69,0% PRI
L-Phenylalanine	500 mg	37,7% PRI
L-Methionine	750 mg	63,0 % PRI
L-Histidine	225 mg	20,2% PRI
L-Tyrosine	150 mg	11,3% PRI
L-Cystine	105 mg	-
Glutamic acid	75 mg	-
Vitamin B6	1,4 mg	100% NRV
Vitamin B1	1,1 mg	100% NRV
Zinc	11,2 mg	112% NRV

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

PRI: Population Reference Intake (proposed by the Scientific Committee on Human Food of the UE)

INGREDIENTS

L-leucine; Charge agents: microcrystalline cellulose, dicalcium phosphate; L-lysine hydrochloride; L-methionine; L-isoleucine; L-valine; L-phenylalanine; L-threonine; L-tryptophan; L-histidine; Stabilizers: mono- and diglycerides of acids fats, polyethylene glycol, glycerol; L-tyrosine; Coating agents: hydroxy-propyl-mtylcellulose, talc; L-cystine; L-glutamic acid; Anti-caking agents: silicon dioxide, Magnesium salts of fatty acids; Oxide zinc; Vitamin B6 (pyridoxine hydrochloride); Thiamine (thiamine hydrochloride).

TESTOGEN®

POLICOSANOL, ZINC, VITAMIN C AND MAGNESIUM
FOOD SUPPLEMENT, WITH TRIBULUS TERRESTRIS AND VINITROX™



RECOMMENDED FOR

- People who want to support stamina and reduce fatigue
- People who want to enhance their sporting competitiveness
- People who want to combat physical and mental fatigue
- People who want to combat oxidative stress

WHEN TO USE TESTOGEN®



PACKAGING: 60 TABLETS, 1200 mg EACH

THANKS TO ZINC, IT CONTRIBUTES TO THE MAINTENANCE OF NORMAL BLOOD TESTOSTERONE LEVELS

FEATURES

Testogen® is a dietary supplement of policosanols, zinc, vitamin C and magnesium, with Tribulus terrestris (tit 60%) and polyphenols of natural origin (from Vitis vinifera and from Malus domestica). The presence of Tribulus terrestris performs a tonic function and can be useful in cases of physical and mental fatigue. Zinc and vitamin C contribute to the protection of cells with oxidative stress, while magnesium and vitamin B6 help counteract fatigue and tiredness. Zinc also contributes to the maintenance of normal levels of testosterone in the blood. The product does not contain gluten (Gluten Free) is therefore also suitable for people with celiac disease or gluten intolerance.

INDICATIONS

The nutrients contained in this product have a tonic and anti-oxidant action, in particular the presence of zinc contributes to the maintenance of normal testosterone levels in the blood. The product is designed for adults

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 2 tablets per day. It is recommended to take the product for 2-3 months and to repeat the treatment.

INGREDIENTS

Tribulus terrestris (Tribulus terrestris L.) fruit e.s. tit. 60% saponins; Bulking agents: Microcrystalline cellulose, dicalcium phosphate; Magnesium oxide; Coating agents: hydroxy-propyl-methylcellulose, talc; Vinitrox™ [Vine polyphenols (Vitis vinifera L.) fruit e.s.; Apple (Malus pumila Mill.) false fruit (apple) e.s.]; Vitamin C [L-ascorbic acid]; Stabilizers: mono- and diglycerides of fatty acids, hydroxy-propyl-methylcellulose, polyethylene glycol, glycerol; anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Zinc gluconate; Colours: calcium carbonate, iron oxides and hydroxides; Policosanols rice; Vitamin B6 (pyridoxine hydrochloride).

Warnings: food supplements are not intended as substitutes for a varied, balanced diet and a healthy lifestyle. This product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage, keep out of reach of children under the age of 3. Do not use in pregnancy. Store in a cool dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

TYPICAL VALUES

	Per dose (2 tablets)	%NRV Per dose
Tribulus terrestris d.e. tit. 60% in saponins	1000 mg	-
Vinitrox™ of which total polyphenol	70 mg 66,5 mg	- -
Policosanols from rice	7,2 mg	-
Zinc	8 mg	80 %
Magnesium	263 mg	70 %
Vitamin C	48 mg	60 %
Vitamin B6	0.84 mg	60 %

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

BIBLIOGRAPHIC INFORMATION ABOUT PARTICULAR COMPONENTS

The release of **nitric oxide (NO)** is at the basis of the vasodilation process. As physical exercise goes on, it gets harder and harder to maintain an optimal production of this important compound. The quantity of free radicals produced is also a direct consequence of physical activity and of muscle exertion intensity, and usually it is proportional to oxidative stress. Scientific literature about **ViNitrox™** suggests that this product, high in molecule with antioxidant function, supports the physiological production of NO, promoting optimal vasodilation and maximal aerobic power.

Testosterone is a hormone naturally produced by our body and it is responsible for male physical characteristics. It is involved in muscle mass and tone enhancement and it generates a feeling of wellbeing and physical efficiency. Zinc is part of testosterone receptor, important for zinc supplementation (better if assisted by vitamin B6) can contribute to the maintenance of normal blood testosterone levels. **Octacosanol**, which is one of the policosanols contained in Biocosanol™, supports stamina and enables an optimal use of oxygen in the cells (US Pat 3,031,376; 24 Apr 1962).

Bibliographic references: W Zenebe, O Pechanova, R. Andriantsitohaina, Red Wine Polyphenols Induce Vasorelaxation by Increased Nitric Oxide Bioactivity, 2003, Physiol. LMB. 52:425-432S. Benito and AL, A flavonoid-rich diet increases nitric oxide production in rat aorta, British Journal of Pharmacology, 2000;135:910-916 Folland JP. The influences of nitric oxide one in vivo human skeletal muscle properties. Acta Physiol Scand.2000.169.p:141)

THERMO MASTER®

FOOD SUPPLEMENT ADJUVANT OF LOW-CALORIE DIETS AIMING AT WEIGHT CONTROL AND REDUCTION



ADVANCED WEIGHT LOSS SPORT FORMULA



MAIN FUNCTIONS

- Metabolism stimulus¹**
- Body weight balance²**
- Carbohydrate metabolism³**
- Drainage of body fluids⁴**
- Fatigue reduction⁵**

ACTIVE INGREDIENTS

- MAXITHERM**
 - PIPER NIGRUM**
 - CARNITINE**
 - GREEN TEA**
 - VITAMINS**
 - CAFFEINE**
- (200mg/dose)



PACKAGING: 50 TABLETS, 1.05 g EACH

ACTIVE COMPONENTS: GREEN TEA (98%), CLARINOL® (CLA), CAFFEINE, PIPER NIGRUM, CHROMIUM PICOLINATE, ACETYL-CARNITINE, GINSENG

FEATURES

Thermo Master® is designed to help controlling or reducing weight, in association with well balanced low-calorie diets and healthy lifestyles, with a proper amount of physical activity. Green tea contributes to weight control, ginseng promotes carbohydrates' metabolism in case of physical and mental fatigue. Chromium helps to maintain normal levels of blood glucose. This product contains Piper Nigrum's extract (tit. 95% in piperine), useful for digestive function. Folic acid contributes to tiredness and fatigue reduction, vitamin B2 and B6 contributes to normal energy metabolism. This product contain also bromelain, acetyl-L-carnitine, Clarinol (conjugated linoleic acid) and high caffeine content (200 mg/dose die).

INDICATIONS

Thermo Master can be a useful supplement for low-calorie diets aimed at weight control and reduction

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 2 tablet per day, preferably in the morning or approx. 2 hrs before sports activities.

INGREDIENTS

Bulking agents: microcrystalline cellulose, dicalcium phosphate; L-Carnitine base; Caffeine powder; Coating agents: hydroxy-propyl-methyl cellulose, talc; Linoleic acid-linked (CLA); Green tea (Camellia sinensis (L.) Kuntze) leaf e.s. tit. 20% polyphenols, 8% EGCG (Epigallocatechinagallate), 5% caffeine; Ginseng (Panax ginseng C.A. Mey.) root e.s. tit. 2% Ginsenosides; Anti-caking agents: magnesium salts of fatty acids, silicon dioxide; Stabilizers: mono- and diglycerides of fatty acids, glycerol, polyethylene glycol; Colour: iron oxides and hydroxides, calcium carbonate; MaxiTherm, SD [Cayenne pepper (Capsicum annum L.) fruit e.s. tit. 2% capsaicinoids; Bromelain 2500 GDU*/g; Coating agents: starch, ethylcellulose, starch]; Piperine from black pepper (Piper nigrum L.) fruit e.s.; Niacin (nicotinamide); Vitamin B6 (pyridoxine hydrochloride); Riboflavin; Thiamine (thiamine hydrochloride); Chromium picolinate; Folic acid (pteroyl-monoglutamic acid).

RECOMMENDED FOR

- People who want to control their body weight
- People on hypocaloric diets
- People who look for an extra support during sport

WHEN TO USE THERMO MASTER®



Warnings: this product is not intended as a substitute for a varied diet and must be used as part of a correct low-calorie diet, combined with a healthy lifestyle and good physical activity levels. If the diet lasts more than 3 weeks, it is recommended to consult a doctor. Do not exceed the recommended daily dosage, keep out of reach of children under the age of 3. Contains milk and soy derivatives. Thermo Master® contains caffeine (200 mg per tablet). Not recommended in children or during pregnancy and breast-feeding. It is recommended not to exceed a daily intake of 400 mg of caffeine from all sources. Store in a cool, dry place. The expiry date applies to the product in its intact container stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrines.

TYPICAL VALUES

	per 2 cpr	% NRV per 2 cpr
Carnitine	300 mg	
Caffeine	197 mg	
CLA (conjugated linoleic acid)	80 mg	
Green tea dry extract	60 mg	
of which polyphenols	12 mg	
of which Epigallocatechinagallate (EGCG)	4,80 mg	
of which caffeine	3 mg	
Ginseng dry extract	50 mg	
of which ginsenosides	1 mg	
MaxiTherm SD (Cayenne pepper)®	25 mg	
of which capsaicinoids	0,50 mg	
Bromelain	10 mg	
of which enzymatic activity	25 (GDU)	
Niacin	6 mg	37,50%
Piperine from Black Pepper	4,50 mg	
Riboflavin (Vitamin B2)	1,40 mg	100%
Vitamin B6	1,40 mg	100%
Thiamine (Vitamin B1)	1,10 mg	100%
Folic Acid	200 µg	100%
Chromium	20 µg	50%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

BARS AND SPORTS FOOD



ENERGY

ENERGY BAR



HUNGER DURING TRAINING OR COMPETITION



GUSTI:

PEACH AND APRICOT

APPLE AND GRAPEFRUIT

- SUSTAINED AND DISTRIBUTED ENERGY
- HIGH ENERGY CONTENT
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE
- GLUTEN AND PALM OIL FREE

FEATURES

The bars of the ENERGY line are designed for those who practice physical activity. The New ENERGY peach-apricot is an energy food with carbohydrates with modulated absorption, also thanks to the presence of almond paste. It also contains rice crispies, oatmeal and dried fruit, all gluten-free. The particular formulation provides energy quickly, but the special mix generates a prolonged release. This bar is particularly suitable for endurance sports but perfectly meets the needs of all sports. It is prepared without added preservatives and artificial dyes, is extremely digestible and easily chewable. The new ENERGY peach-apricot has a fruity and balanced taste, retains its consistency even in extreme climatic conditions.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS PEACH AND APRICOT

Almond paste (sugar, almonds 36%, water, humidifier: sorbitol, invert sugar syrup, glucose syrup, humidifier: invertase), glucose syrup, rice crispies (rice flour, sugar, sunflower seed oil, salt), gluten-free oat flakes, Dried apricots 6% (apricots, preservative: sulfur dioxide), peach paste taste- chocolate 5% (cocoa, sugar, peach, sunflower oil, emulsifier: soy lecithin, acidifier: citric acid, vegetable concentrate (carrot), flavourings, stabilizing: pectin), rice flour, maltodextrin, dextrose, fructose, cocoa butter, dextrin, wafer (potato starch, water, sunflower seed oil), flavorings, cocoa powder, acidifiers: citric acid and L-malic acid, dye; curcumin. *May contain traces of other nuts, peanuts*

INGREDIENTI APPLE AND GRAPEFRUIT

Almond paste (sugar, almonds (36%), water, humidifier: sorbitol, invert sugar syrup, glucose syrup, humidifier: invertase), glucose syrup, rice crispies (rice flour, sugar, sunflower seed oil, salt), gluten-free oat flakes, fruit paste 6% (sugar, apple powder, apple juice, apple puree, fructose, glucose syrup, water, lemon juice, concentrated grapefruit juice, flavourings, acidity regulator: citric acid, sodium citrate; antioxidant: ascorbic acid, thickeners: agar-agar, pectin, xanthan gum, carrageenan; colouring matters: anthocyanins), sultanas (sultanas, sunflower seed oil), rice flour, maltodextrin, dextrose, fructose, dehydrated apple 2%, cocoa butter, dextrins, wafer (potato starch, water, sunflower seed oil), flavourings, acidifiers: citric acid and L-malic acid, colour: chlorophyll. *May contain traces of other nuts, milk, egg and soy*

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY BAR first during training sessions.

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store
- Useful for those who practice endurance activity
- Useful for those who train hard
- Suitable as mid-morning snack



PACKAGING: 25 BARS, 35 G EACH

WHEN TO USE ENERGY PEACH-APRICOT



Warnings: Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed

NUTRITIONAL INFORMATION PEACH AND APRICOT

	Per 100 g	Per bar (35 g)
Energy		
kcal	395	138
kJ	1669	584
Typical Values		
Fat	11 g	3.8 g
of which saturates	2.0 g	0.7 g
Carbohydrate	69 g	24 g
of which sugars	47 g	16 g
Fiber	1.3 g	0.5 g
Protein	4.6 g	1.6 g
Salt (Na x 2.5)	0.07 g	0.02 g

NUTRITIONAL INFORMATION APPLE AND GRAPEFRUIT

	Per 100 g	Per bar (35 g)
Energy		
kcal	392	137
kJ	1651	578
Typical Values		
Fat	10 g	3.5 g
of which saturates	1.7 g	0.6 g
Carbohydrate	70 g	25 g
of which sugars	47 g	16 g
Fiber	1.4 g	0.5 g
Protein	4.4 g	1.6 g
Salt (Na x 2.5)	0.04 g	0.01 g

ENERGY

ENERGY BAR



HUNGER DURING TRAINING OR COMPETITION



FLAVOURS:
PINEAPPLE AND COCONUT
PEAR AND CHOCOLATE

- SUSTAINABLE AND TIME-BASED ENERGY
- HIGH ENERGY CONTENT
- EXCELLENT TASTE AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE
- GLUTEN FREE AND PALM OIL FREE

FEATURES

The bars of the ENERGY line are designed for those who practice physical activity. The New ENERGY pear and chocolate is an energy food with carbohydrates with modulated absorption, also thanks to the presence of almond paste. It also contains rice crispies, oatmeal and dried fruit, all gluten-free. The particular formulation provides energy quickly, but the special mix generates a prolonged release. This bar is particularly suitable for endurance sports but perfectly meets the needs of all sports. It is prepared without added preservatives and artificial dyes, is extremely digestible and easily chewable. The new ENERGY peach-apricot has a fruity and balanced taste, retains its consistency even in extreme climatic conditions.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE At least 60-90 minutes before starting an intense activity, with a little water.
DURING Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY BAR first during training sessions.

INGREDIENTS PINEAPPLE AND COCONUT

Almond paste (sugar, almonds, water, humidifier: sorbitol, invert sugar syrup, glucose syrup, humidifier: invertase), glucose syrup, rice crispies (rice flour, sugar, sunflower seed oil, salt), gluten-free oat flakes, pineapple paste (pineapple 55%, sugar, glucose syrup, acidifier: citric acid, natural flavourings, stabiliser: pectin) (5%), dehydrated pineapple (cane sugar, pineapple 35%, citric acid, preservative: sulfur dioxide) (4%), rice flour, maltodextrin, coconut (3%), dextrin, cocoa butter, host (potato starch, water, sunflower oil), dextrose, flavouring. *May contain traces of other nuts, peanuts, milk, egg and soy.*

INGREDIENTS PEAR AND CHOCOLATE

Almond paste (sugar, almonds 36%, water, humidifier: sorbitol, invert sugar syrup, glucose syrup, humidifier: invertase), glucose syrup, rice crispies (rice flour, sugar, sunflower oil, salt), dried pear (pear 51,6%, sugar, acidity regulator: citric acid, flavouring, preservative: sodium metabisulphite) (9%), gluten-free oat flakes, flour rice, maltodextrin, cocoa butter, dextrose, dextrin, chocolate paste (cocoa 61%, seed oil Of sunflower, emulsifying soya lecithin, flavourings) (1%), host (potato starch, water, seed oil sunflower), natural aroma. *May contain traces of other nuts, peanuts, milk and eggs.*

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store
- Useful for those who practice endurance activity
- Useful for those who train hard
- Suitable as mid-morning snack



PACKAGING: 25 BARS, 35g EACH

WHEN TO USE ENERGY BAR



Warnings: Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed

NUTRITIONAL INFORMATION (PINEAPPLE AND COCONUT)

	Per 100 g	Per bar (35 g)
Energy		
kcal	405	142
kJ	1706	597
Typical Values		
Fat	12 g	4.2 g
of which saturates	3.5 g	1.2 g
Carbohydrate	68 g	24 g
of which sugars	42 g	15 g
Fiber	3.5 g	1.2 g
Protein	4.6 g	1.6 g
Salt	0.11 g	0.04 g

NUTRITIONAL INFORMATION (PEAR AND CHOCOLATE)

	Per 100 g	Per bar (35 g)
Energy		
kcal	396	139
kJ	1669	584
Typical Values		
Fat	9.9 g	3.5 g
of which saturates	1.9 g	0.7 g
Carbohydrate	71 g	25 g
of which sugars	45 g	16 g
Fiber	2.8 g	1.0 g
Protein	4.3 g	1.5 g
Salt	0.13 g	0.05 g

ENERGY CARAMEL LINEA TECNICA®

FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



HUNGER DURING TRAINING OR COMPETITION



FLAVOUR: APPLE AND CARAMEL

- SUSTAINED AND DISTRIBUTED ENERGY
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- HIGH ENERGY CONTENT (165 KCAL)
- SOFT AND PALATABLE

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store



PACKAGING: 30 BARS, 40 g EACH

INDICATIONS

ENERGY CARAMEL bar is recommended to provide solid energy before and during training. It provides a rapid and sustained energy supply. New Energy bars are easily digestible, great-tasting, easy to chew and keep their features unaltered even in critical situations.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Glucose syrup, oat flakes, rice crisps (rice flour, wheat gluten, sugar, wheat malt, glucose, salt), invert sugar syrup, raisins 11.4%, sugar, palm fat, caramel pieces 5.2% (fructose-glucose syrup, sugar, humectant (glycerol), wheat fiber, apple puree concentrate 6%, palm fat, whey powder, butter, gelling agent (pectin), burnt sugar, skim milk powder, flavours, acidity regulator (lactic acid), rice extract), wheat flakes, maltodextrin, emulsifier (soy lecithin), whey protein crisp (whey protein, rice flour, emulsifier (soy lecithin)), isomaltulose*, salt, flavours.

* Isomaltulose is a source of glucose and fructose. Contains milk derivatives, gluten and soy.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY CARAMEL first during training sessions.

WHEN TO USE ENERGY CARAMEL



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (40 g)
Energy		
kcal	412	165
kJ	1737	695
Typical Values		
Fat	12.1 g	4.8 g
of which saturates	5.3 g	2.1 g
Carbohydrate	69.7 g	27.8 g
of which sugars	37.4 g	15.0 g
Fiber	3.5 g	1.4 g
Protein	4.7 g	1.8 g
Salt (Nax2.5)	0.51 g	0.20 g

ENERGY GOLD LINEA TECNICA®

FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



HUNGER DURING TRAINING OR COMPETITION



FLAVOUR: ALMOND AND ORANGE

- SUSTAINED AND DISTRIBUTED ENERGY
- HIGH ENERGY CONTENT (132 KCAL)
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE
- PALM OIL FREE

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store



PACKAGING: 30 BARS, 35 g EACH

INDICATIONS

ENERGY GOLD bar is recommended to provide solid energy before and during training. It provides a rapid and sustained energy supply. New Energy bars are easily digestible, great-tasting, easy to chew and keep their features unaltered even in critical situations.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Almond paste (sugar, almonds, invert sugar syrup, glucose syrup, stabilizer: sorbitol, alcohol), orange dough (orange juice, fructose, sugar, apple puree, orange puree, natural flavors) rice crispies (rice, sugar, malt, salt), candied orange (orange peel, glucose-fructose syrup, sugar, acidifier: citric acid, preservative: sulfur dioxide), wafers (potato starch, water, vegetable oil), preservative: potassium sorbate. Contains gluten, may contain soy traces.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY GOLD first during training sessions.

WHEN TO USE ENERGY GOLD



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (35 g)
Energy		
kcal	377	132
kJ	1606	562
Typical Values		
Fat	8 g	2.8 g
of which saturates	0.7 g	0.2 g
Carbohydrate	69 g	24.1 g
of which sugars	47 g	16.4 g
Fiber	6.5 g	2.3 g
Protein	5 g	1.7 g
Salt (Nax2.5)	300 mg	105 mg

ENERGY SPECIAL LINEA TECNICA®

FOOD ESPECIALLY DESIGNED FOR PEOPLE WHO PLAY SPORTS



HUNGER DURING TRAINING OR COMPETITION



FLAVOUR: PEANUTS, PISTACHE NUTS, CRANBERRIES

- HIGH ENERGY INTAKE (177 KCAL)
- EXCELLENT TASTE AND DIGESTIBILITY
- NEW SWEET-SAVOURY FLAVOUR
- PALM FAT FREE

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store



PACKAGING: 30

INDICATIONS

ENERGY SPECIAL is useful to provide energy before and during exercise. It allows for quick and sustained energy release and is easy to chew and digest.

ENERGY SPECIAL has a "special" flavour: a perfect balance between sweet and savoury.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Peanuts 37.4%, rice syrup, rice crisps (rice flour, wheat **gluten**, sugar, wheat malt, glucose, salt), **almonds** 10.5%, sweetened dried cranberries 4.5% (pineapple juice syrup, cranberries, sunflower oil), sesame seeds, pistache nuts 2.2%, chia seeds (salvia hispanica) 2.2%, blueberries 1.1%, sunflower oil, salt, flavours. Contains gluten, nuts, peanuts and sesame.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY SPECIAL first during training sessions.

WHEN TO USE ENERGY SPECIAL



Warnings: store in a cool and dry place. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (35 g)
Energy		
kcal	507	177
kJ	2115	740
Typical Values		
Fat	28.3 g	9.9 g
of which saturates	4.8 g	1.7 g
Carbohydrate	44.9 g	15.7 g
of which sugars	23.6 g	8.2 g
Fiber	6 g	2.1 g
Protein	15.1 g	5.3 g
Salt (Nax2.5)	0.73 g	0.26 g

ENERGY LONG RACES

ENERGY BAR FOR ATHLETES WITH GLUTAMINE



HUNGER DURING COMPETITION OR TRAINING



FLAVOUR: HAZELNUT AND ALMOND

- SPECIFIC FOR LONG DISTANCES
- SUSTAINED ENERGY, SPREAD OVER TIME
- HIGH ENERGY CONTENT (191 KCAL)
- GREAT TASTE AND DIGESTIBILITY
- SOFT AND PLEASANT TO THE PALATE
- WITH SLOW-RELEASE CARBOHYDRATES
- WITH GLUTAMINE
- EXCLUSIVE ETHICSPORT FORMULA
- WITH ISOMALTULOSE

INDICATIONS

ENERGY LONG RACES is a new concept of energy bar for athletes, recommended to provide long-lasting energy before and during training. The bars in the LONG RACES series have been developed to offer a significant energy supply, spread across multiple nutrients. The Hazelnut and Almonds version, with Glutamine, is ideal for longer sessions and more demanding endurance activities, ensuring a quick but lasting energy supply. LONG RACES bars are easily digestible, taste great, are easy to chew, and maintain their qualities even in critical situations.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE At least 60-90 minutes before engaging in intense activity, preferably with some water.

DURING Long races: take every 1.5 - 2 hours with some water. Medium races: take halfway through the course with some water.

INGREDIENTS

Rice crisps (rice flour, sugar, sunflower oil, salt), glucose syrup, gluten-free oat flakes, almonds (15%), sultana raisins, hazelnuts (11%), fructose syrup, almond paste (2%), isomaltulose, L-glutamine (0.9%), sunflower oil, emulsifier: soy lecithin, natural olive extract. Isomaltulose is a source of glucose and fructose. May contain traces of other nuts, peanuts, sesame.

SUGGESTION

Since every body has slightly different absorption times and energy needs, depending on metabolism and training level, it is recommended to optimize the effectiveness of the ENERGY LONG RACES food by using it during training sessions first.

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- To all athletes who desire an energy food during physical activity.
- To those looking for an energy boost before activity.



PACKAGE: 30 BARS, 45G/EACH

WHEN TO USE ENERGY LONG RACES



Warnings: Store in a cool, dry place, away from heat sources. The expiration date refers to the product when properly stored and unopened.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (45 g)
Energy		
kJ	1779	801
kcal	424	192
Typical Values		
Fat	18 g	8.1 g
of which saturates	1.5 g	0.7 g
Carbohydrate	55 g	25 g
of which sugars	32 g	14 g
Fiber	2.5 g	1.1 g
Protein	9.3 g	4.2 g
Glutamine	0.11 g	0.05 g
Glutamina	900 mg	405 mg

ENERGY LONG RACES SWEET-SALTY

ENERGY BAR FOR ATHLETES WITH GLUTAMINE



HUNGER DURING TRAINING OR COMPETITION



FLAVOUR: PEANUT AND HAZELNUT

- GLUTEN FREE
- NO ADDED FATS
- WITH 100% ITALIAN HAZELNUT
- WITH SLOW RELEASE CARBOHYDRATES
- HIGH ENERGY CONTENT (204 KCAL)
- WITH NATURAL PROTEINS
- EXCLUSIVE ETHICSPORT FORMULATION
- SPECIFIC FOR LONG DISTANCES
- SUSTAINED AND DISTRIBUTED ENERGY
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE

FEATURES

ENERGY LONG RACES SWEET-SALTY is a bar for athletes recommended to provide solid energy before and during training. ENERGY LONG RACES SWEET-SALTY has been developed to provide a significant energy intake from several nutrients.

It contains Glutamine, therefore is suitable for longer races and for the most demanding endurance activities. It provides rapid and sustained energy. ENERGY LONG RACES SWEET-SALTY bar is easily digestible, great-tasting, easy to chew, no added fats and keeps its features unaltered even in critical situations. ENERGY LONG RACES SWEET-SALTY does not contain gluten (Gluten Free), therefore it is suitable also for people suffering from celiac disease or gluten intolerance.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Hazelnuts [24%], peanuts [15%], sweetener: maltitol, honey, sugar, egg white, sweetener: isomalt, apricots [4%] (dehydrated apricots, rice flour, antioxidant: sulfur dioxide), maltodextrin, sesame, L-glutamine, soy flour, corn starch, antioxidant: rosemary extract, emulsifier: E471. May contain traces of: other nuts, milk.

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY LONG RACES SWEET-SALTY first during training sessions.

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store



PACKAGING: 30 BARS, 42 g EACH

WHEN TO USE ENERGY LONG RACES SWEET - SALTY



Warnings: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed. This product contains maltitol, an excessive consumption can have laxative effect.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (42 g)
Energy		
kcal	486	204
kJ	2027	851
Typical Values		
Fat	27,8 g	11,68 g
of which saturates	3,4 g	1,43 g
Carbohydrate	49,7 g	20,87 g
of which sugars	34,7 g	14,57 g
Fiber	5,1 g	2,14 g
Protein	15,2 g	6,38 g
Salt (Nax2.5)	0,04 g	0,02 g
Glutamine	1250 mg	525 mg

ENERGY LONG RACES WITH BETA-ALANINA

ENERGY BAR FOR ATHLETES



HUNGER DURING TRAINING OR COMPETITION



PACKAGING: 30 BARS, 40 G EACH
FLAVOUR: WALNUTS AND FIGS

- GLUTEN FREE
- NO ADDED FOREIGN FATS
- SLOW RELEASE CARBOHYDRATES
- HIGH ENERGY SUPPLY (211 KCAL)
- NATURAL PROTEINS
- LONG-LASTING ENERGY OVER TIME
- EXCELLENT FLAVOUR AND EASY TO DIGEST
- SOFT AND PLEASANT TO THE PALATE
- CONTAINS BETA-ALANINE¹ PRECURSOR OF CARNOSINE

SPECIFIC FORMULATION FOR LONG DISTANCES - ETHICSPORT EXCLUSIVE

FEATURES

ENERGY LONG RACES with Beta-Alanine is a specific energy bar for athletes, recommended for providing energy in solid form, before and during training. The ENERGY LONG RACES bar with Beta-Alanine has been developed to offer an important energy supply and spread over several nutrients, provides Beta-ALANINE¹, therefore it is suitable for longer outings and more demanding endurance activities. It offers a fast and lasting energy supply. The ENERGY LONG RACES bar with Beta-Alanine is without added fats, is easily digestible and easily chewed. It has an excellent flavour, and maintains its characteristics even in critical situations. ENERGY LONG RACES with Beta-Alanine is Gluten Free therefore also suitable for people with celiac disease or gluten intolerance. Beta-Alanine¹ is a non-essential amino acid fundamental for the synthesis of Carnosine, a dipeptide present in muscle in high concentrations. Carnosine is made up of L-Histidine and β-Alanine, which represents the limiting factor for muscle synthesis. The right amount of Carnosine in muscles helps to buffer the lactic acid produced in the muscles during high-intensity and extended exercise.¹ Beta-Alanine supplementation is useful to allow a regular synthesis of Carnosine

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE: At least 60-90 minutes before starting an intense activity, with a little water.
DURING: Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Walnuts (17%); dehydrated figs (16%) (figs, rice flour); macadamia **nuts** (14%), honey, sugar; **egg white**; **sesame**; peanut; icing sugar (sugar, corn starch); maltodextrin; beta alanine, potato starch; natural flavouring. It may contain traces of nuts, milk

RECOMMENDATION

Since each organism has slightly different assimilation times and energy needs, in relation to the metabolism and the degree of training, it is recommended to optimise the performance of the ENERGY LONG RACES bar with Beta-Alanine, using it first in training.

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- For those who perform endurance activities
- For those who perform high intensity workouts
- For those who want a precursor of Carnosine¹
- Hunger during the race or training
- Pre-race energy supply



WHEN TO USE ENERGY LONG RACES WALNUTS AND FIGS



WARNINGS: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION		
	Per 100 g	Per bar (40 g)
Typical Values		
Kcal	527	211
KJ	2205	882
Análisis promedio		
Fat	29.8 g	11.92 g
of which saturates	3.9 g	1.56 g
Carbohydrate	52.8 g	21.12 g
of which sugars	44.9 g	17.96 g
Fiber	3.7 g	1.48 g
Protein	8.9 g	3.56 g
Salt	0.085 g	0.034 g
BETA ALANINE	1900 mg	760 mg

BISCO WHEY®

HIGH PROTEIN BAR



HIGH PROTEIN BAR



RECOMMENDED FOR

- Those looking for a snack to help them stay fit
- Those looking to integrate more protein into their diet
- Sports-people expending intense muscular effort
- Those looking for a pre or post-workout supplement

CHOCOLATE

COCONUT

WHITE

CARAMEL PEANUTS



BOX 18 BARS, 40G EACH

LOW CARB
LOW SUGAR
HIGH PROTEIN
HIGH FIBRE

- HIGH PROTEIN (UP TO 37%)
- LOW SUGAR
- HIGH FIBRE
- LOW CARB
- FREE OF HYDROGENATED FATS
- EASY TO DIGEST



FEATURES

BISCO WHEY® is a line of innovative protein bars, made on a biscuit base, with a protein filling, and covered with chocolate. The protein filling, which comes in different flavours, is easily digestible thanks to top quality ingredients. The BISCO WHEY® line is also high in protein (up to 37%) and low in carbohydrates. The product is free from hydrogenated fats.

BISCO WHEY® bars are rich in fibre, ideal for keeping fit. They are also an excellent solution for a quick and easily digestible snack before tackling a training session, or to nourish muscles after training.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-2 bars a day, accompanied by water. Use as needed as a hunger breaker. Particularly recommended after intense muscular effort, or 1 hour before physical exercise.

INFORMATIONS

An adequate protein supplement strengthens lean muscle mass and protects it from catabolism, that is, the breakdown of muscle tissue due to insufficient recovery or diet. Staying fit, and balancing work, life, family and sports is a tough challenge. Only with an adequate correct diet can you have all the necessary energy to carry out physical exercise and all the right nutrients to regenerate muscle tissue.

WHEN TO USE BISCO WHEY



Store in a cool, dry place, away from heat sources. The best before date is valid only while the product is intact and stored correctly.

BISCO WHEY®

HIGH PROTEIN BAR



BISCO WHEY® CHOCOLATE

Protein biscuit bar with white chocolate filling and hazelnut coating.

INGREDIENTS: Milk protein, cocoa butter, protein biscuit (14%) (wheat protein, fiber Of wheat, butter, bulking agent: maltitol, milk protein, pea protein, egg white egg powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids, sunflower lecithin; salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), hydrolysed collagen, fruit-oligosaccharides, coconut oil, white chocolate (5.6%) (cocoa butter, whole milk in powder, emulsifier: soya lecithin, sweetener: maltitol, natural vanilla flavouring), vanilla paste hazelnuts (6.7%), cocoa mass, whole milk powder, sweeteners: erythritol and steviol glycosides, Sunflower oil high oleic, emulsifier: sunflower lecithin, vanillin, sweetener: sucralose.

BISCO WHEY® COCONUT

Bar with protein biscuit base, filled with white chocolate and coconut, covered with chocolate melting.

INGREDIENTS: Chocolate (cocoa paste, partially hydrolysed inulin, cocoa butter, sweetener: erythritol, low-fat cocoa powder, emulsifier: soya lecithin, natural vanilla flavouring, sweetener: steviol glycosides), hydrolysed collagen, milk protein, protein biscuit (14%) (wheat protein, wheat fibre, butter, loading agent: maltitol, milk protein, pea protein, egg white powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids, sunflower lecithin; salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), cocoa butter, fruit-oligosaccharides, coconut oil, white chocolate (5.5%) (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), whole milk powder, coconut (1.7%) emulsifier: sunflower lecithin, flavouring, vanillin, sweetener: sucralose.

BISCO WHEY® WHITE

Chocolate and hazelnut bar with protein biscuit base and white chocolate coating.

INGREDIENTS: Hydrolyzed collagen, cocoa butter, milk protein, protein biscuit (14%) (wheat fibre, wheat protein, sunflower oil, shea butter, milk protein, egg white powder, modified wheat starch, emulsifiers: mono- and diglycerides of fatty acids - sunflower lecithin, salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate, sweeteners: sodium cyclamate, acesulfame k, sucralose, flavourings), white chocolate (13.9%) (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), fruit-oligosaccharides, hazelnut paste (5.8%), coconut oil, sweeteners: erythritol - steviol glycosides; whole milk powder, cocoa powder (1.6%), high oleic sunflower oil, emulsifier: sunflower lecithin, vanillin.

BISCO WHEY® CARAMEL PEANUTS

Protein biscuit bar with caramel and peanut filling and chocolate cover melting.

INGREDIENTS: Chocolate (cocoa paste, partially hydrolysed inulin, cocoa butter, sweetener: erythritol, cocoa powder, emulsifier: soy lecithin, natural vanilla flavouring, sweetener: steviol glycosides), hydrolyzed collagen, protein biscuit (14%) (protein of wheat, wheat fibre, butter, loading agent: maltitol, milk proteins, milk proteins pea, egg white in powder, modified wheat starch, emulsifiers: mono- and diglycerides Of fatty acids, sunflower lecithin; Salt, thickener: guar gum, raising agents: sodium hydrogen carbonate, ammonium carbonate; sweeteners: sodium cyclamate, acesulfame K, sucralose), milk protein, cocoa butter, peanut flour (6.9%), fruit-oligosaccharides, oil coconut, white chocolate (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavouring), whole milk powder, emulsifier: lecithin sunflower, aroma, vanilla, sweetener: sucralose .

NUTRITIONAL INFORMATION (CHOCOLATE)

	Per 100 g	Per bar (40 g)
Energy		
kcal	517	207
kJ	2149	859
Typical Value		
Fat	36 g	14 g
of which saturates	21 g	8.5 g
Carbohydrate	12 g	4.7 g
of which Sugars	4.7 g	1.9 g
Fiber	14 g	5.5 g
Protein	33 g	13 g
Salt	0.15 g	0.06 g

NUTRITIONAL INFORMATION (COCONUT)

	Per 100 g	Per bar (40 g)
Energy		
kcal	500	200
kJ	2078	831
Typical Value		
Fat	34 g	14 g
of which saturates	22 g	8.7 g
Carbohydrate	10 g	4.1 g
of which Sugars	3.4 g	1.4 g
Fiber	17 g	6.7 g
Protein	33 g	13 g
Salt	0.14 g	0.06 g

NUTRITIONAL INFORMATION (WHITE)

	Per 100 g	Per bar (40 g)
Energy		
kcal	489	196
kJ	2034	814
Typical Value		
Fat	30 g	12 g
of which saturates	16 g	6.5 g
Carbohydrate	15 g	5.8 g
of which Sugars	4.1 g	1.6 g
Fiber	10 g	4.1 g
Protein	37 g	15 g
Salt	0.17 g	0.07 g

NUTRITIONAL INFORMATION (CARAMEL PEANUTS)

	Per 100 g	Per bar (40 g)
Energy		
kcal	500	200
kJ	2081	833
Typical Value		
Fat	34 g	14 g
of which saturates	20 g	7.9 g
Carbohydrate	11 g	4.2 g
of which Sugars	3.4 g	1.3 g
Fiber	17 g	6.7 g
Protein	33 g	13 g
Salt	0.24 g	0.10 g

CREAMY & CRUNCHY®

HIGH PROTEIN BAR

HIGH PROTEIN BAR



GUSTI:

WHITE CHOCOLATE AND HAZELNUT
COCOA AND HAZELNUT
DARK CHOCOLATE AND COCONUT

LOW SUGAR, HIGH PROTEIN AND HIGH FIBER BAR, TOTALLY FREE OF HYDROGENATED FATS. MADE WITH A CRUNCHY WAFER FILLED WITH PROTEIN CREAM. MADE WITH HIGH QUALITY INGREDIENTS WITH EXCELLENT DIGESTIBILITY.

- HIGH PROTEIN CONTENT
- LOW SUGAR CONTENT
- HIGH FIBER CONTENT
- GLUTEN FREE
- CREAMY & CRUNCHY
- EXCELLENT DIGESTIBILITY

INFORMATION

Good training strategy needs muscles to be well-fed following any intense activity. An adequate supply of supplementary proteins allows you to rebuild lean mass potentially damaged by intense activities and avoid the breaking down of muscle tissue. Staying fit by balancing work and family needs with the practice of sports can be incredibly difficult. The right diet will allow you to carry out physical activity while maintaining high energy levels and providing just the right nutrients for regenerating and building-up muscle tissue.

FEATURES

CREAMY & CRUNCHY - Cocoa and Hazelnut - a protein bar with a crunchy wafer filled with cocoa and hazelnut cream and covered with hazelnut chocolate. It has a high protein content, extremely pleasant taste and excellent digestibility, all thanks to its top quality ingredients. Provides 32% protein. Only 4,3% sugar and an optimal amount of fiber. The product is totally free of gluten and hydrogenated fats. The **CREAMY & CRUNCHY** line is ideal for rediscovering the taste of keeping fit.

INDICATIONS

The **CREAMY & CRUNCHY** bar is a food designed for those looking to stay fit or training intensively. The contained proteins contribute to the maintenance of muscle mass. The **CREAMY & CRUNCHY** bar is an excellent solution for a quick and easily digestible snack before training, or muscle nourishment after training.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-2 bars a day, accompanied by water. Use as needed as a hunger breaker. Ideal after intense muscular effort or at least 1 hour before physical activity.

INGREDIENTS WHITE CHOCOLATE AND HAZELNUT

Hydrolyzed collagen, milk proteins, white chocolate (13%) (cocoa butter, whole milk powder, emulsifier: soy lecithin, sweetener: maltitol, natural vanilla flavor), hazelnut paste (12%), cocoa butter, High oleic sunflower oil, fructo-oligosaccharides, coconut oil, rice flour, sweeteners: erythritol - steviol glycosides, potato starch, whole milk powder, emulsifier: sunflower lecithin, corn starch, quinoa flour, vanillin, raising agents: baking soda - ammonium bicarbonate. May contain traces of: eggs, other nuts (pistachios), peanuts

INGREDIENTS COCOA AND HAZELNUT

Cocoa and hazelnut filling cream 56% [(vegetable oils and fats (sunflower, cocoa butter), hazelnuts, protein milk, hydrolyzed collagen, fructo-oligosaccharides, whole milk powder, cocoa powder, flavourings, sweeteners: erythritol, steviol glycosides, emulsifier: sunflower lecithin], milk proteins, cocoa butter, cocoa mass, flour rice, potato starch, hydrolysed collagen, nocciolo paste (3%), whole milk powder, sweeteners: erythritol and steviol glycosides, fructo-oligosaccharides, emulsifier: sunflower lecithin, corn starch, high sunflower oil oleic, quinoa flour, vanillin, raising agents: baking soda - ammonium bicarbonate. May contain traces of: eggs, soy, other nuts (pistachios), peanuts.

INGREDIENTI DARK CHOCOLATE AND COCONUT

Chocolate [cocoa paste, cocoa butter, dextrin, sweetener: erythritol, inulin, oligofructose, cocoa Powder, emulsifier: soy lecithin, natural vanilla aroma, steviol glycosides from stevia], milk proteins, hydrolyzed collagen, high oleic sunflower oil, cocoa butter, fructo-oligosaccharides, white chocolate (butter cocoa, whole milk powder, emulsifier: soy lecithin; sweetener: maltitol; natural vanilla flavour), rice flour, potato starch, whole milk powder, rapè coconut flour (0.5%), Emulsifier: sunflower lecithin; corn starch, quinoa flour, vanilla extract, alcohol: sucralose; aroma, raising agents: baking soda sodium, ammonium bicarbonate. May contain traces of: eggs, nuts (pistachios, hazelnuts), peanuts.



RECOMMENDED FOR

- Those looking for a snack to help them stay fit
- Those looking to integrate more protein into their diet
- Sports-people expending intense muscular effort
- Those looking for a pre or post-workout supplement



PACKAGING: 24 BARS, 30 G EACH

QUANDO USARE CREAMY & CRUNCHY



WARNINGS: this product is intended to be used as part of a varied, balanced diet and a healthy lifestyle. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (30 g)
Energy		
kcal	529	159
kJ	2205	662
Typical Values		
Fat	36 g	11 g
of which saturates	15 g	4.4 g
Carbohydrate	18 g	5.4 g
of which Sugars	4.1 g	1.2 g
of which Polyols	8.7 g	2.6 g
Fiber	6.0 g	1.8 g
Protein	37 g	11 g
Salt	0.04 g	0.01 g

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (30 g)
Energy		
kcal	512	154
kJ	2128	639
Typical Values		
Fat	31 g	9.3 g
of which saturates	12 g	3.6 g
Carbohydrate	23 g	6.9 g
of which Sugars	3.4 g	1.0 g
of which Polyols	5.8 g	1.7 g
Fiber	7.1 g	2.1 g
Protein	32 g	9.6 g
Salt	0.04 g	0.012 g

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (30 g)
Energy		
kcal	495	149
kJ	2062	619
Typical Values		
Fat	33 g	9.9 g
of which saturates	12 g	3.6 g
Carbohydrate	14 g	4.2 g
of which Sugars	4.0 g	1.2 g
of which Polyols	4.6 g	1.4 g
Fiber	13 g	3.9 g
Protein	33 g	9.9 g
Salt	0.02 g	0.01 g

HIGH PROTEIN

HIGH PROTEIN BAR



HIGH PROTEIN BAR



32%
proteins

RECOMMENDED FOR

- Those looking for a snack to help them stay fit
- Those looking to integrate more protein into their diet
- Sports-people expending intense muscular effort
- Those looking for a pre or post-workout supplement



≡ **HIGH PROTEIN**
≡ **HIGH FIBER**
≡ **HIGH DIGESTIBILITY**
≡ **GLUTEN FREE**

PACKAGING: 21 BARS, 45 g EACH

- HIGH PROTEIN
- EASY TO DIGEST
- HIGH FIBER
- FREE OF HYDROGENATED FATS
- VEGETARIAN
- GLUTEN FREE

FLAVOUR

- DARK CHOCOLATE**
- PISTACHIO**
- COCONUT AND DARK CHOCOLATE**
- CARAMEL AND DARK CHOCOLATE**

INFORMATION

An effective training strategy requires that the muscles receive an adequate intake of nutrients after intense work sessions. Protein intake allows you to rebuild muscle mass that may have been damaged during training, avoiding muscle catabolism. Combine a working and family lifestyle with the sport is a complex challenge, but it is essential to understand that proper nutrition provides the energy needed to perform well physical activity and provides the essential nutrients for the regeneration of muscle tissues.

FEATURES

The new HIGH PROTEIN bars are a food with a high protein content. They have a very pleasant taste and high digestibility. These bars do not contain collagen or hydrogenated oils and are produced using only high quality raw materials. Their composition provides 32% of milk protein and the presence of isomaltulose contributes to reduce the glycemic index and the overall caloric intake. Finally, the bars are vegetarian and gluten free.

INDICATIONS

This new series of HIGH PROTEIN bars has been designed to meet the needs of those who dedicate themselves to sport with constancy and search for a pleasant and highly protein bar to stay in shape. They represent an ideal solution as a quick snack and are easily digestible. They are suitable before a workout or as a food to support the muscles after exercise.

The contained proteins contribute to the maintenance of muscle mass.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-2 bars per day, preferably after workout or at least 1-2 hours before physical activity.

WHEN TO USE HIGH PROTEIN BAR



Warnings: Store in a cool, dry place.
The expiry date refers to the product in intact package, correctly stored.

PROTEINS CONTAINED CONTRIBUTING TO GROWTH AND MAINTENANCE OF MUSCLE MASS.

HIGH PROTEIN

HIGH PROTEIN BAR



INGREDIENTS DARK CHOCOLATE

Milk proteins, dark chocolate cover (cocoa paste, sugar, cocoa butter, emulsifier: soy lecithin, natural vanilla flavor) (19%), glucose syrup, syrup of fructose, isomalt-oligosaccharide (source of glucose), humidifier: sorbitol, chocolate grain (sugar, cocoa paste, cocoa butter, emulsifier: soy lecithin, natural vanilla flavouring) (3.5%) fruit-oligosaccharides, coconut oil, sunflower oil, cocoa powder, chocolate paste (cocoa, sunflower oil, emulsifier soy lecithin, flavourings), maltodextrin, cocoa butter, emulsifier: soy lecithin, flavorings. May contain traces of peanuts, sesame and nuts.

NUTRITIONAL INFORMATION (DARK CHOCOLATE)

	Per 100 g	Per bar (45 g)
Energy		
kJ	1698	764
kcal	405	182
Typical Value		
Fat	15 g	6.8 g
of which saturates	8.3 g	3.7 g
Carbohydrate	33 g	15 g
of which Sugars	27 g	12 g
Fiber		3.2 g
Protein		14 g
Salt	0.04g	0.02 g

INGREDIENTS PISTACHIO

Milk proteins, dark chocolate cover (cocoa paste, sugar, cocoa butter, emulsifier: soy lecithin, natural vanilla flavour) (19%), glucose syrup, fructose syrup, isomalt-oligosaccharide (source of glucose), humidifier: sorbitol, pistachio grain coated (pistachio, sugar, invert sugar, dyes: chlorophyll, curcumin) (3.5%), fructooligosaccharides, coconut oil, sunflower oil, pistachio paste (sugar, almonds, cashews, pistachios, coconut oil, corn starch, emulsifier: soy lecithin, flavourings, dyes: curcumin, chlorophyll) (1.5%), pistachios (1%), maltodextrin, cocoa butter, flavourings, emulsifier: soy lecithin, dyes: curcumin, chlorophyll. May contain traces of peanuts, eggs, sesame and nuts.

NUTRITIONAL INFORMATION (PISTACHIO)

	Per 100 g	Per bar (45 g)
Energy		
kJ	1619	729
kcal	386	174
Typical Value		
Fat	14 g	6.3 g
of which saturates	7.5 g	3.4 g
Carbohydrate	31 g	14 g
of which Sugars	27 g	12 g
Fiber	6.3g	2.8 g
Protein	32 g	14 g
Salt	0.04g	0.02 g

INGREDIENTS COCONUT AND DARK CHOCOLATE

Milk proteins, dark chocolate cover (cocoa paste, sugar, cocoa butter, emulsifier: soy lecithin, natural vanilla flavor) (19%), glucose syrup, syrup fructose, Rapè coconut (6%), isomalt-oligosaccharide (glucose source), humidifier: sorbitol, oil coconut, fructo-oligosaccharides, sunflower oil, maltodextrin, cocoa butter, flavourings, emulsifier: soy lecithin. May contain traces of peanuts, sesame and nuts.

NUTRITIONAL INFORMATION (COCONUT AND DARK CHOCOLATE)

	Per 100 g	Per bar (45 g)
Energy		
kJ	1700	765
kcal	406	183
Typical Value		
Fat	16 g	7.2 g
of which saturates	10 g	4.5 g
Carbohydrate	31 g	14 g
of which Sugars	27 g	12 g
Fiber	7.1 g	3.2 g
Protein	32 g	14 g
Salt	0.04g	0.02 g

INGREDIENTS CARAMEL AND DARK CHOCOLATE

Milk proteins, dark chocolate coating (cocoa mass, sugar, cocoa butter, emulsifier: soy lecithin, natural vanilla flavor) (19%), glucose syrup, fructose-glucose syrup, peanut paste (5%), humectant: sorbitol, praline peanut pieces (peanuts, sugar) (3.5%), isomalto-oligosaccharide (source of glucose), coconut oil, sunflower oil, fructo-oligosaccharides, caramel-flavored paste (caramelized sugar, water, coloring: plain caramel; flavors) (1.5%), maltodextrin, peanut pieces (1%), cocoa butter, flavors, emulsifier: soy lecithin. May contain traces of sesame and tree nuts.

NUTRITIONAL INFORMATION (CARAMEL AND DARK CHOCOLATE)

	Per 100 g	Per barretta (45 g)
Energy		
kJ	1766	795
kcal	421	189
Typical Value		
Fat	17 g	7.6 g
of which saturates	8.3 g	3.7 g
Carbohydrate	34 g	15 g
of which Sugars	30 g	14 g
Fiber	5.0 g	2.2 g
Protein	32 g	14 g
Salt	0.04g	0.02 g

HIGH PROTEIN WAFER

HIGH PROTEIN BAR



HIGH PROTEIN BAR



- 32% MILK PROTEIN
- EXCELLENT TASTE
- OPTIMAL DIGESTIBILITY

- COLLAGEN FREE
- HYDROGENATED FAT FREE

INFORMATION

It is known that intensive work programmes require specific food strategies to support involved musculature. Protein supplementation is the most appropriate strategy for rebuilding lean mass potentially damaged by intense work, because it reduces the process of muscle catabolism. It is also known that a proper diet allows you to carry out athletic activity with energy and to provide the right nutrients to regenerate muscle tissue. Remaining in shape, reconciling work and family life with the practice of sport, is a complex issue to manage, however it is possible to make the right food choices with a well-balanced intake of micro and macro nutrients.

FEATURES

HIGH PROTEIN WAFER is a high protein food with an excellent taste and optimal digestibility. It does not contain collagen and hydrogenated fats. It contains 32% milk protein.

INDICATIONS

HIGH PROTEIN WAFER is designed for those who train hard or have an active life. The proteins contained in the product contribute to the maintenance of muscle mass. HIGH PROTEIN WAFER is also an excellent solution for a quick, digestible snack before or after training, suitable to offer a protein quota to our body quickly.

HOW TO USE AND RECOMMENDED DAILY DOSE

1-2 bar per day, with some water, preferably after muscular exertion, or at least 1-2 hours before exercise.

INGREDIENTS BELGIAN CHOCOLAT

Whey protein, milk chocolate 25,71% (sugar, cocoa butter, milk powder, cocoa mass, whey powder, butter, emulsifier: E322 (soy), flavours), wheat flour, dark chocolate 11,33% (cocoa mass, cocoa butter, sugar, cocoa powder, emulsifier: E322 (soy), flavour), non-hydrogenated palm oil; fructose, milk powder, emulsifier: E322 (soy) & E476, thickener: E412, baking agents: E503(ii) & E500(ii), sweetener: E955. Allergy Alert: It contains gluten, soya and milk. It may contain traces of hazelnuts, sesame and eggs.

INGREDIENTI VANILLA YOGURT

Whey protein, milk chocolate 25,71% (sugar, cocoa butter, milk powder, cocoa mass, whey powder, butter, emulsifier: E322 (soy), flavours), wheat flour, dark chocolate 11,33% (cocoa mass, cocoa butter, sugar, cocoa powder, emulsifier: E322 (soy), flavour), non-hydrogenated palm oil; fructose, milk powder, emulsifier: E322 (soy) & E476, thickener: E412, baking agents: E503(ii) & E500(ii), sweetener: E955. Allergy Alert: It contains gluten, soya and milk. It may contain traces of hazelnuts, sesame and eggs.

RECOMMENDED FOR:

EVERYBODY

- Excellent pre-exercise and post-exercise food
- Protein food useful to keep in good shape
- Suitable as mid-morning snack
- Useful for those who train hard

ALL SPORTS REQUIRING AN INTENSE MUSCLE EXERTION

FLAVOURS: BELGIAN CHOCOLAT VANILLA YOGURT



PACKAGING: 12 BARS, 35 G EACH

WHEN TO USE HIGH PROTEIN WAFER



Warnings: This product is intended to be used as part of a varied balanced diet and a healthy lifestyle. Store in a cool place away from heat sources and from the sun's rays. The expiration date applies to the product in its intact container when stored as directed.

NUTRITIONAL INFORMATION

	Per 100 g	Per barretta (35 g)
Energy		
kcal	511	179
kJ	2138	749
Typical Values		
Grassi	26,2 g	9,2 g
di cui Acidi grassi saturi	15,3 g	5,3 g
Carboidrati	36,5 g	12,8 g
di cui zuccheri	22,3 g	7,8 g
Proteine	32,3 g	11,3 g
Sale	0,15 g	0,05 g

NUTRITIONAL INFORMATION

	Per 100 g	Per barretta (35 g)
Energy		
kcal	514	180
kJ	2151	753
Typical Values		
Grassi	26,5 g	9,3 g
di cui Acidi grassi saturi	15,3 g	5,3 g
Carboidrati	36,2 g	12,7 g
di cui zuccheri	23,4 g	8,2 g
Proteine	32 g	11,2 g
Sale	0,15 g	0,05 g

PROTEINS CONTRIBUTE TO THE GROWTH AND MAINTENANCE OF MUSCLE MASS



COMFORT PLUS

PROFESSIONAL SOOTHING, PROTECTIVE, AND ANTI-FRICTION CREAM SPECIFICALLY FOR SPORTS ACTIVITIES

DURING SPORT



RECOMMENDED FOR

- SUITABLE FOR ALL SPORTS
- For cyclists who suffer from saddle sores.
 - For runners who experience redness from friction.
 - For athletes who suffer from redness or lesions caused by rubbing.

PACKAGE: 250ML JAR

FEATURES

Comfort PLUS is an ANTI-FRICTION cream with soothing and protective properties, ideal for preventing and treating redness caused by friction during physical activity. The Comfort PLUS cream forms a long-lasting protective film that shields against rubbing, with PREVENTIVE, SOOTHING, ANTI-REDNESS functions, thanks to active ingredients such as Zinc Oxide, α-Bisabolol, Calendula, Arnica, and Devil's Claw. It has a powerful emollient and moisturizing action, thanks to Allantoin, Panthenol, and Vitamin E. Dermatologically tested. Not tested on animals.

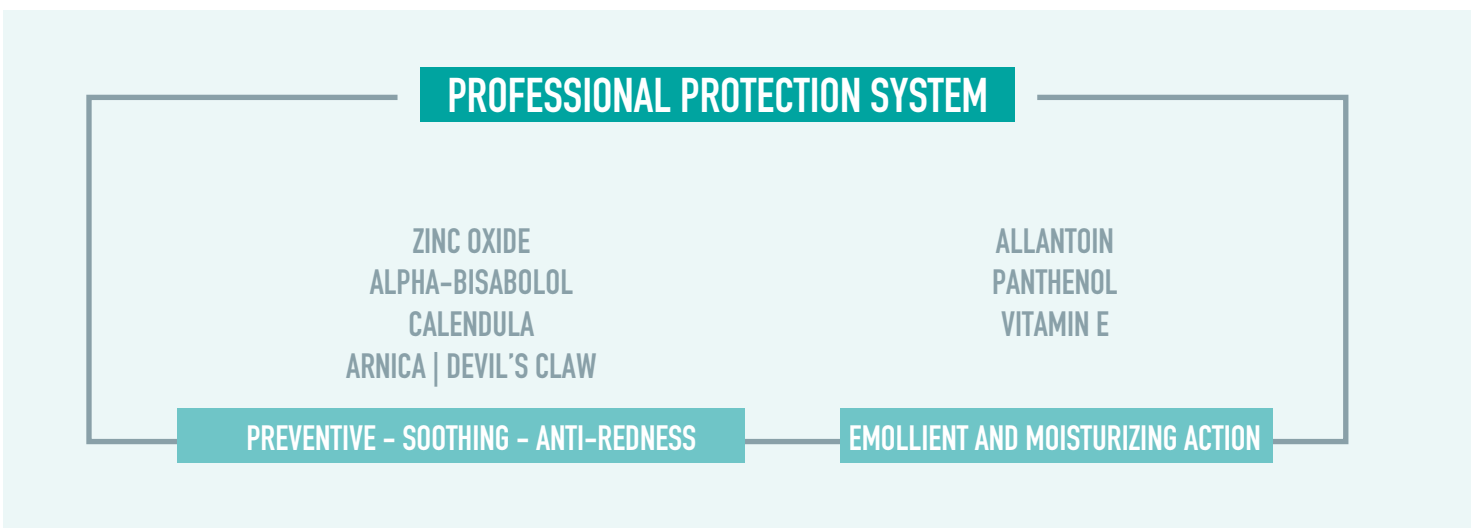
PROTECTIVE
ANTI-FRICTION
SOOTHING

HOW TO USE

Apply with a light massage directly to the skin, before and after physical activity.

INGREDIENTS

Aqua, Petrolatum, Zinc oxide, Glycerin, Bisabolol, Helianthus annuus seed oil, Cocos nucifera oil, Propylene glycol, Stearic acid, Cetearyl alcohol, Cera alba, Glyceryl stearate, PEG-40 hydrogenated castor oil, Polysorbate-20, Panthenol, Betaine, Troxerutin, Cetareth-25, acrylic acid copolymer, Inulin, Allantoin, Arginine, Niacinamide, Tocopherol, Phenoxyethanol, Imidazolidinyl urea, Parfum, Sodium hydroxide, Disodium EDTA, Methylparaben, Pentaerythrityl tetra-di-t-butyl hydroxyhydrocinnamate, Butylparaben, Ethylparaben, Propylparaben.







SUPPORT YOUR WELL BEING

Ethic Nutraceuticals is a product line that offers concrete responses to the most common problems people, with effective products, developed to defending health and well-being.

Ethic Nutraceuticals comes from extreme experience matured in sports, certified by the line of EthicSport brand products.

Time and experience have allowed us **to know deeply the needs of people** and this allows us to stay in touch with them and their needs.

EXPERIENCE IS NOT INVENTED

Continuous research and experience guarantee innovation and safety. We always seek concrete solutions close to people, based on scientific studies.

YOUR NEEDS ARE OUR GUIDE

We are oriented to build avant-garde products, based on your needs. Quality of life and optimal health are our goals.

SOLUTIONS FOR YOUR HEALTH

ETHIC Nutraceuticals provides effective responses to common issues. We use ingredients available in nature, with a look at the future, vital and optimistic.

The experience gained in sports is certified from the cutting edge of EthicSport products.



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CATALOGUE**



MAKE YOUR BEST PERFORMANCE

EthicSport



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